

<b>Gymnastics Progression</b>	<b>Level 1 (60%-69%)</b>	<b>Level 2 (70%-79%)</b>	<b>Level 3 (80%-89%)</b>	<b>Level 4 (90%-100%)</b>
<b>Preparation</b>	Rarely is dressed for class, arrives on time and is prepared with the required materials to participate effectively in class	Sometimes is dressed for class, arrives on time and is prepared with the required materials to participate effectively in class	Consistently is dressed for class, arrives on time and is prepared with the required materials to participate effectively in class	Almost always is dressed for class, arrives on time and is prepared with the required materials to participate effectively in class
<b>Participation</b>	Demonstrates a limited level of effort and rarely follows directions and is on task	Demonstrates a satisfactory level of effort and usually follows directions and is on task	Demonstrates a thorough level of effort and frequently follows directions and is on task	Demonstrates an outstanding level of effort and almost always follows directions and is on task
<b>Body control skills, movement skills and sequence building</b>	Performs gymnastic-related skills with limited competence	Performs gymnastic-related skills with moderate competence	Performs gymnastic-related skills with considerable competence	Performs gymnastic-related skills with a high degree of competence
<b>Understanding of the enduring understanding</b>	Demonstrates limited understanding of the enduring understanding and its connection to physical and health literacy	Demonstrates some understanding of the enduring understanding and its connection to physical and health literacy	Demonstrates considerable understanding of the enduring understanding and its connection to physical and health literacy	Demonstrates thorough understanding of the enduring understanding and its connection to physical and health literacy
<b>Teamwork</b>	Rarely demonstrates attitudes that improve and enhance communication, collaboration and relationships with others	Sometimes demonstrates attitudes that improve and enhance communication, collaboration and relationships with others	Consistently demonstrates attitudes that improve and enhance communication, collaboration and relationships with others	Almost always demonstrates attitudes that improve and enhance communication, collaboration and relationships with others