



CAREER CHANGE READINESS ASSESSMENT

Change is a process. It can also be challenging and even fearful for some of us. Yet, based on research and years of study, there are clear indicators of just how ready a person is to make a change. Your ability to change your career is first and foremost a matter of how you have prepared yourself mentally to take the first step. Changing careers is more than simply a good idea or trying to get away from a bad boss. It is a mix of personal commitment and process. Although this assessment is only 5 questions long, don't be deceived by its brevity - it's how you answer these questions that will be the most telling. Answer each one truthfully to get the greatest benefit by this assessment.

QUESTIONS	RESPONSE (Yes/No, Comment)
1. I am clear about the direction my career is taking.	
2. I am excited about my career's future.	
3. I am clear about the steps I'd take to define my career direction.	
4. I can identify at least 3 actions I can take to move my career toward a dream I have.	
5. I understand what will give my career meaning or purpose.	

Once you have completed this CAREER CHANGE READINESS ASSESSMENT, return it to Dorothy Tannahill-Moran at dorothy@nextchapternewlife.com to set up a complimentary assessment interpretation.

Please include:

 Name

 Email

 Phone