

The structure of reflective writing

You may be asked to create a formal written piece similar to an academic essay in form. This style of response requires an introduction, body, and conclusion. In crafting your response, consider the following (from Ryan, 2011):

INTRODUCTION

- Identifies an issue and why it is important
- May use theory to explain relevance
- Outlines key themes that the paper will address

BODY PARAGRAPHS

- Each paragraph
 - Introduces a theme or topic
 - Provides evidence from practice or current literature/theory
 - Introduces multiple perspectives

CONCLUSION

- Restates the issue
- Reiterates key points
- Emphasizes the implications of the points
- May suggest possibilities for the future or suggest changes

