

Weekly Plan for College Students

Roles This Week

Goals for Weekly Roles

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Today's Priorities			Today's Priorities			
7a.m.	7	7	7	7	7	7
8a.m.	8	8	8	8	8	8
9a.m.	9	9	9	9	9	9
10a.m.	10	10	10	10	10	10
11a.m.	11	11	11	11	11	11
12p.m.	12	12	12	12	12	12
1 p.m.	1	1	1	1	1	1
2 p.m.	2	2	2	2	2	2
3 p.m.	3	3	3	3	3	3
4 p.m.	4	4	4	4	4	4
5 p.m.	5	5	5	5	5	5
6 p.m.	6	6	6	6	6	6
7 p.m.	7	7	7	7	7	7
8 p.m.	8	8	8	8	8	8
9p.m.						
10p.m.						
11p.m.						

Adapted from *7 Habits of Highly Effective People* by Stephen Covey. Simon and Schuster, 1989.