

*What if I told you
6 months is all you need
to birth your dream?*

Like a precious treasure locked away for special occasions, too many women are holding back their deepest heartfelt dreams and goals waiting permission, for the right time, and the perfect circumstances.

If you talk to any woman - I mean really talk to her heart and soul - it won't take long to uncover a secret desire that she has set aside, saving it for someday. Is this you?

No more excuses. Your soul is calling you to stretch, to express and embrace all you've come here to be and do. Life is a wonderful lover who wants all of you.

Here's what I believe:

In every woman lives abundant unbirthed creative potential. We have come into this world to express ourselves, to create and to birth our dreams and desires. Each time we do we move closer to our authentic nature enhancing the lives of everyone around us. Living courageously and bringing forth our heartfelt dreams isn't reserved for a select few. Living a fully actualized life is a necessity for every woman and a requirement of her infinite soul.

"But wait, I'm happy. My life is good, isn't that enough?"

Let me clarify something. I'm not talking about hopping on the more-bigger-better bandwagon. This isn't about to do lists, shoulds or collecting more stuff. This is all about digging deep into your heart and soul to acknowledge the voice within yearning to be heard. Your Spirit is calling. Are you willing to answer?

As women we're used to pushing aside our dreams. We hide our creative risky impulses and subjugate our soul wisdom in exchange for safety, comfort and approval. When a woman commits to living a journey of Conscious Embodiment she's making freedom, empowerment and fulfillment the priority in her life!

If you continue living in hesitation someone else will implement your big ideas, write your book, run your marathon, or live your dream adventure. But you are free to choose. It is safe to rock the boat!



Orientation

Shortening the timeline to your dreams requires thoughtful preparation. Our specially designed orientation period eases you into the process and sets you up for success. Because BTBB is such an intimate experience it is important I know you well. You're not one of many. Upon acceptance into the program you will receive an Orientation Packet that invites you to share more about yourself, your life, your views and motivations. I'll be reviewing each packet personally because you and your dreams are unique.

Your Soul Goal Blueprint

Also delivered during orientation is instruction on bringing forth your Soul Goal Blueprint (SGB). If you're setting an intention to birth something powerful having a blueprint can mean the difference between a journey of easeful creation and a highway fraught with frustration and disappointment. I know better than anyone how quickly overwhelm kills dreams. So, I will show you how to create a Soul Goal Blueprint that you will use to birth the barely believable in your life. Once you complete the first draft of your SGB you and I will meet for a private coaching session to finalize your vision and commitments. You'll complete the call with a clear structure that will keep you out of your head and in action.

SGB Updates

During the 6 months of your participation in BTBB you'll receive meaningful direct feedback and coaching specific to your path from me in addition to our group interaction. You'll send me monthly updates and I'll give you written feedback and coaching to accelerate your process. You'll stay anchored in your commitments, your growth, and your vision. No woman will be left behind!

Group Coaching Calls

Twice a month you will receive direct coaching on live group calls that will be recorded for your convenience and ongoing reference. These calls are optional yet highly encouraged as there is no substitute for live feedback. Small groups like this become the agent for both personal and collective transformation. Thus, holding space for and witnessing the journey of other courageous women can be as life altering as walking the path yourself. The inner-work each woman embraces for herself will uplift the whole.

Where does the adventure of Birthing The Barely Believable begin?

To birth the Barely Believable you must illuminate unsupportive patterns in consciousness, shine a light on inner obstacles and outer drama, keeping you where you are - in your comfort zone. Let's be honest. We all have a voice whispering to us of impossibility, feeding us fear and doubt. For many women this is all it takes for their dreams to go dormant. But those who say yes to birthing the barely believable are saying yes to their quintessential nature.

BTBB is about dissolving your inner barriers to success, fulfillment, adventure and authentic joy. It is about taking a leap of faith in the direction of your heart's desire with the willingness to fall more deeply in love with yourself. When you do, you'll be blessed with transformation that allows you to walk through the world with a personal power no one can ever take from you.

Typical pregnancy lasts around 280 days, but we're speeding up gestation and eliminating stretch marks.

*Would the woman you
are today claim her
heartfelt dream?*

