



# MATURATIONAL ASSESSMENT OF GESTATIONAL AGE (New Ballard Score)

NAME \_\_\_\_\_ SEX \_\_\_\_\_  
 HOSPITAL NO. \_\_\_\_\_ BIRTH WEIGHT \_\_\_\_\_  
 RACE \_\_\_\_\_ LENGTH \_\_\_\_\_  
 DATE/TIME OF BIRTH \_\_\_\_\_ HEAD CIRC. \_\_\_\_\_  
 DATE/TIME OF EXAM \_\_\_\_\_ EXAMINER \_\_\_\_\_  
 AGE WHEN EXAMINED \_\_\_\_\_  
 APGAR SCORE: 1 MINUTE \_\_\_\_\_ 5 MINUTES \_\_\_\_\_ 10 MINUTES \_\_\_\_\_

## NEUROMUSCULAR MATURITY

NEUROMUSCULAR MATURITY SIGN	SCORE							RECORD SCORE HERE
	-1	0	1	2	3	4	5	
POSTURE								
SQUARE WINDOW (Wrist)	 >90°	 90°	 60°	 45°	 30°	 0°		
ARM RECOIL		 180°	 140-180°	 110-140°	 90-110°	 <90°		
POPLITEAL ANGLE	 180°	 160°	 140°	 120°	 100°	 90°	 <90°	
SCARF SIGN								
HEEL TO EAR								
TOTAL NEUROMUSCULAR MATURITY SCORE								

## SCORE

Neuromuscular \_\_\_\_\_  
 Physical \_\_\_\_\_  
 Total \_\_\_\_\_

## MATURITY RATING

SCORE	WEEKS
-10	20
-5	22
0	24
5	26
10	28
15	30
20	32
25	34
30	36
35	38
40	40
45	42
50	44

## PHYSICAL MATURITY

PHYSICAL MATURITY SIGN	SCORE							RECORD SCORE HERE
	-1	0	1	2	3	4	5	
SKIN	sticky friable transparent	gelatinous red translucent	smooth pink visible veins	superficial peeling & / or rash, few veins	cracking pale areas rare veins	parchment deep cracking no vessels	leathery cracked wrinkled	
LANUGO	none	sparse	abundant	thinning	bald areas	mostly bald		
PLANTAR SURFACE	heel-toe 40-50 mm: -1 < 40 mm: -2	>50 mm no crease	faint red marks	anterior transverse crease only	creases ant. 2/3	creases over entire sole		
BREAST	imperceptible	barely perceptible	flat areola no bud	stippled areola 1-2 mm bud	raised areola 3-4 mm bud	full areola 5-10 mm bud		
EYE / EAR	lids fused loosely: -1 tightly: -2	lids open pinna flat stays folded	sl. curved pinna; soft; slow recoil	well-curved pinna; soft but ready recoil	formed & firm instant recoil	thick cartilage ear stiff		
GENITALS (Male)	scrotum flat, smooth	scrotum empty faint rugae	testes in upper canal rare rugae	testes descending few rugae	testes down good rugae	testes pendulous deep rugae		
GENITALS (Female)	clitoris prominent & labia flat	prominent clitoris & small labia minora	prominent clitoris & enlarging minora	majora & minora equally prominent	majora large minora small	majora cover clitoris & minora		
TOTAL PHYSICAL MATURITY SCORE								

## GESTATIONAL AGE (weeks)

By dates \_\_\_\_\_  
 By ultrasound \_\_\_\_\_  
 By exam \_\_\_\_\_

### Reference

Ballard JL, Khoury JC, Wedig K, et al: New Ballard Score, expanded to include extremely premature infants. *J Pediatr* 1991; 119:417-423. Reprinted by permission of Dr Ballard and Mosby-Year Book, Inc.

Provided as a public service from Abbott Nutrition.  
 91898/SEPTEMBER 2014 LITHO IN USA

TOTAL PHYSICAL MATURITY SCORE