

deep CLEANING Checklist

Bedrooms

- ☐ Open windows to let fresh air in
- ☐ Move all the furniture to the center of the room
- ☐ Wipe down walls
- ☐ Wipe baseboards
- ☐ Dust all hanging picture frames
- ☐ Dust ceiling fan
- ☐ Wash light globes and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds and window treatments
- ☐ Wash bed linens (including pad/liner)
- ☐ Vacuum mattress (and rotate) and upholstery
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ De-clutter and organize drawers and under bed
- ☐ Dust all surfaces and polish wood furniture
- ☐ Tidy display items
- ☐ Re-arrange or return furniture
- ☐ Light a scented candle and/or add fresh flowers

Closets

- ☐ Move all surface items
- ☐ Wipe down walls
- ☐ Dust shelves
- ☐ Wash light globes and shades
- ☐ De-clutter and organize
- ☐ Wipe baseboards
- ☐ Vacuum/shampoo carpet/mop floor

Entry/Halls

- ☐ Move all surface items
- ☐ Wipe down walls
- ☐ Dust all picture frames
- ☐ Dust shelves

- ☐ Wash light globes and shades
- ☐ Tidy display items
- ☐ Wipe baseboards
- ☐ Vacuum/shampoo carpet/mop floor

Bathrooms

- ☐ Open window to let fresh air in
- ☐ Move all surface items
- ☐ Wipe down walls
- ☐ Dust all hanging picture frames
- ☐ Wash light globes and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds and window treatments
- ☐ Wash trash can
- ☐ Wash all linens (shower curtain, towels, bath mats, etc.)
- ☐ Clean and disinfect tooth brush holders
- ☐ Clean and refill soap dish and/or pump
- ☐ Clean make-up brushes
- ☐ Unclog all drains
- ☐ Wipe down countertops/sinks, cabinets, and mirrors
- ☐ Scrub bathtub/shower
- ☐ Scrub toilet
- ☐ De-clutter and organize linens/toiletries
- ☐ Wipe baseboards
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Tidy display items
- ☐ Light a scented candle and/or add fresh flowers

Dining

- ☐ Open windows to let fresh air in
- ☐ Wipe down walls
- ☐ Dust all hanging picture frames
- ☐ Dust shelves

- ☐ Wash light globes and shades
- ☐ Clean table, chairs, bar
- ☐ Clean china and/or polish silver
- ☐ Tidy display items
- ☐ Wipe baseboards
- ☐ Vacuum/shampoo carpet/mop floor

Office

- ☐ Open windows to let fresh air in
- ☐ Move all the furniture to the center of the room
- ☐ Wipe down walls
- ☐ Wipe baseboards
- ☐ Dust all hanging picture frames
- ☐ Dust ceiling fan
- ☐ Wash light globes and shades and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds and window treatments
- ☐ Wash trash can
- ☐ De-clutter and organize bookshelves, desk and file cabinet
- ☐ Vacuum upholstery
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Dust all surfaces from top to bottom and polish wood furniture
- ☐ Air clean electronics and wipe down screens
- ☐ Organize files on computer and other electronics
- ☐ Tidy display items
- ☐ Re-arrange or return furniture
- ☐ Light a scented candle and/or add fresh flowers

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Living

- ☐ Open windows to let fresh air in
- ☐ Move all the furniture to the center of the room
- ☐ Wipe down walls
- ☐ Wipe baseboards
- ☐ Dust all hanging picture frames
- ☐ Dust ceiling fan
- ☐ Wash light globes and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds and window treatments
- ☐ De-clutter and organize entertainment center/shelves
- ☐ Vacuum upholstery
- ☐ Dust all surfaces from top to bottom and polish wood furniture
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Air clean electronics and wipe down screens
- ☐ Tidy display items
- ☐ Re-arrange or return furniture
- ☐ Light a scented candle and/or add fresh flowers

Play Room/School Room

- ☐ Open windows to let fresh air in
- ☐ Move all the furniture to the center of the room
- ☐ Wipe down walls
- ☐ Wipe baseboards
- ☐ Dust all hanging picture frames
- ☐ Dust ceiling fan
- ☐ Wash light globes and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds and window treatments
- ☐ Wash trash can
- ☐ De-clutter and organize

- ☐ shelves and storage
- ☐ Dust all surfaces from top to bottom and polish wood furniture
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Tidy display items
- ☐ Re-arrange or return furniture
- ☐ Light a scented candle and/or add fresh flowers

Kitchen

- ☐ Open window to let fresh air in
- ☐ Move all surface items
- ☐ Wipe down walls and cabinets
- ☐ Clean behind appliances
- ☐ Dust all hanging picture frames
- ☐ Wash light globes and shades
- ☐ Wash windows, screens, and windowsills
- ☐ Wash blinds, window treatments, and floor mats
- ☐ Wash trash can
- ☐ Unclog drain
- ☐ Clean Dishwasher
- ☐ Clean Oven
- ☐ Clean microwave
- ☐ Clean refrigerator; vacuum coils
- ☐ Clean and organize pantry
- ☐ Defrost/clean freezer
- ☐ De-clutter and organize cabinets, drawers, and countertop
- ☐ Wipe down countertops/sink
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Tidy display items
- ☐ Light a scented candle and/or add fresh flowers

Laundry Room

- ☐ Move all surface items
- ☐ Wipe down walls
- ☐ Dust all hanging picture frames

- ☐ Wash light globes and shades
- ☐ Wash trash can
- ☐ Clean washing machine
- ☐ Wash dryer vent
- ☐ Wash hampers
- ☐ Clean behind the washer and dryer
- ☐ Wipe down countertops/sinks, cabinets, and mirrors
- ☐ De-clutter and organize laundry supplies
- ☐ Wipe baseboards
- ☐ Vacuum/shampoo carpet/mop floor
- ☐ Tidy display items
- ☐ Light a scented candle and/or add fresh flowers

Garage

- ☐ Open the garage door to let the fresh air in
- ☐ Wipe down walls, door, shelves, etc.
- ☐ De-clutter and organize shelves, walls, and cabinets
- ☐ Sweep floor

Outdoors

- ☐ Wash windows
- ☐ Clean out gutters
- ☐ Clean outdoor light fixtures

Finishing Touches

- ☐ Clean light switches
- ☐ Clean doorknobs
- ☐ Vacuum air vents
- ☐ Clean fire place