

Counseling Questionnaire

Please print this questionnaire off and answer the questions to the best of your ability. If you need more space, turn the page over and complete your response there.

1. What was your dad like when you were young?

2. What was your mom like when you were young?

3. Are your parents still married? _____ If not, were they ever married? _____ How old were you when they divorced? _____ How did their separation affect you?

4. List your siblings from oldest to youngest. Include yourself and any siblings that are no longer living. Also include half siblings (children of either you mom or dad but not both.) Give the current age of each one and a short description. List your parents' stepchildren on the back of this sheet.

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

g. Did either your mom or dad have favorites? Who? Why?