

CCROPP Fresno County Get Fit Fresno County Policy Council		4-26-07 DRAFT Workplan from Community Action Plan Including comments from Samuels and Associates added sectors revised with SA	1/07 - 3-09
Overall GOAL: Improve Community Health and reduce chronic disease through changing the culture to support healthy eating and active living through activity in each sector of the community. The Council will organize task groups from each sector for a call to action to improve health outcomes in Fresno County.			
INTERVENTION	TARGET POPULATION	EXPECTED CHANGE	EVIDENCE OF CHANGE
Sector	What are you trying to do?	Who are you trying to affect?	What do you think will happen as a result of your intervention? How do you know the change has happened?
Schools After School ChildCare	1. GOAL: Increase Access and Opportunity for Physical Activity and Healthy Foods in K-12 throughout the school day and before and after school In Fresno Unified School District and Fresno County Office of Education School Districts.		
Council Consortium Task Group	Activities		
	1. Create a PE Consortium to advocate for increased physical activity and education in schools and in Afterschool programs.	Board, Administration, Teachers Principals, PE Specialists Schools, City Parks and Recreation Department; Community Based Afterschool and tutoring programs	A PE/PA Consortium is formed and advocates for expanded Physical Activity and Physical Education. Convening of a PE Consortium Panel who will identify recommendations for expanding time and quality of PE in Schools
District	2A. The Consortium will advocate for the hiring of a qualified full time Physical Education Director at Fresno Unified School District who understands environmental change (position currently unfilled)	Board, Administration, Teachers Principals, PE Specialists, Schools, Parents, Students, Community Based Organizations, Public Health Department.	The PE/PA Consortium will advocate for filling the PE Director Position with the FUSD School Board. FUSD will employ a professional PE Director.
District	2B. The Consortium will support adoption of a 4 year minimum PE standards in FUSD Wellness Policy and comply with Statewide Fitness and PE standards,	School District	District Wellness Policy PE standards will be amended to require 4 years of PE in High School. District will adopt regulations and policies that assure minimum hours for PE are expanded. . The School Board will return a 4 year High School PE requirement and standards for Pre-school and kindergarten to the District Wellness Policy..
District	2C. The PE/PA Consortium will assess fitness test scores in FUSD and Fresno County and track test result improvement over time in Fresno County	Schools District	The PE/PA Consortium will assess and monitor implementation of fitness tests and progress toward improved results. Parents and students will report increased PE time. A report will be issued on fitness tests in FUSD and FCOE. Reassess onetime fitness test scores in FUSD and Fresno County will improve.
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