

Chart 1 – Factors facilitating and hampering diabetes management, from children's perspective - Ribeirão Preto - 2009

Factors interfering in Type 1 DM management, from children's perspective		
Categories	Facilitate	Hamper
Living with diabetes	Value the child's experience; get to know, face and accept the illness; positive beliefs and feelings.	Not knowing about the illness; facing it as a "daily struggle"; prejudices; isolation.
Self-care and glucose profile	Glucose levels within normal range; help for self-application and decision to choose foods.	Privation of foods; interruption of activities to deal with the illness' demands; fear and deficiency in self-application technique; insufficient resources.
Family, friends and health professional	Support from family, friends and professionals; family involvement; bonding and valuation of the child; multiprofessional team.	Lack of support from parents; family conflicts and stressing environment; difficulties to relate with friends.
Role of school	Support from friends; adequate place to store materials; information to friends and teachers; school visits by health professionals; educative activities.	Inadequate place for self-care; interruption of school activities; inadequate canteens; lack of knowledge; indifference of school team; inflexibility of school rules; fear of being judged by friends; bullying