

Crisis Intervention Team (CIT) training - Sample Agenda

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	Welcome and Housekeeping	Review and Housekeeping			
8:30	Overview of CIT: Philosophy, Goals, Outcomes	Mental Illness Education – Selected Topic	Skills Building	Mental Illness Education – Selected Topic	Active Listening/Crisis De-escalation Skill Building
9:00	Overview of Major Mental Illnesses				
9:30					
10:00	Break	Break	Site Visits	Break	
10:30	Overview Continued	Family Member Perspective		Mental Illness Education – Selected Topic	Break
11:00					Role-Play
11:30					
12:00-1:00	Lunch				
1:00	Mental Illness Education - Selected Topic	Mental Illness Education – Selected Topic	Officer Perspective on CIT	Understanding Stigma	Role-Play
1:30					
2:00	Break		Hearing Distressing Voices Simulation	Skills Building	
2:30	Personal Perspective – Presentation from Person Living with Mental Illness	Break			
3:00		Mental Illness Education – Selected Topic		Break	
3:30					
4:00	Mental Illness Education – Selected Topic	Mental Illness Education – Selected Topic	Mental Illness Education – Selected Topic	Mental Illness Education – Selected Topic	Wrap-Up/Course Evaluation/ Graduation
4:30					
5:00					

Questions? Please contact: Stacey Mohr, CIT/CIP Program Director, email: stacey@namiwisconsin.org or Ph: (608) 268-6000. Visit www.citwisconsin.org for more information on Crisis Intervention programs

CIT Key Elements Checklist

1. Introduction/orientation to CIT and CIT partnership ☐
2. Overview of severe mental illnesses ☐
3. Impact of Trauma/Trauma-informed care ☐
4. Presentation from person living with mental illness ☐
5. Presentation from family member(s) of someone living with mental illness ☐
6. Overview of mental health services & supports ☐
7. Legal Processes and Law Enforcement Liability ☐
8. Accessing community resources, including emergency mental health/crisis services ☐
9. Active Listening ☐
10. De-escalation training ☐
11. Use of force continuum (when to use and not use non-lethal weapons) ☐
12. Self-care ☐
13. Role-play crisis situations ☐
14. Hearing Voices Simulation ☐

Other Selected Topics may include:

1. Suicide
2. Substance use/Co-occurring Disorders
3. Children & Youth
4. Elderly Populations
5. Developmental Disorders
6. Veterans Issues
7. QPR (Question, Persuade, Refer)