

**Everyday** Keep your child healthy.  
Give **everyday medicine** when healthy or sick.



Your child is feeling good:

- No trouble breathing
- No cough or wheeze
- Sleeps well
- Can play as usual



Morning

**Flovent**

2 puffs with spacer



Night

**Singular**

1 chewable tablet



and

**Flovent**

2 puffs with spacer



Your child has any of these:

- Some trouble breathing
- Cough in the day or night
- Mild wheeze
- Feels tightness in chest

**Sick** Give sick medicine and add everyday medicine.  
If not feeling better in 1 day, call your doctor.

**Albuterol**

2 puffs with spacer



If needed,  
give every 4 hours

and

**Everyday**



Your child has any of these:

- Breathing is hard and fast
- Can't stop coughing
- Ribs show when breathing
- Neck pulls in
- Can't talk or walk well

**Very sick** The asthma is getting worse.  
Give sick medicine. Get help now!

**Albuterol**

2 puffs with spacer



and

Call a doctor or 911  
Go to the hospital

