



College of
Massage
Therapists of
Ontario

College of Massage Therapists of Ontario

1867 Yonge Street, Suite 810, Toronto, ON M4S 1Y5

www.cmto.com | cmto@cmto.com

Phone 416.489.2626 | Toll-free (Ontario) 800.465.1933

MASSAGE THERAPY COMPETENCY STANDARDS

PART 1 – About the Massage Therapy Standards Development

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PART 1: About the Massage Therapy Standards Development

Part 1: Introduction & Orientation to the Competency Standards

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Revised 2005

Foreword from the College of Massage Therapists of Ontario

“The practice of massage therapy is the assessment of the soft tissue and joints of the body and the treatment and prevention of physical dysfunction and pain of the soft tissues and joints by manipulation to develop, maintain, rehabilitate or augment physical function, or relieve pain.” Massage manipulates the soft tissues of the body including muscles, connective tissue, tendons, ligaments and joints to have a therapeutic effect and improve health by acting directly on the muscular, nervous and circulatory systems.

Modern massage techniques can be traced back to the 1700’s when Per Henrik Ling developed Swedish massage, the first systematic method of therapeutic massage based on physiology. Today’s massage therapists use their knowledge of the body’s muscular-skeletal system to combine traditional Swedish techniques and modern massage therapy techniques with remedial exercises and hydrotherapy to build a therapeutic, integral healing relationship with their clients to assist them in restoring, maintaining and enhancing their well-being.

Regulated since 1919 massage therapists have been providing safe, ethical care to the Ontario public for 83 years. To become a massage therapist today, a candidate must complete training in the areas of massage theory, anatomy, physiology, pathology, kinesiology, hydrotherapy and remedial exercise related to massage therapy treatment.

Training also includes supervised clinical experience. After graduating, candidates must pass certification examinations before they can register with the College of Massage Therapists of Ontario (the College) and use the title Massage Therapist.

Massage Therapist (MT), Registered Massage Therapist (RMT) and its equivalents in other languages are protected titles and can only be used by individuals who have fulfilled the educational and registration requirements and have passed the College’s certification exams. Currently there are over 7500 massage therapists registered in Ontario.

The College of Massage Therapists of Ontario

The College of Massage Therapists of Ontario (the College), is a provincial regulatory organization that exists to protect the public interest through regulation of the profession. The College ensures the public's safety by ensuring the competency and quality of care provided by massage therapists through provincial Standards and Regulations. The College is directed by a Council of elected professional members and members of the public appointed by the Ministry of Health and Long Term Care. The College and its Council administer the *Regulated Health Professions Act, 1991* and the *Massage Therapy Act, 1991* as they pertain to the practice of the profession.

The College's Mission Statement is as follows:

"The College of Massage Therapists of Ontario is dedicated to excellence in protecting the public, serving its members, and promoting the highest possible quality of the practice of massage therapy in a safe and ethical manner."

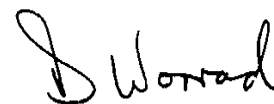
As one of this province's 21 health regulatory bodies, the College fulfills its mandate by setting minimum entrance to practice requirements, administering the registration examinations and requiring continuing professional development among its members through the Quality Assurance (QA) Programme which includes self evaluation, a professional portfolio, continuing education and peer assessments. As part of this responsibility to the public, the College also promotes research and development of expertise in the massage therapy profession.

Each of these activities directly assists massage therapists to provide care to the public in an ethical and professional manner.

This document amalgamates and updates all the College's educational documents that have been developed over the years and presents a broad-based set of competency standards for massage therapy practice in Ontario for 2002 and beyond in this single publication. It is the College's hope that this document will provide a clear understanding of the knowledge, skills and abilities necessary for competent practice of massage therapy in Ontario. The intent in creating such a document is to provide

a tool to assist the massage therapy schools in developing curriculum that continues to meet the changing demands of modern practice and for individuals to create personal development plans that allow them to meet and exceed evolving professional standards.

If you have questions about these competency standards or any other matter, we encourage calls from either the public or practitioners. The College of Massage Therapists of Ontario can be reached at (416) 489-2626 or our Ontario toll free number 1-800-465-1933.

A handwritten signature in black ink, appearing to read 'D Worrada'.

Deborah Worrada, BA, CAE
Registrar & Executive Director

August 2002
Revised April 2005

Ethical Standards for Massage Therapists

What is a Code of Ethics?

A Code of Ethics is a statement that expresses the primary ethical values, obligations and goals of the profession. It is a commitment that serves to bear witness to our promise as a profession to uphold the values and ethical obligations expressed in the Code.

Why do we need a Code of Ethics?

A Code of Ethics gives definition to our commitment to practice in ethical terms. As regulated health professionals, we have made a promise to society to accept the responsibility and maintain the trust with which we have been invested.

What does a Code of Ethics do?

It lays out clearly the values of the massage therapy profession and explains what they are in terms of what we ought to do in order to protect and promote the public good, and what we must avoid doing in order to prevent harm to the public.

To whom does this Code apply?

Massage Therapists who act as practitioners, educators, researchers, administrators or policy makers are all expected to maintain a commitment to massage therapy values and to follow the principles outlined in this Code.

Code of Ethics

Principle I – Respect For Persons

Meaning:

To value the dignity and worth of all persons regardless of age, race, culture, creed, sexual identity, gender, ableness and/or health status.

Application:

Client autonomy is demonstrated by:

- a) Ensuring that clients are as fully involved as possible in the planning and implementation of their own health care
- b) Providing complete and accurate information in a sensitive and timely fashion to enable clients, or when necessary a client's substitute decision maker, to make informed choices
- c) Listening to and respecting a client's values, opinions, needs and cultural beliefs
- d) Encouraging and being responsive to a client's choice to accept, augment, modify, refuse or terminate treatment
- e) Being informed about moral and legal rights of a client
- f) Advocating for and supporting a client in exercising his/her moral and legal Rights
- g) Safeguarding the client's right to privacy and confidentiality by holding all personal and health information in confidence unless otherwise required by law.

Principle II – Responsible caring

Meaning:

Providing sensitive, compassionate and empathetic quality massage therapy.

Application:

Responsible care of a client is demonstrated by:

- a) Listening to and respecting the client's values, opinions, needs, and cultural beliefs
- b) Promoting the client's best interest and well-being through the highest possible standard of professional practice
- c) Seeking assistance when conflicts arise between the value systems practitioner and the client
- d) Recognizing and referring the client to other health care providers when it is in the client's best interest to do so
- e) Being alert to and reporting, as required, any unethical practice by any member of the regulated health professions
- f) Approaching and co-operating with substitute decision makers in assessing the client's wishes and best interests in the event of incapacity
- g) Protecting the client's physical and emotional privacy
- h) Collecting only that information which is relevant to the provision of health care.

Principle III – Integrity In Relationships

Meaning:

To practice with integrity, honesty and diligence in our professional relationships with ourselves, our clients, our professional colleagues and society.

Application:

Commitments to Clients are demonstrated by:

- a) Ensuring that we always act in our client's best interest as defined by the client's wishes and consistent with the standards of practice of the profession
- b) Informing the client about health care services available to support them
- c) Referring to other health care providers as necessary and appropriate
- d) Obtaining assistance when value conflicts arise which threaten to impede client autonomy
- e) Providing client-centered health care which includes the following:
 - i) Explaining to the client and advocating for his/her right to receive information about, and take control of his/her health care
 - ii) Providing information about the proposed treatment, alternative courses of action, the material effects, risks and side effects in each case and the consequences of not having the treatment
 - iii) Assisting the client to comprehend information
 - iv) Responding to questions about our client's health care/treatment

Commitments to Self are demonstrated by:

- a) Being proactively committed to our own health and personal and professional development
- b) Being competent, conscientious and empathetic practitioners
- c) Being aware of our personal values and being able to identify when value conflicts interfere with client care
- d) Keeping our professional commitment by integrating massage values and principles in our daily practices

Commitments to our Professional Colleagues are demonstrated by:

- a) Respecting our colleagues and working co-operatively with them
- b) Intervening in situations where the safety and well being of a client is in jeopardy
- c) Reporting to appropriate authorities any regulated health care practitioner who abuses a client physically, verbally, sexually, or financially
- d) Referring to other health care providers when necessary and appropriate
- e) Co-operating with regulatory functions of the profession
- f) Contributing to continuous quality improvement initiatives
- g) Upholding standards and guidelines of the profession
- h) Advocating with other health care providers to promote and support social changes that enhance individual and community health and well-being
- i) Representing ourselves honestly, and performing only those services for which we are qualified

Principle IV – Responsibility to Society

Meaning:

To be accountable to society and conduct ourselves in a manner that fosters and promotes high ethical standards.

Application:

Ethical practice is demonstrated by:

- a) Pursuing continued career-long, professional learning
- b) Advocating for and supporting a client's ethical and moral rights
- c) Participating in the promotion of the profession of massage therapy through advocacy, research and maintenance of the highest possible standards of practice
- d) Being committed to promoting the welfare and well-being of all persons in society
- e) Making every reasonable effort to ascertain that our clinical environment will permit provision of care consistent with the values in the Code of Ethics
- f) Committing to continuous improvement and implementation of standards of massage practice
- g) Collaborating with members of the other health professions to meet the health needs of the public
- h) Continuing to develop ways to clarify massage therapists' accountability to society



Foreword from the Competency Review Project Consultant

It has been a distinct pleasure to work with all massage therapy stakeholders in the research and design of these competency standards.

In order to chart where massage therapy should go, it is necessary to understand where it has come from and, most importantly, where it is now. This document's intent is to clearly articulate and explain what seasoned massage therapists have learned is necessary to continue responding to the growing demands of both patients and public.

We have focused on producing a document that reflects both knowledge, skills and attitudes necessary for today as well as those that will help Massage Therapists respond to challenges for the foreseeable future. The *Massage Therapy Competency Standard* is designed to serve the needs of government, professional trade associations, seasoned and novice practitioners, non-standards applicants for admission, students, and the general public.

This document should not be allowed to become a static snapshot but rather a dynamic living entity that should grow and develop as the profession itself does. To ensure that it does, we encourage and welcome any comments, ideas or suggestions that you may have to update and improve the *Massage Therapy Competency Standards*.

We can be reached through the CMTO office site at any time or via email at info@thruthemill.ca.

Sincerely,

A handwritten signature in black ink, appearing to read 'Wayne D. Milroy', with a long horizontal stroke extending to the right.

WAYNE D. MILROY, BA, MAEd, CMC, CHRP, CTDP
Thru-the-Mill Associates

Fall 2001

Introduction to the Massage Therapy Competency Standards

Executive Summary

The *Massage Therapy Competency Standards* has two parts.

Part 1: About the Massage Therapy Competency Standards Development

Part One illustrates and explains the structure utilized in preparing the *Massage Therapy Competency Standards* and provides you with a step-by-step guide for its use. By reading Part One, either in its entirety or by referring to the Table of Contents to locate a specific section, you can interpret and use the Competency Standards to answer questions about issues that concern you.

The first section of this document provides:

- Background and intent of the competency standards
- Theoretical foundations upon which the standards are built
- Orientation to the design of the document so readers will be able to fully utilize its features
- Definitions of terminology
- Acknowledgement of those who contributed to these standards and
- Bibliography of sources cited throughout the document or which may prove useful to the reader.

Part 2: Competency Standards: Categories, Profiles & Structures

After the user is familiar with the background and layout of the document, you will find Part Two to be a valuable reference tool.

Introduction to the Massage Therapy Competency Standards

Part Two provides the reader with detailed particulars of the core competencies that comprise modern massage therapy practice. These competencies are grouped into three broad categories:

- Health Science
- Professional Development
- Clinical Science

Within each category core competencies, enabling competencies and action statements are carefully outlined to provide a clear understanding of the knowledge, skills and abilities required for modern massage therapy practice. In addition, Part Two outlines a professional development process by which new learners and veteran practitioners can achieve, maintain and further develop skills. Through the use of standardized formats and language, Part Two assists various stakeholder groups in better understanding the requirements for registration as a Massage Therapist in Ontario.

Background and Intent of the Document

Massage therapy practice in Ontario has been regulated since 1919 and during those years has changed tremendously. As great as those changes have been, they do not compare in magnitude with the challenges of today. Today, a public that is seeking more complete health care programmes is increasingly accepting massage therapy as a viable health care strategy. At the same time, society is demanding greater accountability and professionalism from all its health care providers. This makes massage therapy a more dynamic field than ever before and it becomes paramount for massage therapy professionals to clearly define, outline and communicate to the public the knowledge, skills and abilities that registered Massage Therapists offer in Ontario.

The College of Massage Therapists of Ontario, under its mandate to regulate the massage therapy profession and protect the public, produces these standards to provide a clear occupational profile that can be easily understood by both professionals and the public. The development of these competencies

is consistent with widespread trends in health care and other regulated professions and helps the College to ensure quality control in massage therapy for the people of Ontario.

These competency standards combine the efforts of many professionals and amalgamate both current thinking and previously published educational documents into a single comprehensive reference source. To create widely accepted definitions requires the input of a great many people and this document is the result of a process that involved extensive interviews with government officials, schools, practitioners and the public; a representative survey of practitioners throughout the province; a series of focus groups throughout the province and; on-going consultation with industry leaders and key stakeholders. In all, the process involved over 300 people.

The Competency Standards Document is an important tool for documenting and communicating the knowledge and skills of competent professionals to the public and regulatory agencies. It provides a reference tool for multiple stakeholders and presents a starting point for meaningful discussion about the future direction of massage therapy in Ontario. The document adopts a standard categorization that makes comparison with other jurisdictions that regulate massage therapy easy and assists discussions concerning national standards for massage therapy in Canada.

The Design and Structure of the Document

To ensure a sound theoretical grounding for this work these standards utilize the work of Carrie N. Lenburg (1992, 1994, 1995, 1998, 1999) who developed the Competency Outcomes and Performance Assessment Model (COPA) based upon extensive work with the New York Regents College Nursing Program and other educational, service and organizational entities and research related to them. The basic organizing framework of the COPA Model is simple but comprehensive. It requires a collaborative analysis of four essential questions. They are:

1. What are the essential competencies and outcomes for contemporary practice?
2. What are the indicators that define those competencies?
3. What are the most effective ways to learn those competencies, and
4. What are the most effective ways to document that learners and/or practitioners have achieved the required competencies?

It is important to realize that this document is a competency framework and is not a development of learning curriculum. The education of massage therapy students in Ontario is not a function of the College of Massage Therapists but is placed by the Ministry of Training, Colleges and Universities into the hands of a number of private schools and community colleges located throughout the province. Therefore, in formulating the document, the College has modified Lenburg's model for its own particular purposes by addressing only the first two questions and leaving the latter two to be answered by educators that are better able to design specific curriculum and learning strategies to assist students in developing the competencies determined by the earlier questions.

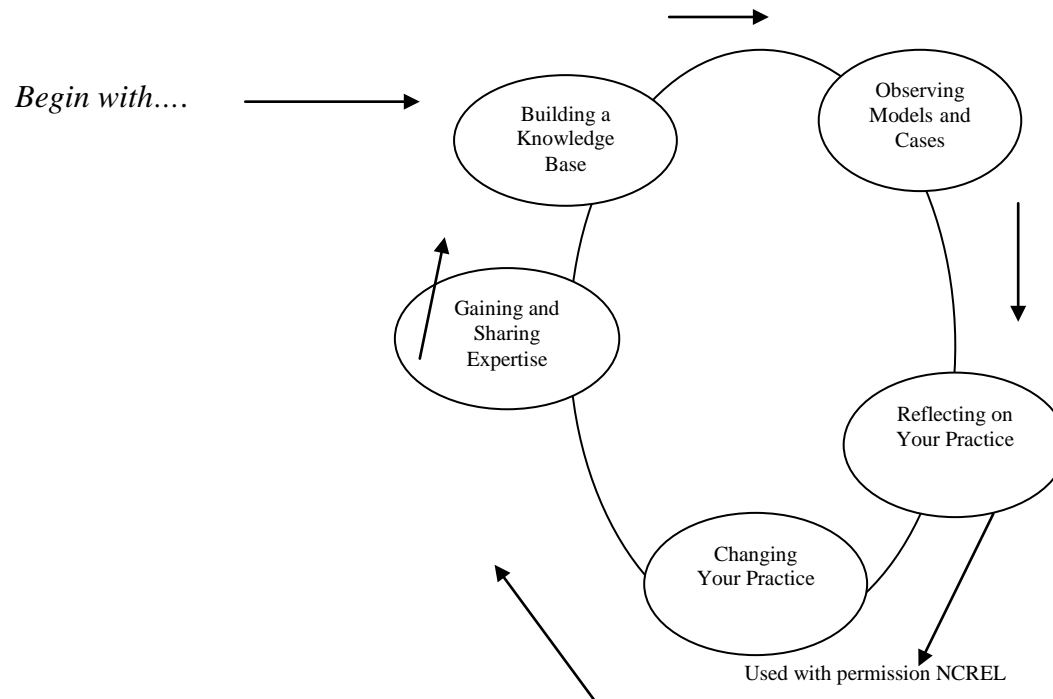
In order to establish an appropriate competency-based system, the College undertook a comprehensive analysis of relevant current environment and needs in order to identify the knowledge, skills, and abilities currently employed by the profession. Then, using a consultation process, verified them with expert practitioners. The result of that process identified the required competencies for massage therapists as well as the observable and measurable criteria by which the proficiency is measured for registration.

It is also necessary to utilize a model that aids in the organization of the considerable detail that comprises these competencies. Such a model must make explicit a process by which one can attain and maintain the requisite knowledge, skills and attitudes for registration in Ontario. Keeping in mind the multiple constituent-groups that need to access the document, a research-based professional development framework developed by the North Central Regional Educational Laboratory (NCREL) 1995 is utilized and adapted for this project. This model helps express the competencies in an order and manner that exemplifies a critical thinking approach and emphasizes individual reflection and group inquiry into competency development. In practice the five phases overlap, repeat, and often occur simultaneously.

- **Building a Knowledge Base.** In this phase new knowledge and information is acquired and a conceptual understanding of those principles and concepts is created.
- **Observing Model and Examples.** This phase further develops a practical understanding of general knowledge through the analysis of examples and demonstrations. By participating in structured learning activities, peer observation, and using instructional artifacts one builds upon theoretical knowledge and begins to appreciate how it may be put to practical use.

-
- **Reflecting on your practice.** This phase allows individuals to analyze their current actions, skills and practices. By utilizing journal articles, case studies and other introspective activities one can reflect upon new knowledge and techniques and engage in collegial discussion based upon new knowledge.
 - **Changing Your Practice.** This phase allows individuals to translate new knowledge into individual and collaborative plans and actions for massage therapy practice.
 - **Gaining and Sharing Expertise.** This phase is to continue to refine practice, learning with and from colleagues while also sharing practical wisdom with your peers. Practitioners may undertake team planning, mentoring, partnering with a colleague and networking.

Professional Development Framework



This model of organization outlines a developmental process that can be applied to professionals at all stages of their career. It outlines a process of antecedent knowledge acquisition, reflection upon individual actions and skills and the integration of new skills into individual repertoires. This model applies equally to new students of massage therapy as well as graduate practitioners who seek to keep abreast of changes within the field. The core competencies have been expressed in terms of practice, development, and integration because the authors believe that these words convey the intent of this professional development process model clearly and concisely. Practice is the gathering and utilizing of knowledge; development is reflection upon that new knowledge, past actions and current skills, and integration being the incorporation of both knowledge and skills into new clinical approaches and client treatments.

Great care is exercised in how the competencies and performance statements are expressed. In order to ensure they are easily understood and widely applicable, the competencies carefully follow the Taxonomy of Learning Objectives as developed by Benjamin Bloom (1964) because of its overwhelming acceptance among both educators and programme administrators. The competency standards follow Bloom's framework by outlining cognitive, psychomotor and affective learning domains as well as carefully following the language usages outlined by Bloom. However, because persons unfamiliar with technical educational terminology will use the document, the three domains have been labeled knowledge; skills; and attitudes respectively for clarity. The actual words selected to express the competency are directly taken from the taxonomy and are meant to convey both the meaning and level of achievement intended by Bloom and should be familiar to many readers. In addition, this document utilizes the work of E. Simpson (1972) who supplements Bloom's work in the psychomotor domain and this enhanced taxonomy is used because of the great many skill-based activities required of a massage therapy practitioner. Competencies are expressed through the use of nouns which reflects the belief that Webster's Universal Dictionary is right when it defines competency as "the quality to; of being capable; sufficiency; capacity" and therefore something inherent within the person. On the other hand, action statements are expressed through the use of verbs because they express "a process, state or condition; or mode of being".

At times the competency language is repetitive because the primary intent was the clear expression of the characteristics and not to produce lyrical prose. Therefore, the primary reasons for utilizing a particular word was the ability to adequately and accurately express the meaning and intent to a wide audience and this was often at the cost of being repetitive.

In addition, a proficiency level column has been created to further aid educators in understanding the interpretation the College has applied to a particular statement for examination purposes. While the language is intended to convey that meaning, the proficiency level will be easily understood by all familiar with curriculum development and will further aid clarification. Once again, this proficiency level directly follows Bloom's taxonomy and utilizes the meanings and usages implied by that work.

Guide to the Learning Taxonomy - Simple Overview

Cognitive Learning that works with thought processes	Affective Learning that emphasizes a feeling, tone, an emotion, or a degree of acceptance or rejection.	Psychomotor Learning that emphasizes some muscular or motor skill.
C1 Knowledge Recognition or recall of information, lowest level of learning outcomes Examples Cite, Name, List, Describe, Recall	V1 Receiving Students willingness to attend to stimuli, simple awareness to selective attention Examples Ask, Choose, Show Interest	P1 Perception Uses sense organs to obtain cues that guide motor activity, relates cue perception to performance action Examples Recognize, Identify, Notice
C2 Comprehension Grasps meaning from material, translates into new context, routine application of learned material Examples Classify, Discuss, Explain, Summarize	V2 Responding Active participation on part of individual, reacts to stimuli in some way, an 'interest' Examples Accept Responsibility, Practice, Be Willing to, Comply	P2 Set Mental readiness to act or experience, emotionally, physically or mentally Examples Organize, Arrange, Adjust, Respond
C3 Application Uses information, methods or concepts in new situation Applies rules, concepts, theories Examples Apply, Classify, Determine, Explore, Investigate	V3 Valuing Worth a person attaches to a particular object, simple acceptance to more complex level of commitment, internalization, consistent and stable behaviour Examples Believe in, Subscribe to, Propose	P3 Guided Response Repeating an act demonstrated by instructor, trial and error to identify an appropriate response, following set criteria Examples Reproduce, Match, Imitate, Adapt
C4 Analysis Ability to break material into parts, Seeing patterns, hidden meanings, relationships Examples Classify, Differentiate, Characterize, Identify, Interpret	V4 Organization Brings together different values, values development of a philosophy of life Examples Adhere to, Establish, Form Judgments, Organize	P4 Mechanism Learned response has become habitual, achieved certain confidence Examples Assemble, Manipulate, Shape, Mix
C5 Synthesis Ability to put parts together to form a new whole, predict, draw conclusions Examples Design, Formulate, Integrate, Organize	V5 Internalization Person has a value system that controls their behaviour, behaviour is pervasive, consistent and predictable Examples Influence, Develops Code of Behaviour, Proposes, Act	P5 Complex Overt Response Performance of a motor act that is considered complex because of movement pattern required Examples Manipulate, Combine, Coordinate, Adjust
C6 Evaluation Compare and discriminate between ideas, assess value of theories, verify value of evidence, Contains elements of all other categories Examples Assess, Defend, Judge, Interpret		P6 Adaptation Altering motor activities to meet the demands of problematic situations. Examples Adjust, Integrate, Adapt, Standardize
		P7 Origination Creating new ways of manipulating materials out of skills, abilities and understandings developed in the psychomotor area. Examples Create, Design, Invent, Construct

Use of the Standards by Multiple Stakeholders

This document has been designed with six main user groups in mind. They include schools of massage therapy, students of massage therapy, the novice practitioner, the master practitioner, non-standard applicants to massage therapy in Ontario and the public. Here are some suggestions as to how each can make use of the document.

Schools

If you are a school you will find the document provides a complete outline of competencies required for the profession and may be used as a guideline for curriculum development. The document uses standard education formats and terminology and also provides a level of competency upon which schools may design curriculum formats and specific learning opportunities for students.

Students

As a student the document will assist you to determine the knowledge, skills and level of abilities that you need to qualify for registration as a Massage Therapist. It outlines the process by which the necessary capabilities may be achieved and clearly points students to areas that require further development in order to achieve the necessary level of proficiency for registration in Ontario.

Novice Practitioner

As a novice practitioner the competency document will provide a comprehensive list of the knowledge, skills and abilities you must maintain for registration. The competency standards can help to develop effective professional development plans for practitioners throughout their career. In addition, it may help you identify areas of interest in which you may wish to develop expertise and perhaps specialize.

Master Practitioner

The master practitioner must help guide the profession as well as coach and mentor junior practitioners in skill development. The competency standards can help master practitioners to identify emerging issues as the profession develops and serve as a guideline for coaching less experienced colleagues to succeed. It is also a valuable reference tool for master practitioners to communicate their comprehensive list of knowledge, skills and abilities to their clients and the public.

Non-Standard Applicants

For individuals who hold registration outside of Ontario and are applying to practice within the province, this document can provide valuable insight into the knowledge; skill; and ability requirements for massage therapy practice in Ontario. This document can be used to determine any additional training needs required for registration in Ontario.

The Public

Today it is incumbent upon every profession to educate the public about their areas of practice. The intent of the competency standards is to help government agencies, other health professions, and the general public gain a better understanding of the practice of massage therapy in Ontario. This document clearly and concisely communicates the knowledge, skills and abilities of Ontario Massage Therapists through the use of standardized formats and uniform language so that large numbers of public stakeholders can gain useful insight into the profession.

The Massage Therapy Competency Document is a multi-purpose tool that can unite the stakeholders of massage therapy in expression of the knowledge, skills and abilities of the profession.

Reading and Using the Competency Standards

The competency standards are designed around three (3) categories identified as Health Science, Professional Development and Clinical Science (*see illustration 1-1*). Each category is an assembly of knowledge, skills, and/or attitudes that can be grouped based upon very broad definitions of similarity and serve the function of organizing significant details into meaningful portfolios. These particular categories were chosen because they were similar to categories utilized by other jurisdictions and their use will facilitate future discussions about reciprocity and national or international standards. These categories are sequenced differently than in other jurisdictions in order to create a problem-solving approach to professional development consisting of knowledge, reflection and integration.

While very useful for organization purposes, the competency categories do not provide significant details about the various related material contained within it. Therefore, each competency category consists of a series of core competency statements (*see illustration 1-1*) which identifies each of the diverse areas

contained with the larger division. Core competencies are significant knowledge units containing content directly applicable to a single area of concentration. Core competencies direct the reader's attention to specific sub-divisions of the core competencies by indicating material that is directly related to a specific subject matter. By utilizing core competencies it is possible to articulate the major subject matters that comprise the competency category. Core competencies are expressed using nouns because they are an inherent capability within an individual often involving judgment, synthesis and innovation and may contain elements that in isolation may be very difficult to assess.

While core competencies begin to give the reader important detail about the subject detail contained within the category; they, by themselves, still do not reveal sufficient detail to provide adequate direction for the reader. Therefore it is necessary to develop enabling competencies, which provide further subject matter detail and which define the core competency (*see Illustration 1-2*). Like core competencies, enabling competencies are expressed using nouns because they are contributory to potentiality and capability and may have elements that require clarification, analysis and adaptation. The performance or demonstration of each enabling competency achieves the core competency to which it relates.

Because competencies are inherent within the person and many competencies are internal to the individual, it is necessary to find external indicators that can be measured and assessed which represent competency achievement. Therefore to ensure that each competency element is measurable it is necessary to outline action statements that serve as proper indicator for the enabling competency (*see Illustration 1-3*). These action statements comprise specific tasks that can be observed by the external observer and thereby able to be assessed and recorded. Action statements are expressed in the competency standards by verbs that indicate their propensity for specific task completion which when accomplished in totality comprises a competency.

This document utilizes a visual indicator to help the reader to understand how the detail that is currently being read fits into the overall competency standards. A heavy border and bold print highlights the enabling competency, core competency and competency category to which the detailed information applies.

The pagination of Part Two contains three (3) numbers that are designed to help readers easily identify where they are within the document. The first number refers to Part Two of the competency

document, the second refers to the competency category (1 = Health Science, 2 = Professional Development, 3 = Clinical Science), and the third represents the consecutive numbered pages within that section.

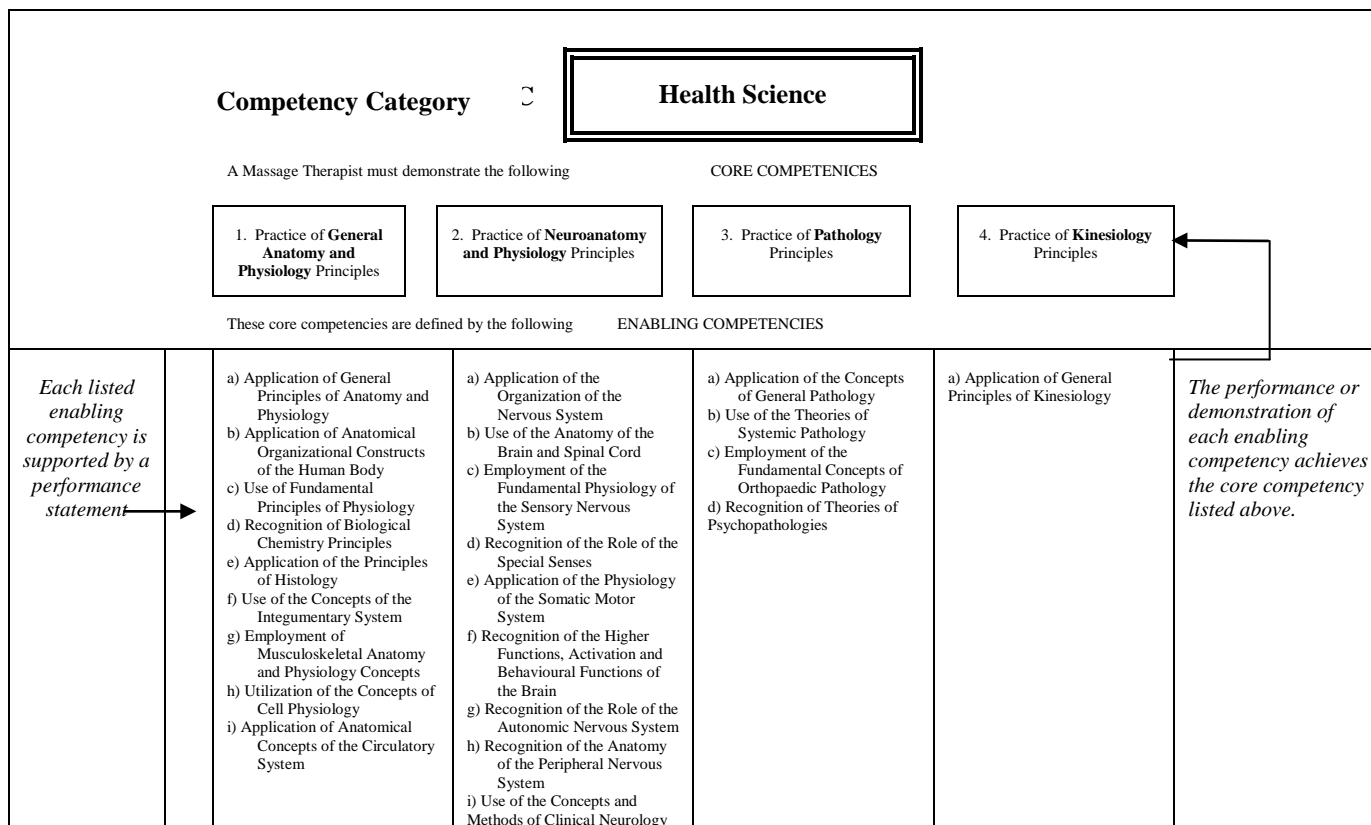
Competency Standards Design

Illustration 1-1

<i>Competency Category</i>	Health Science					
<i>Core Competencies</i>	1. Practice of General Anatomy and Physiology Principles	2. Practice of Neuroanatomy and Physiology Principles	3. Practice of Pathology Principles	4. Practice of Kinesiology Principles	5. Practice of Nutritional Concepts	6. Consideration of the effects of Medicine and Surgery
<i>Competency Category</i>	Professional Development					
<i>Core Competencies</i>	1. Development of Self Care and Management Techniques into Daily Practice	2. Development of effective Communication Skills into Practice	3. Adherence to Legal Requirements of the Massage Therapy profession	4. Development of a Philosophy of Professional Ethics and Conduct	5. Development of Business and Practice Management Skills	6. Integration of Critical Thinking
<i>Competency Category</i>	Clinical Science					
<i>Core Competencies</i>	1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
	7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

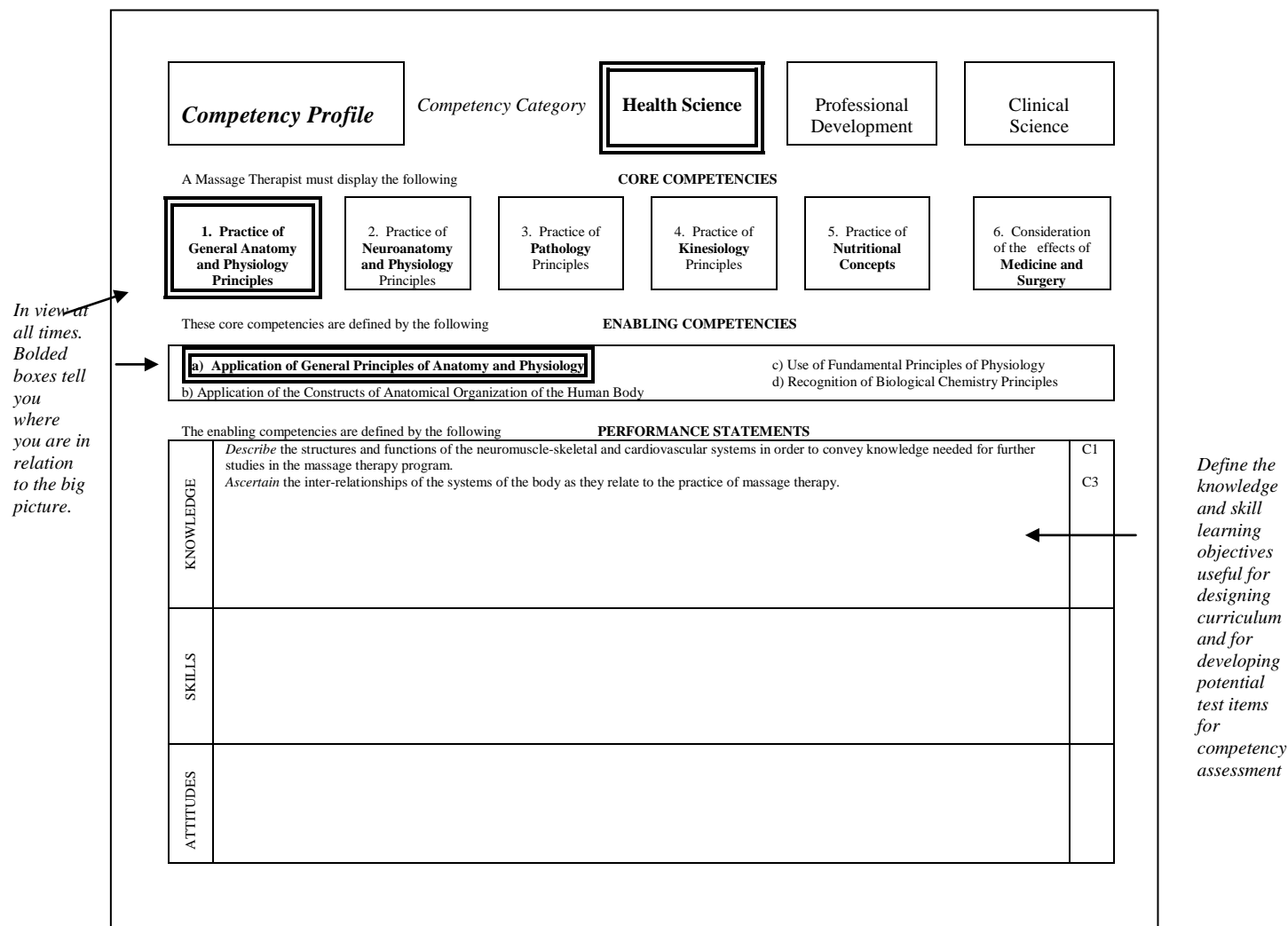
Competency Structure Illustration

Illustration 1-2



Competency Profile

Illustration 1-3



Definitions

Acceptable – satisfactory, tolerable; approved by the majority

Ability – being able; the talent or skill to perform

Appropriate – fitting or suitable; within general guidelines or standards

Assessment - the process by which the client is evaluated to determine treatment requirements. The therapist selects appropriate methods of assessment relative to the presentation of the client. Methods may include: case history, observations, client affect, special testing (for example, orthopedic, neurological, and cardiovascular compromise), palpitation, movement analysis or other modes of assessment available to the therapist

Attitude – a manner of thinking or feeling (in this document replaces the common use of ability in the taxonomy labels for clarity)

Belief System – an internalized code of personal values and convictions that support the ethical framework of the individual's professional practice

Case Findings – information systematically gathered by the therapist through interview and assessment about the client's presenting complaint and the contributing physical, psychosocial, and environmental factors that have led this person to seek massage therapy

Client Information – the totality of all information collected regarding the client

Client(s) – any member of the public, regardless of age, background, life circumstance, or relationship to the practitioner, who seeks treatment or professional advice from a Massage Therapist

Client-Centered – any health care approach or treatment plan which acknowledges, respects, and focuses on the needs, expectations, priorities, and satisfaction of the client in the therapeutic relationship

Definitions

Competency Category – for the *Massage Therapy Competency Standards* there are three main areas of knowledge: Professional Development, Clinical Science and Health Science. Competency category will refer to one of these.

Concept – general idea, abstract construct

Condition – (n) an individual's state of health (v) specifies the circumstances under which a performance is demonstrated

Condition – describes the condition under which the performance is demonstrated

Contraindication – the inadvisability of a particular treatment

Core Competency – refers to a main knowledge unit of the competency category

Documentation – the record of all components and occurrences of massage therapy case management

Empathy – the identification with, and understanding of another's situation, feelings, and motives

Enabling Competency – is a subsection of a core competency and represents fundamental knowledge or skill areas

Ethical Framework – the essential supporting structure required to make decisions that require value based consideration. Based primarily on professional values set out in the Code of Ethics

Knowledge – a depth or level of cognitive understanding required to perform a task

Learning Outcome – specifies the enduring change in behaviour to be produced as a function of the interaction between activities and the environment

Major – important, great amount; most significant

Management – the implementation of decisions and actions by the Massage Therapist to fulfill the professional obligations of individual client care

Massage Therapy – “The practice of massage therapy is the assessment of the soft tissue and joints of the body and treatment and prevention of physical dysfunction and pain of the soft tissues and joints by manipulation to develop, maintain, rehabilitate or augment physical function, or relieve pain”.
(*Massage Therapy Act. 1991*)

Performance – prescribes the activity required

Performance Statements – describes the measurable indicators of competent actions

Practice (n) – the Massage Therapist’s client complement and his or her professional and business environment

Principle – the method of a thing’s working; law or doctrine used as a basis for others

Professional Behaviour – conduct within established ethical and legal frameworks which demonstrates expertise in the practice of massage therapy

Professional Boundary(ies) – the unique physical, emotional, and psychological territory of the client and of the therapist necessary for personal security within the therapeutic relationship

Professional Currency – the responsibility to remain up-to-date in all aspects of the practice of massage therapy

Proficiency Level – describes the level of knowledge, skill or ability that must be demonstrated to meet minimum standards

Protocol(s) – a formalized step by step description of procedure.

Referral – a communication between health care professionals, either formally or informally, for the management of a client’s care

Skill – the physical activity required to demonstrate job function or portion thereof

Standard – criteria for acceptable performance; an established or accepted level of achievement

Therapeutic Relationship(s) – a professional partnership between client and therapist existing within the established ethical and legal frameworks

Treatment Plan – the projected series and sequence of treatment procedures based on the collaborative evaluation between client and therapist to determine what is needed to restore or improve the health and function of the client

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Ministry of Education & Ministry of Training, Colleges and Universities, Province of Ontario at www.edu.gov.on.ca

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PART 2: Competency Standards: Structures, Categories and Profiles

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Competency Structure

Competency Category

Health Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of General Principles of Anatomy and Physiology
- b) Application of Anatomical Organizational Constructs of the Human Body
- c) Application of Fundamental Principles of Physiology
- d) Recognition of Biological Chemistry Principles
- e) Application of the Principles of Histology
- f) Application of the Concepts of the Integumentary System
- g) Application of Musculoskeletal Anatomy and Physiology Concepts
- h) Application of the Concepts of Cell Physiology
- i) Application of Anatomical Concepts of the Circulatory System
- j) Application of Cardiovascular Physiology Principles
- k) Application of the Theories of Blood and Immune Systems
- l) Application of Concepts of the Urinary System
- m) Application of Respiratory System Principles and Methods
- n) Application of Digestive System Concepts
- o) Recognition of Metabolic Processes
- p) Application of Concepts Relating to the Endocrine System
- q) Application of Principles of the Reproductive System
- r) Application of Exercise Physiology Concepts

- a) Application of the Organization of the Nervous System
- b) Application of the Anatomy of the Brain and Spinal Cord
- c) Application of the Fundamental Physiology of the Sensory Nervous System
- d) Recognition of the Role of the Special Senses
- e) Application of the Physiology of the Somatic Motor System
- f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain
- g) Recognition of the Role of the Autonomic Nervous System
- h) Recognition of the Anatomy of the Peripheral Nervous System
- i) Application of the Concepts and Methods of Clinical Neurology

- a) Application of the Concepts of General Pathology
- b) Use of the Theories of Systemic Pathology
- c) Employment of the Fundamental Concepts of Orthopaedic Pathology
- d) Recognition of Theories of Psychopathologies

- a) Application of General Principles of Kinesiology

Competency Structure

Competency Category

Health Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

5. Practice of **Nutritional** Principles

6. Consideration of the effects of **Medicine and
Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Description of the Role of Macro Nutrients
- b) Description of the Role of Micro Nutrients
- c) Description of the Role of Fibre
- d) Description of Nutritional Concepts

- a) Utilization of the General Principles of Pharmacology
- b) Determination of Appropriate Surgical Considerations
in Massage Therapy Practice

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of General Anatomy and Physiology Principles	2. Application of Neuroanatomy and Physiology Principles	3. Application of Pathology Principles	4. Application of Kinesiology Principles	5. Practice of Nutritional Concepts	6. Consideration of the effects of Medicine and Surgery
--	---	---	---	--	--

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Anatomy and Physiology	c) Application of Fundamental Principles of Physiology	e) Application of the Principles of Histology
b) Application of the Constructs of Anatomical Organization of the Human Body	d) Recognition of Biological Chemistry Principles	f) Application of the Concepts of the Integumentary System

The enabling competencies are defined by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Describe</i> the structures and functions of the musculoskeletal, nervous and cardiovascular systems. <i>Explain</i> the inter-relationships of the systems of the body as they relate to the practice of massage therapy.	C1 C3
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Anatomy and Physiology

b) **Application of the Constructs of Anatomical Organization of the Human Body**

c) Application of Fundamental Principles of Physiology

d) Recognition of Biological Chemistry Principles

e) Application of the Principles of Histology

f) Application of the Concepts of the Integumentary System

The enabling competencies are defined by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Identify</i> directional and movement terminology.</p> <p><i>Identify</i> the cavities of the human body.</p> <p><i>Identify</i> body regions and major organ systems of the body.</p> <p><i>Define</i> anatomical terms and technical terminology when talking to other health care professionals.</p> <p><i>Identify</i> major body cavities, location of all organs within cavities, clinical division of abdomen, location of major endocrine and exocrine glands.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p>
SKILLS	<p><i>Use</i> appropriate medical/technical vocabulary when speaking to other professionals.</p> <p><i>Use</i> language and lay terminology appropriate to client level of comprehension.</p> <p><i>Palpate</i> various body regions and parts.</p>	<p>P1</p> <p>P1</p> <p>P1</p>
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

CORE COMPETENCIES

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of General Principles of Anatomy and Physiology
- b) Application of the Constructs of Anatomical Organization of the Human Body

- c) **Application of Fundamental Principles of Physiology**
- d) Recognition of Biological Chemistry Principles

- e) Application of the Principles of Histology
- f) Application of the Concepts of the Integumentary System

The enabling competencies are defined by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Describe</i> the function and structure of major body systems.</p> <p><i>Classify</i> the systems that support homeostasis in the functional organization. This should include:</p> <ul style="list-style-type: none"> a) <i>Differentiate</i> between intracellular fluid and extracellular fluid, b) <i>Describe</i> homeostasis in health, c) <i>Explain</i> the components of physiological feedback mechanisms and explain their role in maintaining homeostasis <p>Describe the difference between normal physiological processes and pathological processes.</p>	<p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C2</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3 Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of General Principles of Anatomy and Physiology
- b) Application of the Constructs of Anatomical Organization of the Human Body

- c) Application of Fundamental Principles of Physiology
- d) **Recognition of Biological Chemistry Principles**

- e) Application of the Principles of Histology
- f) Application of the Concepts of the Integumentary System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Identify</i> macromolecules, the components and functions of macromolecules, carbohydrates, lipids, proteins and nucleic acid, and describe the functions of each.</p> <p><i>Identify</i> various ions and describe their function in the body.</p> <p><i>Define</i> pH, acid/base balance and explain its relevance to homeostasis.</p> <p><i>Describe</i> the functions of biological enzymes.</p>	<p>C1</p> <p>C1</p> <p>C2</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of General Principles of Anatomy and Physiology
b) Application of the Constructs of Anatomical Organization of the Human Body

- c) Application of Fundamental Principles of Physiology
d) Recognition of Biological Chemistry Principles

- e) **Application of the Principles of Histology**
f) Application of the Concepts of the Integumentary System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the development of formed elements and their formation including regulatory factors.	C1
	Compare the structure and functions of skeletal muscle, cardiac muscle and smooth muscle tissues.	C2
	Identify the four major types of body tissues and describe the structure, functions, and characteristics of each type.	C2
	Describe embryology, germ layers and their derivatives.	C1
	Describe characteristics and functions of epithelia and endothelial tissues.	C1
	Describe the composition of cartilage, the types of cartilage and their functions.	C1
	Describe the location, characteristics and functions of tendons, ligaments and fascia.	C1
	Describe bone growth, remodeling and healing of fractures.	C1
	Describe the components of bone and contrast structure of compact and spongy bone.	C1
	Describe the histology of blood cells and red bone marrow.	C1
SKILLS	Discuss the histology of the circulatory systems.	C2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Anatomy and Physiology

b) Application of the Constructs of Anatomical Organization of the Human Body

c) Application of Fundamental Principles of Physiology

d) Recognition of Biological Chemistry Principles

e) Application of the Principles of Histology

f) **Application of the Concepts of the Integumentary System**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the structures and layers of the skin.	C2
	Describe the functions of skin.	C1
	Describe nerve endings and their function.	C1
	Classify sensory receptors in the skin.	C2
	Describe circulation of the skin and the role of vasoconstriction/vasodilatation in thermoregulation.	C1
	Describe the cell types and structures of the integumentary system.	C1
	Describe cell types, nervous tissue system and types of nerve endings.	C1
SKILLS	Observe the appearance of skin.	P2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Application of Musculoskeletal Anatomy and Physiology Concepts

h) Application of Cell Physiology

i) Application of the Anatomical Concepts of the Circulatory System

j) Application of Cardiovascular Physiology Principles

k) Application of the Theories of Blood and Immune Systems

l) Application of the Concepts of the Urinary System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the structures the axial and appendicular skeleton.	C1
	Describe the functions of bony tissues.	C1
	Describe the significance of bony landmarks and name clinically relevant landmarks.	C1
	Identify the bony classifications.	C2
	Classify joints, bony articulations, movement and range of motion and describe goniometric, visual observation and percentage deficit techniques.	C1
	Describe a typical synovial joint and associated structure.	C1
	Identify the names of the teeth.	C1
SKILLS	Identify external anatomy, major internal structures of the skull, major cranial structures and major foraminae.	C3
	Explain the structures involved in the contraction of skeletal, smooth and cardiac muscle and explain their role in the contraction.	C2
ATTITUDES	Perform range of motion assessments at each joint using goniometric, visual observation and percentage deficit techniques.	P2
	Palpate bony landmarks.	P1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

g) **Application of Musculoskeletal Anatomy and Physiology Concepts**
h) Application of the Concepts of Cell Physiology

i) Application of the Anatomical Concepts of the Circulatory System
j) Application of Cardiovascular Physiology Principles

k) Application of the Theories of Blood and Immune Systems
l) Application of the Concepts of the Urinary System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Identify the intrinsic and extrinsic ligaments associated with each joint and describe their functions.	C1
	Identify the muscles of the body, their location, attachments, action and innervation with the exception of throat, auditory and tongue muscles.	C1
	Describe bursae and tendon sheaths.	C1
	Classify the architecture of muscle.	C2
	Group muscles according to common actions and identify agonist-antagonist relationships.	C2
	Describe the mechanism of muscle contraction.	C1
	Describe the sliding filament mechanism of muscle contraction.	C1
	Explain excitation contraction coupling.	C2
	Describe the different regulatory mechanisms of muscle contraction in the three types of muscles.	C1
	Explain the structural organization of skeletal muscle.	C2
SKILLS	Locate important bursae and tendon sheaths (eg. subacromial bursa, suprapatellar bursa).	P2
	Palpate accessible and clinically relevant muscles.	P1
	Palpate accessible and clinically relevant ligaments.	P1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

g) **Application of Musculoskeletal Anatomy and Physiology Concepts**

h) Application of the Concepts of Cell Physiology

i) Application of the Anatomical Concepts of the Circulatory System
j) Application of Cardiovascular Physiology Principles

k) Application of the Theories of Blood and Immune Systems
l) Application of the Concepts of the Urinary System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Explain</i> the metabolic pathways for energy production at rest and during exercise in skeletal muscle.</p> <p><i>Describe</i> muscle tone in skeletal and smooth muscle.</p> <p><i>Identify</i> the direction of fibres in specific muscles.</p> <p>Explain oxygen debt, muscle fatigue and their relation to types of muscle fibres.</p>	C2 C1 C2 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical
Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Application of Musculoskeletal Anatomy and
Physiology Concepts

i) Application of the Anatomical Concepts of the Circulatory System
j) Application of Cardiovascular Physiology Principles

k) Application of the Theories of Blood and Immune Systems
l) Application of the Concepts of the Urinary System

h) Application of the Concepts of Cell Physiology

The enabling competencies are demonstrated by the
following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	Describe the structure of a generalized cell.	C1
	Describe the functions of major sub-cellular organelles.	C1
	Describe passive and active cellular transport mechanisms.	C1
	Describe the role of enzymes in the regulation of cell functions and reproduction.	C1
	Describe general transport and metabolic functions of the cell.	C1
	Describe the basic structure of DNA and the genetic code.	C1
	Summarize the regulation of protein synthesis.	C2
	Summarize the processes of cell growth and differentiation.	C2
	Compare the processes of mitosis and meiosis.	C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Describe</i> the structure and characteristics of blood tissue and lymph vessels.</p> <p><i>Explain</i> the anatomy and function of the heart and pericardium.</p> <p><i>Identify</i> the location of the major branches of the arterial system and common pulse points</p> <p><i>Identify</i> the location of the major branches of the venous system.</p> <p><i>Describe</i> the hepatic portal system.</p> <p><i>Explain</i> the anatomy and function of the lymphatic system and drainage patterns of the body.</p> <p><i>Describe</i> the systemic, pulmonary and coronary circulation.</p>	<p>C1</p> <p>C2</p> <p>C1</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C1</p>
SKILLS	<p><i>Locate</i> each palpable pulse.</p> <p><i>Palpate</i> the location of superficial lymph node groupings.</p>	<p>P1</p> <p>P1</p>
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the physiology of cardiac function including changes in ventricular volume, and ventricular and atrial pressures.	C1
	Describe the excitatory and conductive systems of the heart.	C1
	Describe the function of the valves and their relation to heart sounds.	C1
	Explain systole and diastole, and describe their relationship to blood pressure changes.	C2
	Explain the relationship between cardiac output and venous return.	C2
	Summarize the effects of hydrostatic pressure, and variations in hydrostatic and osmotic pressures in the capillary beds.	C2
	Explain the significance of the venous blood reservoirs.	C2
	Describe the effects of muscle pumping on venous and lymphatic return.	C1
SKILLS	Describe blood flow in a closed system and the interrelationship between pressure flow and peripheral resistance.	C1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Describe</i> the functions of vascular sphincters as they relate to blood shunting.</p> <p><i>Describe</i> short-term and long-term regulation of blood flow in the tissues.</p> <p><i>Summarize</i> the systemic and local factors that regulate blood flow.</p> <p><i>Describe</i> the autonomic influences on arterial blood pressure.</p> <p><i>Describe</i> the role of the kidneys in regulation of arterial pressure and the relation to hypertension.</p> <p><i>Explain</i> circulatory shock.</p> <p><i>Summarize</i> capillary fluid exchange and factors that affect fluid distribution between plasma and extra-cellular fluid</p> <p><i>Name</i> the fluid compartments of the body and indicate their approximate volumes.</p> <p><i>Describe</i> the pathophysiology of edema.</p>	<p>C1</p> <p>C1</p> <p>C2</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Describe</i> the components of blood and the general function of each.</p> <p><i>Describe</i> the distribution, regulation and protection functions of blood.</p> <p><i>Identify</i> the origin of plasma, proteins, red cells and white cells.</p> <p><i>Describe</i> the recycling of red blood cells and hemoglobin.</p> <p><i>Summarize</i> the differences between innate and acquired immunity.</p> <p><i>Describe</i> the transport of O₂ by hemoglobin and tissue oxygenation.</p> <p><i>Summarize</i> the comparison of the activation and function of B and T lymphocytes.</p> <p><i>Name</i> the types of antibodies and their source.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C1</p> <p>C2</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Explain</i> the three phases of hemostasis.</p> <p><i>Describe</i> the intrinsic and extrinsic pathways of blood clotting.</p> <p><i>Describe</i> the lysis of clots and its significance.</p> <p><i>Differentiate between</i> thrombosis and embolism.</p> <p><i>Discuss</i> the cellular and vascular response to inflammation and the outcomes of inflammation.</p>	<p>C2</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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PERFORMANCE STATEMENTS

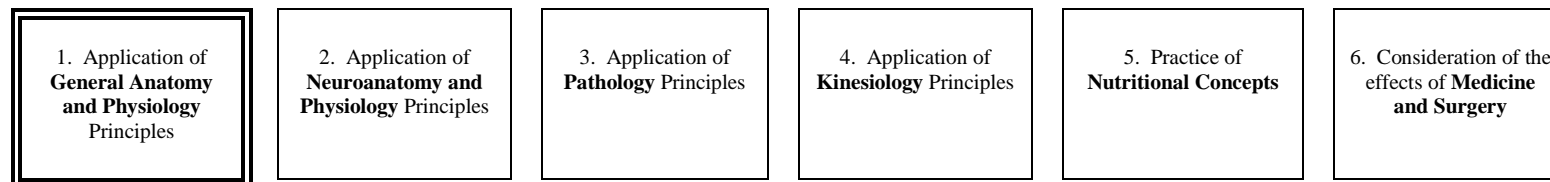
Proficiency Level

KNOWLEDGE	<p><i>Describe</i> the anatomy of the urinary system.</p> <p><i>Describe</i> the structure of a nephron and the function of each component.</p> <p><i>Describe</i> blood filtration and formation of urine in the kidney.</p> <p><i>Summarize</i> the mechanisms that regulate acid/base balance and volume of body fluids.</p> <p><i>Describe</i> the function of the urinary tubules and urinary bladder</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C1</p>
SKILLS		
ATTITUDES		



A Massage Therapist must display the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

m) Application of Respiratory System Principles and Methods	o) Recognition of Metabolic Processes	q) Application of the Principles of the Reproductive System
n) Application of Digestive System Concepts	p) Application of Concepts Relating to the Endocrine System	r) Application of Exercise Physiology Concepts

The enabling competencies are demonstrated by the following

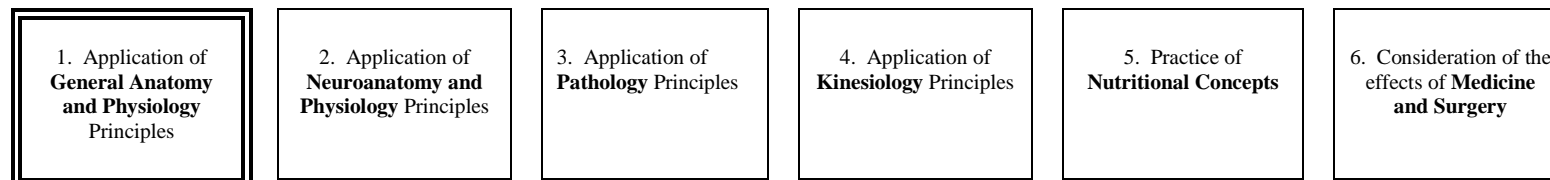
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the anatomy of the respiratory system particularly the respiratory membrane.	C1
	<i>Describe</i> ventilation-perfusion coupling.	C1
	<i>Describe</i> the functions of the muscles of inspiration and expiration.	C1
	<i>Summarize</i> the mechanism of pulmonary ventilation.	C2
	<i>Explain</i> pleural pressures and alveolar pressures.	C2
	<i>Describe</i> respiratory rate and its significance to normal function and relevance to altered function.	C1
	<i>Describe</i> elasticity and the significance in respiratory function.	C1
	<i>Describe</i> the interrelationship of partial pressures of O ₂ and CO ₂ in the atmosphere, alveolus and blood.	C1
	<i>Describe</i> the transport of O ₂ in the blood by hemoglobin.	C2
	<i>Describe</i> the transport of CO ₂ in the blood and how CO ₂ contributes to the regulation of blood pH.	C2
SKILLS	<i>Summarize</i> the nervous and chemical control of respiration.	C2
	<i>Assess</i> respiratory rate and function.	P1
ATTITUDES		



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CORE COMPETENCIES



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ENABLING COMPETENCIES

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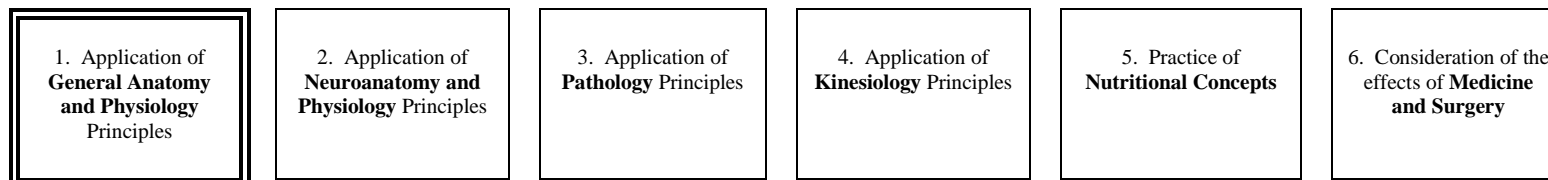
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the anatomy and histology of the digestive system <i>Describe</i> the physiology of the digestive system and the functions of the various organs of the digestive system. <i>Describe</i> the blood supply and innervations of the digestive system. <i>Describe</i> the peritoneum, the mesenteries and omenta. <i>Describe</i> the movement of food through the gastrointestinal tract. <i>Describe</i> the neural and hormonal regulation of gastrointestinal motility. <i>Describe</i> mechanical digestion and chemical digestion. <i>Describe</i> the major components, sources and functions of gastrointestinal secretions. <i>Describe</i> the absorption of carbohydrates, lipids and proteins. <i>Describe</i> the digestive processes that occur in the oral cavity, the stomach and the small intestine. <i>Describe</i> the absorption of vitamins, water and minerals.	C1 C1 C1 C1 C2 C2 C1 C1 C2 C2 C1
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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ENABLING COMPETENCIES

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PERFORMANCE STATEMENTS

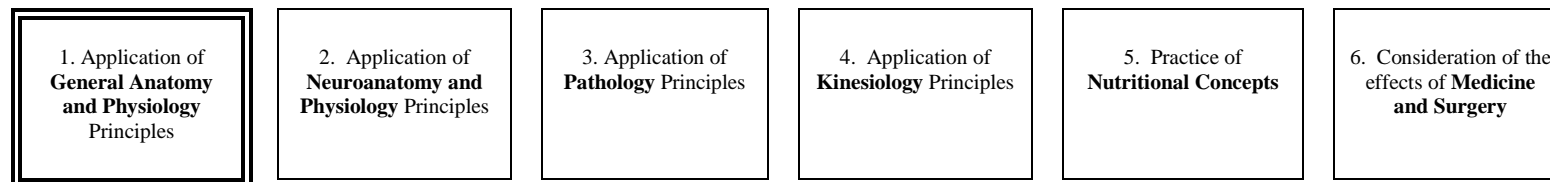
Proficiency Level

KNOWLEDGE	<i>Describe</i> the function of the liver in carbohydrate, lipid and protein metabolism. <i>Describe</i> the role of the liver in vitamin and iron storage. <i>Describe</i> the function of the liver in detoxification and bacterial decontamination of portal blood.	C2 C1 C2
SKILLS		
ATTITUDES		



A Massage Therapist must display the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

m) Application of respiratory system principles and methods	o) Recognition of metabolic processes	q) Application of the principles of the reproductive system
n) Application of digestive system concepts	p) Application of the concepts relating to the endocrine system	r) Application of exercise physiology concepts

The enabling competencies are demonstrated by the following

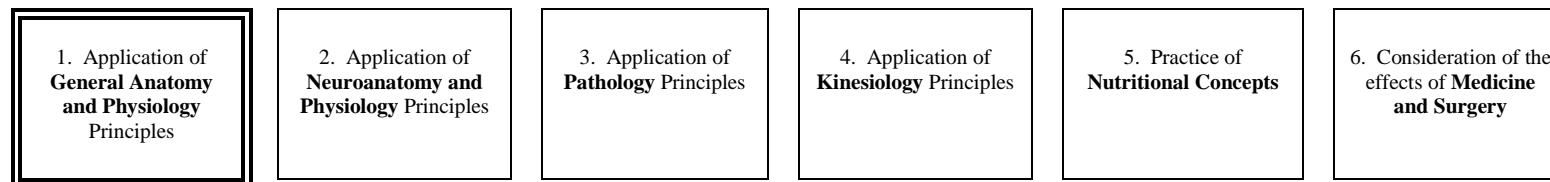
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the anabolic and catabolic processes. <i>Describe</i> cellular respiration and energy production. <i>Explain</i> metabolism and relate to homeostasis. <i>Describe</i> carbohydrate metabolism. <i>Describe</i> metabolic rate, its effect on functions of the body and regulation of body temperature.. <i>Describe</i> the mechanisms regulating satiety and hunger.	C1 C1 C2 C1 C1 C1
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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ENABLING COMPETENCIES

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PERFORMANCE STATEMENTS

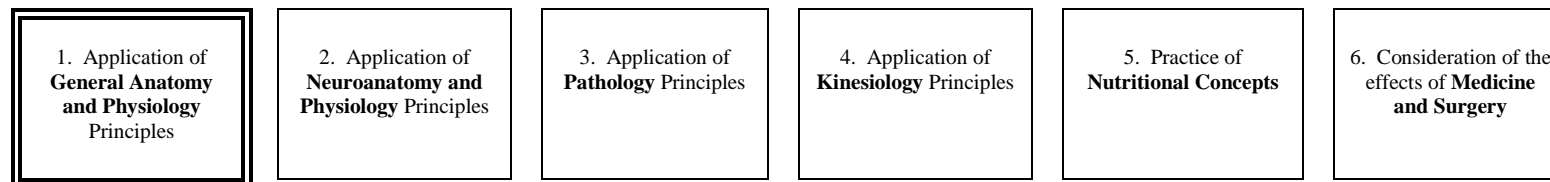
The enabling competencies are demonstrated by the following

		Proficiency Level
KNOWLEDGE	<i>Identify</i> the glands of the endocrine system, their location, functions and hormonal products secreted by each. <i>Identify</i> the hormones released by the pituitary gland and describe their function and mechanisms that regulate their release. <i>Identify</i> the hormones released by the thyroid gland and describe their function and mechanisms that regulate their release. <i>Describe</i> the functional organization of the adrenal glands. <i>Describe</i> the function of the mineralocorticoids and glucocorticoids. <i>Describe</i> the role of adrenaline and noradrenaline as neurotransmitters and hormones. <i>Describe</i> the roles of insulin and glucagon in glucose metabolism.	C1 C1 C1 C1 C2 C2 C2 C1
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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ENABLING COMPETENCIES

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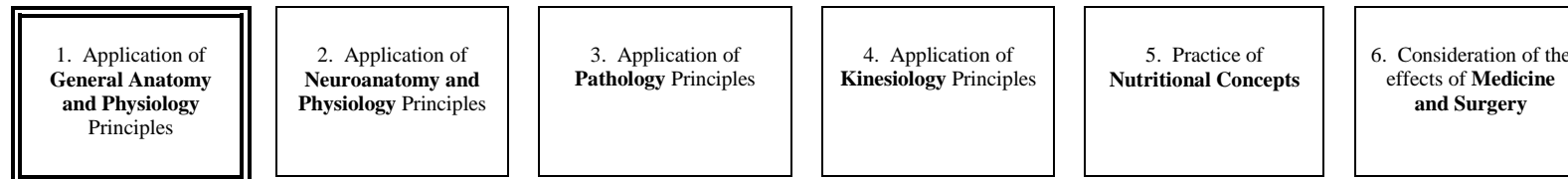
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	Describe the anatomy and physiology of the male reproductive system. <i>Describe</i> the mechanisms of erection, emission and ejaculation. <i>Describe</i> the source, function and regulation of the male reproductive hormones. <i>Describe</i> the anatomy of the female reproductive system. <i>Explain</i> the phases of the ovarian and uterine cycle and their interrelationship. <i>Describe</i> the source and function of the female reproductive hormones. <i>Describe</i> the trimesters of pregnancy. Identify the placental hormones. <i>Explain</i> the process and hormonal regulation of lactation. <i>Describe</i> effects of hormonal changes throughout the life cycle.	C2 C1 C1 C1 C2 C1 C2 C1 C2 C1
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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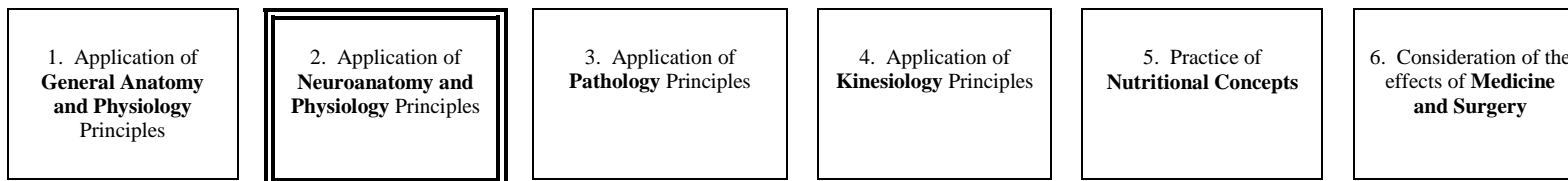
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the specific musculoskeletal and cardiovascular effect of exercise. <i>Identify</i> the energy sources available to skeletal muscle during exercise. <i>Describe</i> the effects of exercise on respiration, heart rate and blood flow. <i>Summarize</i> the effects of exercise on acid-base balance. <i>Summarize</i> the effects of exercise on the development of strength, endurance and flexibility. <i>Describe</i> the influence of frequency, duration and intensity on the effectiveness of exercise. <i>Explain</i> the relationship of health and fitness. <i>Describe</i> the effects of drugs and ergogenic aids used in exercise. <i>Describe</i> the effects of exercise and movement on respiration. <i>Describe</i> the physiological changes associated with exercise.	C1 C1 C1 C2 C2 C1 C2 C2 C2 C1
SKILLS		
ATTITUDES		



A Massage Therapist must display the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of the Organization of the Nervous System	c) Application of the Fundamental Physiology of the Sensory Nervous System	e) Application of the Physiology of the Somatic Motor System
b) Application of the Anatomy of the Brain and Spinal Cord	d) Recognition of the Role of the Special Senses	f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain

The enabling competencies are demonstrated by the following

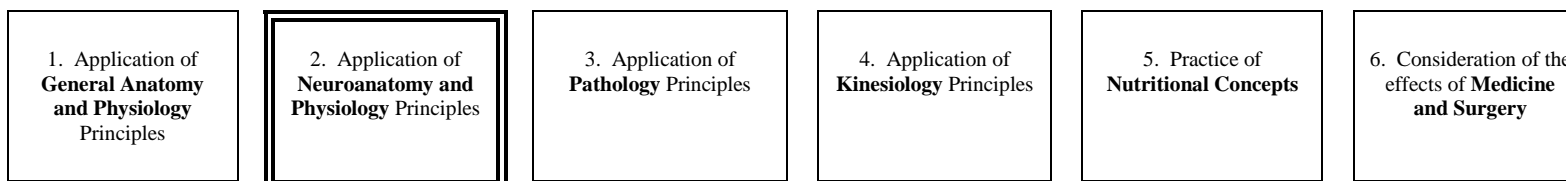
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the anatomical and functional organization of the nervous system. <i>Describe</i> synapses, neurotransmitters and the mechanism of synaptic transmission. <i>Describe</i> various types of neuronal circuits. <i>Describe</i> the neuronal pool and its function.	C2 C2 C1 C1
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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ENABLING COMPETENCIES

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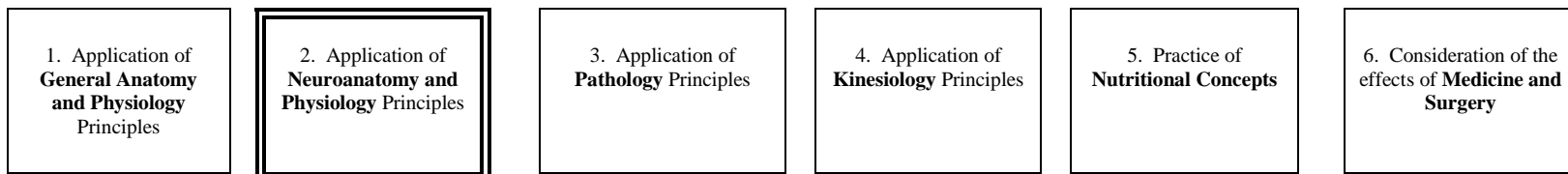
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	Describe the histology and function of the spinal cord coverings.	C1
	Describe the components and functions of the spinal reflexes.	C1
	Describe sclerotomes, myotomes and dermatomes.	C1
	Differentiate between grey and white matter and describe their features and functions.	C2
	Describe the physiology and mechanisms of pain.	C2
	Describe the gross anatomy and function of the spinal cord, brain stem, cranial nerves, cerebellum, cerebrum, diencephalons and the limbic system.	C1
	Describe the cranial nerves, spinal, and peripheral nerves.	C1
	Summarize the major motor and sensory tracts.	C2
	Describe the coverings of the brain and their functions.	C2
	Describe the blood supply to the brain.	C2
SKILLS		
ATTITUDES		



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CORE COMPETENCIES



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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Describe</i> the location, anatomy and function of the medulla oblongata, pons and midbrain. <i>Describe</i> the nuclei and vital centers of the brainstem. <i>Describe</i> the reticular formation. Describe the location, anatomy and function of the hypothalamus and thalamus. <i>Describe</i> the association tracts, commissural tracts and projections tracts. <i>Describe</i> circulation of cerebrospinal fluid and the ventricular system.	C1 C1 C1 C1 C1 C1
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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CORE COMPETENCIES

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2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- | | | |
|--|---|---|
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| b) Application of the Anatomy of the Brain and Spinal Cord | d) Recognition of the Role of the Special Senses | f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain |

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Explain the physiology of perception.	C2
	Describe stimulus, receptor selectivity, adequate stimulus, sensation, perception, modality, projection and adaptation.	C2
	Classify receptors by origin of stimulus, type and threshold of adequate stimulus, rate of adaptation, modality of perception and structure.	C2
	Describe the mechanism of generator potentials.	C2
	Explain the adaptation and distribution of sensory receptors.	C2
	Describe the encoding of stimulus intensity.	C2
	Summarize the modalities of sensation, associated receptors, and sensory pathways.	C2
	Summarize modulation of neuronal transmission in the sensory pathways.	C2
	Explain the sensory functions of the thalamus and cerebral cortex.	C2
	Differentiate physiological types of pain characteristics and their clinical manifestations.	C2
SKILLS	Discuss pain threshold, tolerance and control theory.	C2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of the Organization of the Nervous System
b) Application of the Anatomy of the Brain and Spinal Cord

c) Application of the Fundamental Physiology of the Sensory Nervous System
d) **Recognition of the Role of the Special Senses**

e) Application of the Physiology of the Somatic Motor System
f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Describe</i> the anatomy and the physiology of the olfactory epithelium, the physiological mechanisms of olfaction and the olfactory pathway.</p> <p><i>Describe</i> the anatomy and the physiology of the taste buds, the mechanism of gustation and the gustatory pathway.</p> <p><i>Describe</i> the anatomy and the physiology of the visual pathway, the extrinsic muscles of the eye and its accessory structures.</p> <p><i>Describe</i> visual field, lateralization and their functional significance.</p> <p><i>Describe</i> the anatomy of the external, middle and inner ear and the auditory pathway.</p> <p><i>Describe</i> the physiology of equilibrium</p>	<p>C2</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

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CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- | | | |
|--|--|---|
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| b) Application of the Anatomy of the Brain and Spinal Cord | d) Recognition of the Role of the Special Senses | f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain |

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Describe</i> tone and movement as aspects of somatic motor activity.</p> <p><i>Describe</i> palpative tone, resistance to stretch and sustained contractile activity.</p> <p><i>Differentiate</i> between reflex and intentional movements.</p> <p><i>Explain</i> multiple levels of control of motor activities including Golgi tendon organs and muscle spindles.</p> <p><i>Describe</i> the motor pathways and direct and indirect cortical control over movement.</p> <p><i>Distinguish</i> upper and lower motor neurons.</p> <p><i>Explain</i> structures associated with the spinal cord control motor activity.</p> <p><i>Explain</i> the role of alpha motor neurons.</p>	<p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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d) Recognition of the Role of the Special Senses

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f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the effects of upper motor neuron damage on spinal cord motor activity.	C1
	Describe the control of motor activity at the brainstem level.	C1
	Describe the contribution of reticular formation to the regulation of muscle tone and reflex movements.	C2
	Describe the contribution of vestibular nuclei to balance and equilibrium.	C2
	Describe how the reticular formation and vestibular nuclei act together to control postural reflexes.	C2
	Describe the function of the nuclei of the tectum.	C1
	Describe the function of the red nucleus and rubrospinal tracts.	C1
	Identify the primary motor area and the pathways that contribute to motor control.	C1
SKILLS	Identify the structures of the premotor and supplemental motor area and how they contribute to the motor control.	C1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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ENABLING COMPETENCIES

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Describe</i> how the basal ganglia contribute to the control of movement, tone and posture.</p> <p><i>Describe</i> the relationship between the afferent and efferent pathways of the cerebellum and its contribution to the regulation of motor control.</p> <p><i>Describe</i> memory traces and how they are established.</p>	<p>C2</p> <p>C2</p> <p>C1</p>
SKILLS		
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of General Anatomy and Physiology Principles	2. Application of Neuroanatomy and Physiology Principles	3. Application of Pathology Principles	4. Application of Kinesiology Principles	5. Practice of Nutritional Concepts	6. Consideration of the effects of Medicine and Surgery
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of the Organization of the Nervous System	c) Application of the Fundamental Physiology of the Sensory Nervous System	e) Application of the Physiology of the Somatic Motor System
b) Application of the Anatomy of the Brain and Spinal Cord	d) Recognition of the Role of the Special Senses	f) Recognition of the Higher Functions, Activation and Behavioural Functions of the Brain

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Outline</i> the higher functions of the brain and the structures with which they are associated. <i>Explain</i> the contributions of the reticular activating system and neurohormones to the control of brain activation. <i>Describe</i> the functions of the parieto-occipitotemporal, the prefrontal and the limbic association area. <i>Outline</i> the mechanisms of speech and the critical areas involved. <i>Describe</i> the function of the corpus callosum. <i>Explain</i> immediate, short-term and long-term memory and the consolidation of memory. <i>Describe</i> slow wave and rapid eye movement (REM) sleep. <i>Summarize</i> the role of the limbic system in emotions, memory, behavioural functions and the link between emotions and physiology.	C1 C2 C1 C1 C1 C2 C1 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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CORE COMPETENCIES

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3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

g) **Recognition of the Role of the Autonomic Nervous System**

i) Use of the Concepts and Methods of Clinical Neurology

h) Recognition of the Role of the Peripheral Nervous System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Summarize the anatomical and functional organization of the autonomic nervous system. (ANS)	C2
	Describe the anatomy of the sympathetic and parasympathetic divisions and the structures they innervate.	C1
	Describe pre-ganglionic and post-ganglionic neurons and their sources.	C2
	Identify the major ANS neurotransmitters and their receptors.	C1
	Explain the specific effects of sympathetic and parasympathetic stimulation, and autonomic reflexes.	C2
	Describe the control of the ANS by the hypothalamus.	C1
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

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h) Recognition of the Role of the Peripheral Nervous System

i) Use of the Concepts and Methods of Clinical Neurology

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the anatomy and the function of roots, trunks, division, cords and branches of the plexi.	C1
	Describe the anatomy and the function of the posterior primary divisions of C1-C8.	C1
	Describe the anatomy and the function of the cranial nerves.	C1
	Summarize the dermatomes and myotomes of the upper limb.	C2
	Describe the anatomy and the function of the thoracic and intercostal nerves.	C1
	Describe the anatomy and the function of the anterior primary divisions of L1-L4.	C2
	Describe the anatomy and function of the autonomic nerves and plexi.	C1
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

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4. Application of **Kinesiology** Principles

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- h) Recognition of the Role of the Peripheral Nervous System

- i) Use of the Concepts and Methods of Clinical Neurology

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PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the anatomy and function of the major branches of the spinal nerves.	C1
	Summarize neuralgia, neuritis, radiculalgia, radiculitis and causalgia.	C2
	Explain the physiology of basic nerve compression.	C2
	Describe the manifestations of nerve root pain.	C1
	Explain grading of muscle weakness.	C2
	Describe tests used to assess muscles of the upper and lower extremities to their corresponding nerve roots.	C1
	Describe lesions of the cervical plexus.	C1
	Summarize signs and symptoms of peripheral nerve and nerve root compression in the cervical and brachial plexi.	C2
	Summarize common syndromes of the upper limb.	C2
SKILLS	Differentiate between nerve compression syndromes in the upper limb.	C2
	Conduct appropriate tests for nerve compression for upper and lower extremities, muscle weakness, and cranial nerves.	P2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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- h) Recognition of the Role of the Peripheral Nervous System

- i) **Use of the Concepts and Methods of Clinical Neurology**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Summarize</i> the causes of peripheral nerve and nerve root compression in the lumbar and sacral plexi.</p> <p><i>Differentiate</i> between nerve compression syndromes in the lower limb.</p> <p><i>Describe</i> cauda equina syndrome.</p> <p><i>Describe</i> lesions and testing of cranial nerves.</p>	<p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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ENABLING COMPETENCIES

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b) Application of the Theories of Systemic Pathology

- c) Application of the Fundamental Concepts of Orthopaedic Pathology
d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Summarize</i> lesions and changes in extra cellular fibres involved in fibrosis, hyalinization of collagen and fibroid necrosis.	C2
	<i>Summarize</i> vascular responses to injury and cellular exudates associated with acute inflammation.	C2
	<i>Explain</i> the body's reaction to disease, injury & injurious stimuli.	C2
	<i>Summarize</i> the causes of chronic inflammation and sequelae of acute inflammation.	C2
	<i>Describe</i> the process through which chronic inflammation leads to fibrosis, contracture, loss of normal function, granulomas, endarteritis obliterans, endophlebitis, and ulceration.	C2
	<i>Describe</i> polygenic or multifactorial conditions.	
	<i>Describe</i> chromosomal aberrations or abnormalities.	C1
SKILLS	<i>Describe</i> genetic disease and genetic predisposition.	C1
		C1
ATTITUDES	<i>Recognize</i> the body's reaction to inflammation, disease, injury & injurious stimuli.	P1

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Explain</i> the mechanisms of tissue repair and regeneration. <i>Explain</i> complications of wound healing and burns. <i>Describe</i> burns. <i>Identify</i> necrosis. <i>Differentiate</i> between internal and external causes of cell damage and describe how they occur. <i>Describe</i> the process of healing in various tissue types. <i>Describe</i> how cholenes, growth factors and contact inhibition regulate healing. <i>Summarize</i> the B cell immune response and humoral immunity. <i>Explain</i> the process of B cell maturation and the production of immunoglobins. <i>Describe</i> the mechanisms of immunoglobulin action. <i>Describe</i> the consequences of complement formation.</p>	<p>C2 C2 C2 C1 C2 C1 C1 C2 C2 C1 C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe the T cell immune response and the process of cell-mediated immunity.	C1
	Differentiate the functions of cytotoxic T cells, helper T cells, suppresser T cells and natural killer cells.	C2
	Summarize primary and secondary immune responses, and the roles of memory cells and vaccines.	C2
	Summarize the consequences of immunodeficiencies resulting from chemotherapy, immune suppression, and ionizing radiation.	C2
	Differentiate human immunodeficiency virus (HIV) infection, AIDS related complex (ARC) and acquired immunodeficiency syndrome (AISA).	C2
	Describe different types of hypersensitivity reactions and the processes involved immune hypersensitivities.	C1
	Describe the sources of congenital, endogenous and exogenous infection	C1
	Describe intoxication and infection.	C1
	Summarize patterns and defences against infection.	C2
	Summarize factors within a host that affect the occurrence and spread of infection.	C2
	Summarize opportunistic infection.	C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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ENABLING COMPETENCIES

- | | |
|---|---|
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|---|---|

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Summarize the pathogenesis of pyogenic bacterial infections.	C2
	Summarize the pathogenesis of viral, bacterial, fungal, neoplasms and genetic anomalies and abnormalities.	C2
	Summarize metastasis.	C2
	Summarize the pathogenesis of vascular disorders, hypertension, renal dysfunction, circulatory shock, edema, lymphatic and venous obstruction.	C2
	Explain the causes of hypertension and its effects.	C2
	Summarize circulatory shock.	C2
	Discuss mechanisms leading to edema.	C2
	Differentiate between venous and lymphatic obstruction.	C2
	Describe the effects of venous thrombosis.	C2
	Describe thrombophelbitis.	C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Summarize the pathogenesis of cardiac dysfunction.	C2
	Summarize the pathogenesis of developmental and acquired heart diseases.	C2
	Differentiate endocarditis, myocarditis and pericarditis.	C2
	Explain valvular incompetence and stenosis.	C2
	Relate ischemia and necrosis to heart function.	C3
	Summarize the effects of acute and chronic congestive heart failure.	C2
	Relate the causative relationship between hypertension and congestive heart failure.	C3
	Describe the mechanisms and consequences of acute cor pulmonale.	C1
	Describe cardiomyopathy.	C1
SKILLS	Describe cardiac dysrhythmias.	C1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe aneurysms.	C1
	Describe arteriosclerosis.	C1
	Summarize mechanisms that lead to respiratory failure.	C2
	Summarize symptoms of and mechanisms leading to infant and adult respiratory distress syndrome.	C2
	Summarize the pathogenesis and consequences of pleurisy, pneumothorax, pneumoconiosis, carcinoma of the lung.	C2
	Summarize the types and effects of chronic obstructive pulmonary diseases.	C2
	Summarize asthma and its effects on respiration.	C2
	Summarize three types of chronic obstructive pulmonary disease and the effects on respiration.	C2
	Summarize diseases of the esophagus.	C2
	Summarize the pathogenesis of the stomach.	C2
	Summarize disorders of the intestine and colon.	C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Summarize</i> potential causes of and pathological effects of colo-rectal carcinoma</p> <p><i>Summarize</i> the diseases of the liver, biliary tract, and pancreas.</p> <p><i>Summarize</i> potential causes and pathological effects of the various forms of hepatitis.</p> <p><i>Discuss</i> the effects of portal hypertension.</p> <p><i>Describe</i> cholecystitis and cholelithiasis.</p> <p><i>Describe</i> acute pancreatitis.</p> <p><i>Summarize</i> the pathogenesis of renal pathologies.</p> <p><i>Summarize</i> the causes of acute and chronic renal dysfunction and/or failure.</p> <p><i>Describe</i> nephritic syndrome.</p> <p><i>Define</i> glomerulonephritis.</p>	<p>C2</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

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Physiology**
Principles

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Nutritional Concepts

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the effects of
**Medicine and
Surgery**

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Characterize</i> renal complications of other diseases. <i>Summarize</i> pathogenesis of the endocrine system. <i>Summarize</i> disorders of each endocrine gland. <i>Summarize</i> adrenal gland disorders. <i>Differentiate</i> bacterial, viral, fungal and parasitic skin conditions and outline treatments, contraindications and precautions. <i>Recognize</i> skin neoplasms. <i>Identify</i> conditions and disorders of the hair follicles and sebaceous glands. <i>Identify</i> inflammatory reactions of the skin from drugs. <i>Identify</i> skin conditions caused by extrinsic factors. <i>Identify</i> different types of dermatitis.	C2 C2 C2 C1 C2 C1 C1 C1 C1 C1
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

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3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of the Concepts of General Pathology

b) Application of the Theories of Systemic Pathology

c) Application of the Fundamental Concepts of Orthopaedic Pathology

d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p>Describe disorders, conditions, infections and diseases of male and female reproductive systems.</p> <p>Describe treatments, contraindications and precautions relating to the male and female reproductive systems.</p> <p>Describe complications of pregnancy.</p> <p>Describe disorders, conditions, infections and carcinoma of the breast.</p> <p>Describe the major CNS diseases, infections, conditions and their complications.</p> <p>Discuss causes of injury to the CNS.</p> <p>Explain the effects of neoplasms on the brain.</p> <p>Recognize the neurological manifestations of stroke.</p> <p>Identify progressive, degenerative diseases of upper motor neuron lesions.</p> <p>Describe upper motor neuron disorders.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p> <p>C1</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of the Concepts of General Pathology

b) Application of the Theories of Systemic Pathology

c) Application of the Fundamental Concepts of Orthopaedic Pathology

d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Summarize potential triggers and safety guidelines related to CNS disorders.	C2
	Characterize the effects and clinical presentation of lesions affecting CNS function.	C2
	Differentiate between intracranial and extracranial.	C2
	Characterize the effects and clinical presentation of lower motor neuron lesions.	C2
	Describe Wallerian degeneration.	C2
	Discuss the major diseases, infections and conditions of the PNS and their complications.	C2
	Describe lower motor neuron disorders.	C1
	Summarize potential triggers and safety guidelines related to PNS disorders.	C2
SKILLS	Characterize the effects and clinical presentation of lesions affecting PNS function.	C2
	Observe potential triggers and follow safety guidelines related to PNS disorders.	P2
	Recognize contraindications and precautions for major skin disorders when formulating treatments.	P1
	Recognize contraindications and precautions for major reproductive conditions and disorders when determining available treatments.	P1
ATTITUDES	Observe potential triggers and follow safety guidelines related to CNS disorders.	P2

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

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- b) Application of the Theories of Systemic Pathology

- c) Application of the Fundamental Concepts of Orthopaedic Pathology
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Discuss</i> congenital orthopaedic abnormalities, disorders diseases and their affect on the spinal cord.</p> <p><i>Characterize</i> pediatric orthopaedic pathology.</p> <p><i>Characterize</i> pediatric fractures and pathologies.</p> <p><i>Distinguish</i> between primary and secondary synovial inflammation.</p> <p><i>Summarize</i> the clinical presentation of pathologies associated with synovial structures.</p> <p><i>Characterize</i> effects of inflammation of fascial membranes.</p> <p><i>Summarize</i> chronic pain syndromes of fascial membranes.</p> <p><i>Summarize</i> inflammatory myopathies.</p> <p><i>Summarize</i> myotonic myopathies.</p> <p><i>Summarize</i> degenerative myopathies.</p>	<p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of the Concepts of General Pathology
- b) Application of the Theories of Systemic Pathology

- c) **Application of the Fundamental Concepts of Orthopaedic Pathology**
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Summarize</i> types of muscular dystrophies. <i>Summarize</i> the pathologies and injuries of tendons and their effects on tendon function. <i>Summarize</i> skeletal muscle traumas. <i>Discuss</i> protective and intrinsic muscle spasms. <i>Summarize</i> the diseases of skeletal muscles. <i>Discuss</i> biomechanics and clinical relevance of connective tissue healing. <i>Classify</i> bone fractures based on type, completeness, nature of fracture fragment and fracture line. <i>Summarize</i> the stages of bone healing and the factors that affect bone healing.	C2 C2 C2 C2 C2 C2 C2 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

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6. Consideration of the effects of **Medicine and Surgery**

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- a) Application of the Concepts of General Pathology
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- c) **Application of the Fundamental Concepts of Orthopaedic Pathology**
d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe bone dysplasia in the adult.	C1
	Discuss causes and clinical manifestations of changes in bone density.	C2
	Identify primary and secondary bone tumors and benign and malignant bone tumours.	C1
	Differentiate between acute and chronic osteomyelitis.	C2
	Identify post-traumatic, idiopathic, and secondary bone necrosis.	C1
	Discuss traumas to the joint and their effects on joint function.	C2
	Explain degenerative synovial pathologies and how they affect joint structure and function.	C2
	Describe arthritides.	C2
	Summarize infective pathologies of the joint.	C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

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ENABLING COMPETENCIES

- a) Application of the Concepts of General Pathology
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- c) **Application of the Fundamental Concepts of Orthopaedic Pathology**
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Identify effects of growth disorders, metabolic and degenerative disorders of the spine.	C1
	Differentiate among musculo-skeletal pathologies of the spine.	C2
	Contrast abnormalities of spinal alignment and their effects on spine function.	C2
	Discuss acquired pathologies of the spine that affect lumbar function.	C2
	Summarize trauma and damage to bone and soft tissue that effect lumbar function.	C2
	Characterize the effects of degenerative/inflammatory arthritis on the SI joint.	C2
	Describe the effects of joint trauma to the pelvic girdle.	C1
	Summarize the manifestations and functional effects of abnormal kinematics of the spine, including both general abnormalities and abnormalities of vertebral segments.	C2
SKILLS	Explain the functional effects of spinal trauma.	C2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of the Concepts of General Pathology
- b) Application of the Theories of Systemic Pathology

- c) Application of the Fundamental Concepts of Orthopaedic Pathology
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Summarize conditions, deformities, injuries, diseases and pathologies in the hip/lower extremities and describe their effects on function. <i>Summarize</i> abnormalities of alignment in the lower limb and describe their effects on lower limb function. <i>Summarize</i> abnormalities of alignment in the foot and describe their effects on the function of the foot and lower limb. <i>Characterize</i> the pathologies of the muscles of the lower limb and their effects on function. <i>Explain</i> the functional effects of tendon ruptures and tendonitis/tenosynovitis in the lower extremity.	C2 C2 C2 C2 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of
the effects of
**Medicine and
Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of the Concepts of General Pathology
- b) Application of the Theories of Systemic Pathology

- c) **Application of the Fundamental Concepts of Orthopaedic Pathology**
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Characterize</i> the effects and clinical presentations of vascular and neurogenic intermittent claudication, compression/tension neuropathies and compartment syndromes.</p> <p><i>Summarize</i> potential risk factors and safety guidelines related to intermittent claudication, compression/tension neuropathies and compartment syndromes.</p> <p>Summarize conditions, deformities, injuries, diseases and pathologies in the shoulder/upper extremities and describe their effects on function.</p> <p><i>Summarize</i> abnormalities of alignment in the upper extremities and describe their effects on function.</p> <p><i>Characterize</i> effects and clinical presentations of compartment syndromes, compression/tension neuropathies and thoracic outlet syndrome.</p>	<p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of the Concepts of General Pathology
- b) Application of the Theories of Systemic Pathology

- c) Application of the Fundamental Concepts of Orthopaedic Pathology
- d) Recognition of Theories of Psychopathologies

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe mood, anxiety, dementia and various psychopathologies. List contraindications and precautions to treatment of clients with mood, anxiety, dementia and various psychopathologies. Describe seizure disorders and list contraindications and precautions to treatment of client with seizure disorders.	C2 C2 C2
SKILLS	<i>Recognize</i> common clinical presentations of clients with mood, anxiety, dementia and various psychopathologies. Identify common clinical presentations of clients with seizure disorders.	P2 P2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) **Application of General Principles of Kinesiology**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

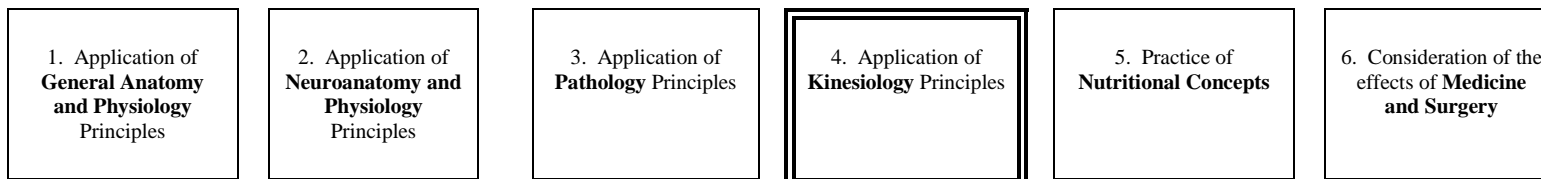
Proficiency Level

KNOWLEDGE	Describe the planes and movements of the body.	C2
	Describe human movement in terms of open and closed kinetic chains.	C1
	Summarize lever systems relative to kinetics, fulcrums, weights and torques.	C2
	Explain the principles of arthrokinematics.	C2
	Classify the types of muscle contractions.	C2
	Explain the principles of muscular interactions.	C2
	Relate length-tension relationships to active, passive and active resisted ROM.	C2
	Explain valgus and varus angles.	C2
	Identify types of grasps.	C1
	Summarize weight-bearing and non-weight-bearing phases of gait.	C2
SKILLS		
ATTITUDES		



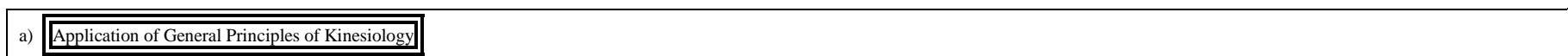
A Massage Therapist must display the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES



The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Explain</i> human movement and biomechanics, various types of exercise and their appropriate therapeutic uses. <i>Describe</i> the role of remedial exercise in massage treatment planning. Discuss the components of therapeutic exercise as they relate to treatments of specific conditions. <i>Describe</i> kinematics and kinetics. <i>Explain</i> muscle and joint biomechanics, motor units, recruitment, size principle, classification, tensions and contractions. <i>Describe</i> mechanical work, energy and power	C2 C1 C2 C1 C2 C1
SKILLS	Apply the principles of arthrokinematics. Apply the concepts of muscle contraction types. Apply the principles of muscular interactions. Apply the concepts of valgus and varus angles. Perform a gait analysis. Integrate remedial exercise into massage treatment plans.	P3 P3 P3 P3 P2 P2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- | | |
|---|--|
| a) Description of the Role of Macro nutrients | c) Description of the Role of Fibre |
| b) Description of the Role of Micro nutrients | d) Application of Integrative Nutritional Concepts |

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe basic structure and significance of carbohydrates in the body. <i>Identify</i> primary sources of carbohydrates in food. <i>Summarize</i> the disorders of carbohydrate metabolism. <i>Describe</i> basic nutrition terminology. <i>Identify</i> common allergies and sensitivities to foods. Describe basic structure and significance of proteins in the body. <i>Identify</i> primary sources of proteins in food.	C1 C1 C2 C1 C2 C1 C1
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- | | |
|--|--|
| a) Description of the Role of Macro nutrients | c) Description of the Role of Fibre |
| b) Description of the Role of Micro nutrients | d) Application of Integrative Nutritional Concepts |

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Summarize</i> the disorders of protein metabolism. Discuss the functions of protein in the body and the effects of protein deficiency. <i>Recall</i> Describe basic structure and significance of lipids. <i>Describe</i> the function of lipids and their interaction in the body. <i>Identify</i> primary sources of lipids in food. <i>Summarize</i> the disorders of lipid metabolism.	C2 C2 C1 C2 C1 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
General Anatomy
and Physiology
Principles

2. Application of
Neuroanatomy and
Physiology Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of Medicine
and Surgery

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Description of the Role of Macro Nutrients
b) Description of the Role of Micro nutrients

c) Description of the Role of Fibre
d) Application of Integrative Nutritional Concepts

The enabling competencies are demonstrated by the following		PERFORMANCE STATEMENTS	Proficiency Level
KNOWLEDGE	List major vitamins and describe their importance to body function. Identify primary sources of vitamins in food. Summarize the disorders of vitamin metabolism. List important minerals and describe their importance to body function. Identify primary sources of minerals in food. Summarize the disorders of mineral metabolism.		C1 C1 C2 C1 C1 C2
SKILLS			
ATTITUDES			

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of **General Anatomy and Physiology** Principles

2. Application of **Neuroanatomy and Physiology** Principles

3. Application of **Pathology** Principles

4. Application of **Kinesiology** Principles

5. Practice of **Nutritional Concepts**

6. Consideration of the effects of **Medicine and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Description of the Role of Macro Nutrients

b) **Description of the Role of Micro nutrients**

c) Description of the Role of Fibre

d) Application of Integrative Nutritional Concepts

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	Describe basic structure and significance of water. Discuss the function of water and its interactions in the body. Summarize disorders of water metabolism.	C1 C2 C2
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Description of the Role of Macro Nutrients
- b) Description of the Role of Micro nutrients

- c) Description of the Role of Fibre
- d) Application of Integrative Nutritional Concepts

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Identify</i> the significance of fibre in our diet and describe its importance to body function</p> <p><i>Identify</i> primary sources of fibre in food.</p> <p><i>Summarize</i> disorders of fibre metabolism.</p>	<p>C1</p> <p>C1</p> <p>C2</p>
SKILLS		
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology**
Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Description of the Role of Macro Nutrients
- b) Description of the Role of Micro nutrients

- c) Description of the Role of Fibre
- d) **Application of Integrative Nutritional Concepts**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	Identify nutrients and non-nutrients in food and describe their effects to body function.	C1
	Describe social and cultural meanings attached to food.	C1
	Identify basic wellness and issues related to nutrition.	C1
	Identify pros, cons, and uses of popular diets.	C2
	Describe common eating disorders and strategies for coping with eating disorders.	C2
	Describe problems of over nutrition.	C1
	Identify the importance of nutritional requirements at various stages of the life cycle.	C1
	Summarize effects of food processing, refining, enriching, fortification and engineering on nutrition.	C2
SKILLS	Explain nutritional information on food packaging and its implications.	C2
	Use basic nutrition terminology.	P2
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional Development

Clinical Science

A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of
**General Anatomy
and Physiology**
Principles

2. Application of
**Neuroanatomy and
Physiology** Principles

3. Application of
Pathology Principles

4. Application of
Kinesiology Principles

5. Practice of
Nutritional Concepts

6. Consideration of the
effects of **Medicine
and Surgery**

These core competencies are defined by the following

ENABLING COMPETENCIES

- Utilization of the General Principles of Pharmacology
- Determination of Appropriate Surgical Considerations in Massage Therapy Practice

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify classes of pharmaceutical and alternative medications, their uses and effects.</p> <p>Discuss the importance for careful history taking related to all medications.</p> <p>Explain the importance of contraindications and precautions of pharmaceutical and alternative medication usage as they relate to the practice of massage therapy.</p> <p>Identify appropriate pharmaceutical and alternative references.</p>	<p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p>
SKILLS	<p>Use appropriate reference materials in clinical practice.</p>	<p>P1</p>
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must display the following

CORE COMPETENCIES

1. Application of General Anatomy and Physiology Principles	2. Application of Neuroanatomy and Physiology Principles	3. Application of Pathology Principles	4. Application of Kinesiology Principles	5. Practice of Nutritional Concepts	6. Consideration of the effects of Medicine and Surgery
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Utilization of the General Principles of Pharmacology
b) Determination of Appropriate Surgical Considerations in Massage Therapy Practice

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> surgical procedures and their possible consequences and implications for treatment as they relate to massage therapy. <i>Determine</i> the contraindications and/or precautions with respect to surgeries as they relate to massage therapy. <i>Identify</i> mental, physical and emotional implications of surgical procedures both pre and post operative.	C1 C3 C1
SKILLS		
ATTITUDES		

Competency Structure

Competency Category

Professional Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Development of **Self Care and Management** techniques.

2. Development of effective **Communication Skills**.

3. Adherence to **Legal Requirements** of the Massage Therapy profession.

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Personalization of Well-being Practices for Massage Therapists
- b) Performance of Self-Assessment and Disclosures

- a) Acceptance of responsibility for Professional Communication
- b) Conformance to Intra-Professional and Inter-Professional Communication methods and standards
- c) Use of Conflict Resolution and Problem Solving Techniques

- a) Compliance with Legislation
- b) Conformance to Common Law
- c) Participation in Quality Assurance Program

Competency Structure

Competency Category

Professional Development

Clinical Science

A Massage Therapist must demonstrate the following

4. Development of a philosophy of **Professional Ethics and Conduct.**

5. Development of sound **Business and Management Skills.**

CORE COMPETENCIES

6. Assessment of Research & Professional Literature & Development of **Critical Thinking.**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Establishment of Professional Client Relations.
- b) Formation of Sound Judgements about Therapeutic vs. Non-therapeutic Boundary and Trust issues.
- c) Formation of Sound Judgements about Sexual Impropriety, Boundary and Trust issues.

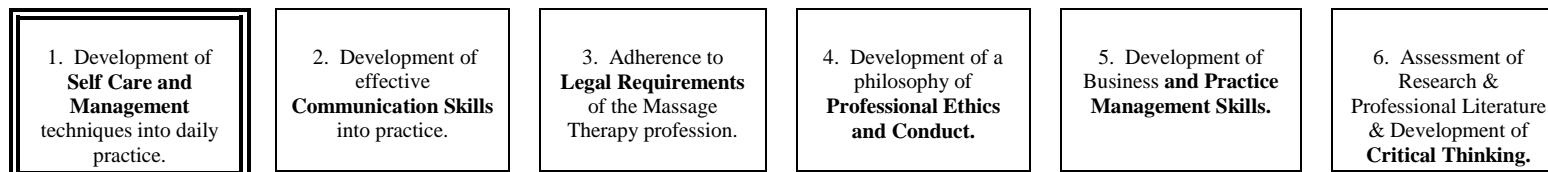
- a) Application of Accepted Business Management Concepts.
- b) Establishment of External Business Relationships.
- c) Development of Adequate Documentation and Record Keeping.

- a) Interpretation of research and other professional literature.
- b) Application of Basic Concepts of Critical Thinking.



A Massage Therapist must demonstrate the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

a)	Personalization of Well-being Practices for Massage Therapists
b)	Performance of Self-assessment and Disclosures

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Relate</i> physical fitness and lifestyle habits to their affect on individual well-being and a person's ability to practice both mentally and physically. <i>Distinguish</i> between biomechanics that are beneficial or could hinder performance as a Massage Therapist. <i>Recognize</i> stress factors in massage therapy practice. <i>Recognize</i> signs of personal burn out.	C3 C2 C1 C1
SKILLS	<i>Practice</i> biomechanics beneficial to minimize the potential for injury in performance as a Massage Therapist. <i>Employ</i> personal care and lifestyle strategies that minimize potential for injury and professional burnout. <i>Employ</i> personal strategies to diffuse stress.	P2 P2 P2
ATTITUDES	<i>Establish</i> a belief system that ensures professional behaviour and self-monitors for inconsistencies and growth needs. <i>Adhere</i> to a lifestyle that is supportive of the demands of Massage Therapy practice. <i>Is attentive to</i> self-expressions of stress and burnout.	V3 V2 V1

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Development of Self Care and Management techniques into daily practice.	2. Development of effective Communication Skills into practice.	3. Adherence to Legal Requirements of the Massage Therapy profession.	4. Development of a philosophy of Professional Ethics and Conduct.	5. Development of Business and Practice Management Skills.	6. Assessment of Research & Professional Literature & Development of Critical Thinking.
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) <u>Personalization of Well-being Practices for Massage Therapists</u>
b) <u>Performance of Self-assessment and Disclosures</u>

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Recognize</i> concepts of self-awareness, self-expression, and self-evaluation. <i>Identify</i> tools and techniques to increase self-awareness, self-expression, and self-evaluation.	C1 C1
SKILLS	<i>Employ</i> strategies and tools to develop self-awareness, self-expression and self-evaluation.	P2
ATTITUDES	<i>Is attentive to</i> personal, physical, emotional, and knowledge based strengths and weaknesses. <i>Compare</i> personal strengths and weaknesses to the standards required for professional practice. <i>Adopt</i> a personal value system congruent with continual self-assessment and disclosure.	V1 V2 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

1. Development of Self Care and Management techniques into daily practice.	2. Development of effective Communication Skills into practice.	3. Adherence to Legal Requirements of the Massage Therapy profession.	4. Development of a philosophy of Professional Ethics and Conduct.	5. Development of Business and Practice Management Skills.	6. Assessment of Research & Professional Literature & Development of Critical Thinking.
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CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Acceptance of Responsibility for Professional Communication	c) Use of Conflict Resolution and Problem Solving Techniques
b) Conformance to Intra-Professional and Inter-Professional Communication methods and standards	

The enabling competencies are demonstrated by the following

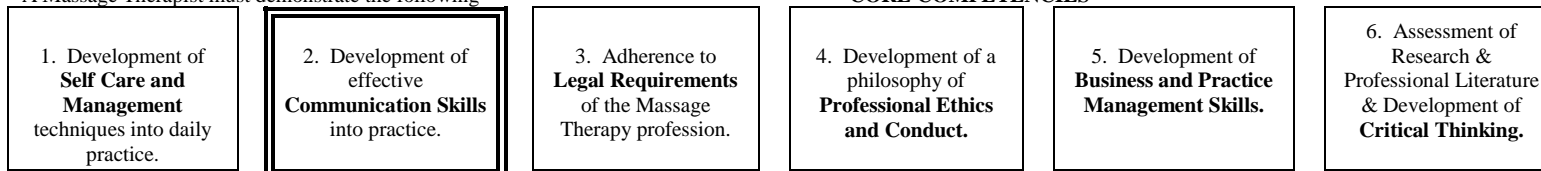
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Determine</i> the requirements for accurate medical records, reports and inter-professional communication in accordance with general health care practices and college requirements. <i>Recall</i> fundamental concepts of professional presentations. <i>Adapt</i> various communication models and strategies necessary for effective communication with clients and other professionals. <i>Determine</i> requirements necessary to accurately complete insurance and other relevant forms. <i>Recall</i> community resources in order to educate the public as to the benefits of massage therapy and to conduct promotions. <i>Recall</i> community resources in order to educate other health care professionals as to the benefits of massage therapy, and to conduct promotions.	C3 C1 C3 C3 C1 C1
SKILLS	<i>Employ</i> varied communication models and strategies to achieve respectful and productive interactions with individuals and /or groups. <i>Use</i> language that is suitable to each person's understanding and background. <i>Engage</i> in dialogue with clients regarding case findings and suggested approaches to the client's condition and needs. <i>Demonstrate</i> active listening skills, appropriate body language, suitable assertion skills, and proper use of "I" statement. <i>Communicate</i> role of massage therapy to client. <i>Communicate</i> fees and payment policies to client and obtain agreement for a fee schedule. <i>Obtain</i> client consent for assessment and treatment. <i>Explain</i> findings to promote understanding of the case and the Massage Therapist's approach to the case. <i>Provide</i> to client prior to treatment, during and post-treatment, clear and explicit instructions.	P2 P2 P2 P2 P2 P2 P2 P2
ATTITUDES	<i>Assume</i> responsibility for ensuring professional language is appropriate to the person and situation. <i>Believe</i> in portraying professional image through professional communication, deportment and grooming.	V3 V2



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

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ENABLING COMPETENCIES

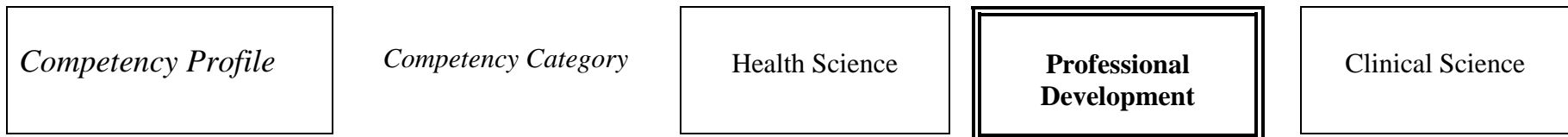
a) Acceptance of Responsibility for Professional Communication	c) Use of Conflict Resolution and Problem Solving Techniques
b) Conformance to Intra-Professional and Inter-Professional Communication methods and standards	

The enabling competencies are demonstrated by the following

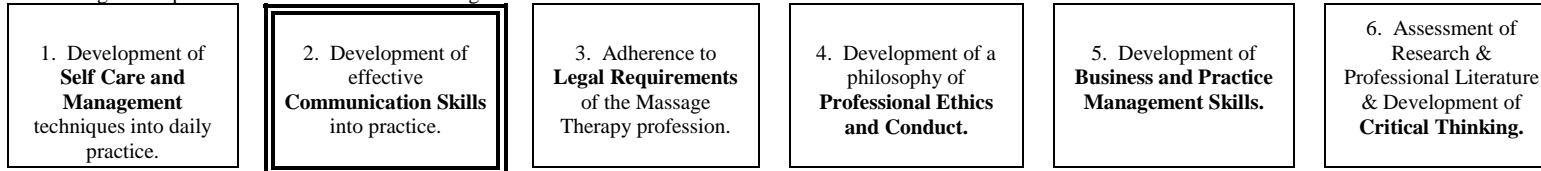
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE		
SKILLS	<i>Use</i> efficient written and verbal skills essential for effective professional communication. <i>Prepare</i> effective medical and legal reports. <i>Produce</i> professionally written treatment plans as required. <i>Prepare</i> insurance claims required by setting in which the Massage Therapist practices. <i>Negotiate</i> own professional fees. <i>Interact</i> with community resources to educate the public as to the benefits of massage therapy. <i>Create</i> professional working relationships to promote learning and growth opportunities.	P1 P1 P1 P1 P2 P2 P3
ATTITUDES		



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

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ENABLING COMPETENCIES



The enabling competencies are demonstrated by the following

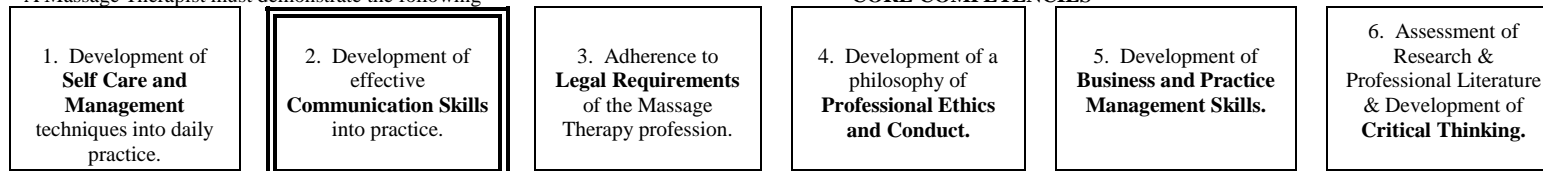
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> professional groups relevant for registered massage therapists. <i>Identify</i> factors that contribute to effective group dynamics. <i>Recognize</i> appropriate consultation methods when working with other health care professionals and outline effective protocols for referrals. <i>Recall</i> benefits of networking with other Massage Therapists through formal and informal channels.	C1 C1 C2 C1
SKILLS	<i>Apply</i> factors that contribute to effective group dynamics within the health care environment. <i>Consult</i> as appropriate with other health care providers. <i>Employ</i> protocols when making and receiving referrals.	P2 P1 P1
ATTITUDES	<i>Be willing</i> to establish open, productive relationships and communications with other professionals. <i>Associate</i> with other healthcare professionals through networking in order to create opportunities for learning and growth.	V2 V3



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

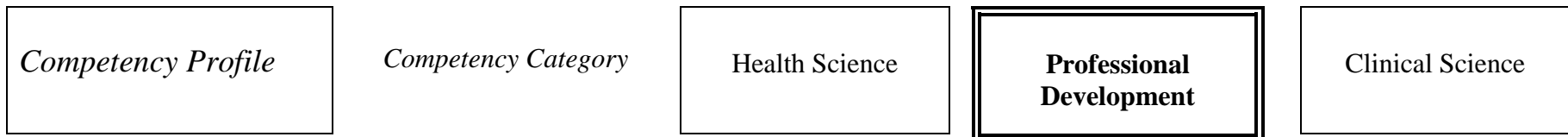
a) Acceptance of responsibility for Professional Communication	c) Use of Conflict Resolution and Problem Solving Techniques
b) Conformance to Intra-Professional and Inter-Professional Communication methods and standards	

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

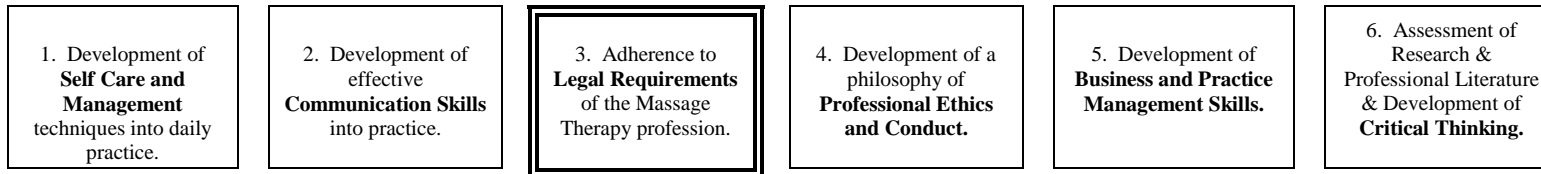
Proficiency Level

KNOWLEDGE	<i>Identify</i> effective problem-solving and conflict resolution approaches. <i>Identify</i> factors that may draw you into conflict with others. <i>Determine</i> when it is appropriate to have a 3 rd party resolve a conflict. <i>Identify</i> resources available to help resolve conflicts.	C1 C1 C3 C1
SKILLS	<i>Employ</i> effective problem-solving and conflict resolution strategies in a variety of settings. <i>Employ</i> third parties when required to resolve conflicts. <i>Identify</i> appropriate outside community resources.	P2 P2 P1
ATTITUDES	<i>Show</i> interest in constructively resolving conflicts with others. <i>Associate</i> with other healthcare professionals through networking in order to create opportunities for learning and growth.	V1 V3



A Massage Therapist must demonstrate the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

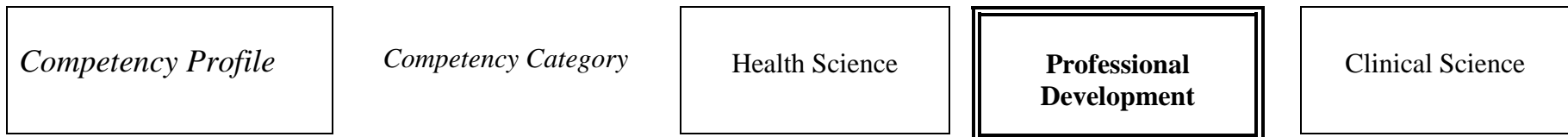
a) Compliance with Legislation	c) Participation in Quality Assurance Program
b) Conformance to Common Law	

The enabling competencies are demonstrated by the following

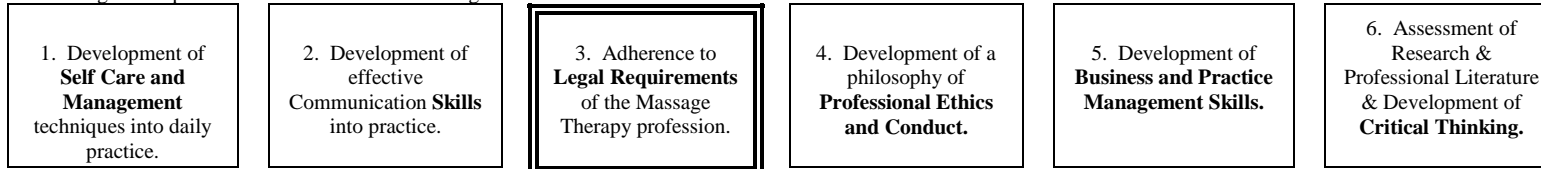
PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> the requirements for registration with the college. <i>Recall</i> the rules, regulations and statutes that govern registrants in the Province. <i>Recognize</i> the legislative objectives and purposes of the College. <i>Recall</i> all aspects of the Regulated Health Professions Act (RHPA), Health Care Consent Act (HCCA), Massage Therapy Act (MTA), and other legislation, rules, regulations and statutes. <i>Cite</i> By-Laws, Regulations, Standards of Practice, Code of Ethics, Registration requirements, Complaints and Discipline procedures, Quality Assurance as a measure of continuing competency to practice and continuous quality improvement and Fitness to Practice and Right of Investigation. <i>Characterize</i> the role of the Council of the College of Massage Therapists of Ontario in its mandate to govern massage therapists. <i>Differentiate</i> between the Regulatory mandate (to protect the public) of the College and the professional, promotional mandate of the Ontario Massage Therapist Association. (OMTA) <i>Interpret</i> the Code of Ethics. <i>Recall</i> of legal requirements for duration of client health files. <i>Extrapolate</i> rules and regulations under standards of practice regarding promotion and advertising.	C1 C1 C1 C1 C1 C1 C3 C3 C1 C2
SKILLS	<i>Practice</i> massage therapy in accordance with the Regulated Health Professions Act (RHPA), Health Care Consent Act (HCCA), Massage Therapy Act (MTA), and other legislation, rules, regulations and statutes.	P2
ATTITUDES	<i>Accept</i> responsibility for conforming to all governing legislation and Code of Ethics in a manner compatible with good Massage practice.	V3



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Compliance with Legislation	c) Participation in Quality Assurance Program
b) Conformance to Common Law	

The enabling competencies are demonstrated by the following

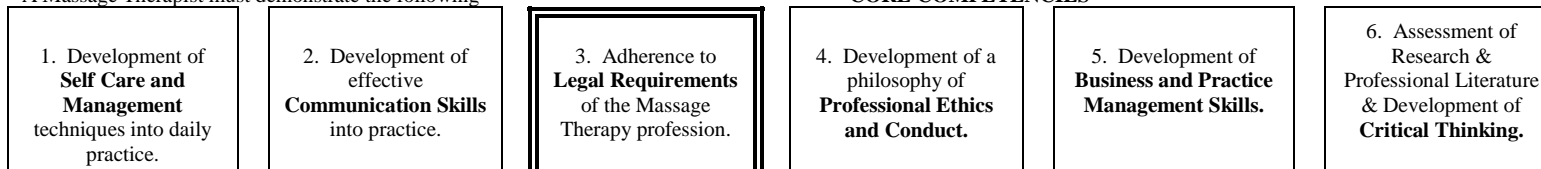
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify the general common law principles that apply to the practice of massage therapy.</i> <i>Determine circumstances where therapists may be ethically and legally obligated to disclose confidential client information.</i> <i>Distinguish appropriate boundaries to treatment as defined within the scope of practice and liabilities if bounds are exceeded.</i> <i>Recall the legal requirement to report suspected child abuse.</i>	C1 C3 C3 C2
SKILLS	<i>Practice in a manner that is consistent with common law.</i> <i>Employ techniques in a manner as to not incur liability.</i> <i>Report child abuse to appropriate authorities.</i>	P3 P3 P1
ATTITUDES	<i>Adhere to requirements set out in the Standards of Practice, Massage Therapy Act, the Regulated Health Professions Act, and Health Care Consent Act.</i> <i>Conform to the policies and guidelines of the College.</i> <i>Assist in the safety of children by reporting child abuse.</i>	V1 V2 V2



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Compliance with Legislation	c) Participation in Quality Assurance Program
b) Conformance to Common Law	

The enabling competencies are demonstrated by the following

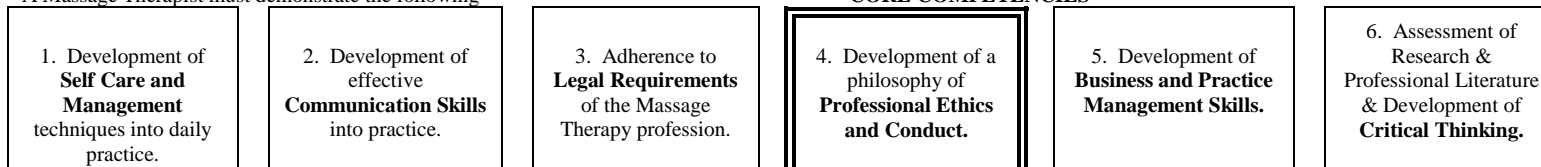
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Recognize</i> the requirements of the quality assurance program.</p> <p><i>Recall</i> peer assessment and review process as it applies to different settings and categories.</p> <p><i>Outline</i> the components and requirements of a professional portfolio that captures all the components and requirements as defined in the Massage Therapy Quality Assurance Program.</p>	<p>C1</p> <p>C1</p> <p>C1</p>
SKILLS	<p><i>Maintain</i> professional currency by participation in professional opportunities and continuous education programs.</p> <p><i>Maintain</i> a professional portfolio.</p> <p><i>Successfully</i> participate in peer assessment and review process.</p> <p><i>Use</i> the peer assessment and review process as a means for professional growth.</p>	<p>P2</p> <p>P2</p> <p>P1</p> <p>P1</p>
ATTITUDES	<p><i>Subscribe</i> to the importance of continuing education and professional development and encourage others to participate.</p>	<p>V3</p>



A Massage Therapist must demonstrate the following



These core competencies are defined by the following

ENABLING COMPETENCIES

a) Establishment of professional client relations .	c) Formation of sound judgements about sexual impropriety boundary and trust issues.
b) Formation of sound judgements about therapeutic vs. non-therapeutic boundary and trust issues.	

The enabling competencies are demonstrated by the following

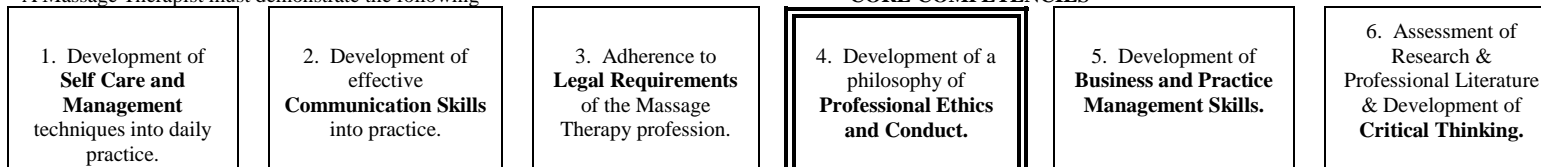
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Recognize</i> ethical issues encountered in the role of therapist, the role of entrepreneur and the potential conflicts between them. <i>Distinguish</i> between legal and ethical responsibilities. <i>Calculate</i> legal and ethical considerations regarding: consent and a client's right to refusal, therapist's right to regulate case load vs. rights of client to non-discrimination, conflict of interest, Standards of Practice, misconducts, tips and gratuities. <i>Recognize</i> false or unrealistic claims about the benefits of massage, deceptive business practices or other conduct that may be unethical.	C1 C2 C3 C1
SKILLS	<i>Practice</i> massage therapy in a non-discriminatory manner. <i>Display</i> ethical conduct in conflicts of interest. <i>Inform</i> client about their choices and obtain consent.	P2 P3 P3
ATTITUDES	<i>Develop</i> a code of behaviour that is conducive to ethical and professional massage therapy practice. <i>Recognize</i> the worth of each individual, without discrimination on the basis of race, belief, socio-economic status, cultural background, age, gender, creed, sexual identity. <i>Adhere</i> to informed choice and consent requirements. <i>Subscribe</i> to the Massage Therapy Code of Ethics, Standard of Practice, R.H.P.A., M.T.A., Quality Assurance and Health Care Consent Act as a defining framework for clinical practice.	V4 V2 V1 V3



A Massage Therapist must demonstrate the following



These core competencies are defined by the following

ENABLING COMPETENCIES

a) Establishment of Professional Client Relations.	c) Formation of Sound Judgements about Sexual Impropriety Boundary and Trust Issues.
b) Formation of Sound Judgements about Therapeutic vs. Non-Therapeutic Boundary and Trust Issues .	

The enabling competencies are demonstrated by the following

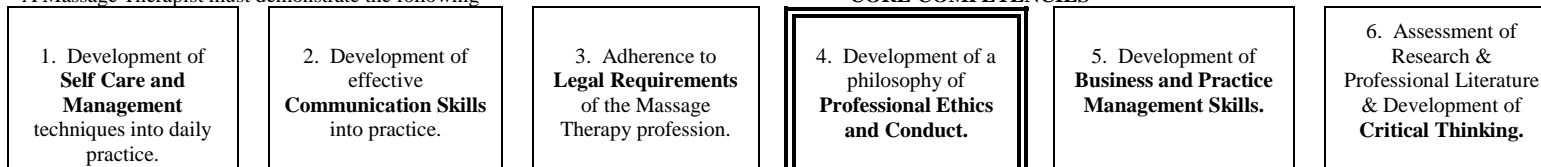
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Differentiate</i> factors contributing to therapeutic vs. non-therapeutic, appropriate vs. inappropriate massage environment and techniques. <i>Recall</i> concepts of transference and counter-transference with clients. <i>Identify</i> requirements for confidentiality. <i>Outline</i> the Therapeutic Relationship, the role, power differential, boundaries, privileged communication and confidentiality, therapist intent, client/therapist-hidden agendas, responding to emotions and appropriate/inappropriate presentation of clinical information. <i>Extrapolate</i> the implications of personal values and prejudices, touch, human sexuality, body image, cultural differences, and age prejudice in a therapeutic relationship including special cases.	C3 C1 C1 C1 C2
SKILLS	<i>Perform</i> draping procedures appropriately according to Standards of Practice. <i>Abide</i> by the Code of Ethics, RHPA, and other legislative standards. <i>Construct</i> a therapeutic and professional environment. <i>Employ</i> client-centered approaches to care. <i>Demonstrate</i> professionalism in respecting client's personal values, boundaries and personal space needs. <i>Initiate</i> suitable closure processes when either the client or the therapist identifies the need to terminate the relationship.	P2 P1 P3 P3 P3 P2
ATTITUDES	<i>Adhere</i> to setting appropriate boundaries and establishing suitable environments between therapist and interactions with clients. <i>Conform</i> to proper draping procedures for each client. <i>Adopt</i> a personal code of behaviour that supports clients' values, boundaries and personal needs.	V4 V2 V2



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Establishment of Professional Client Relations.	c) Formation of Sound Judgements about Sexual Impropriety Boundary and Trust Issues.
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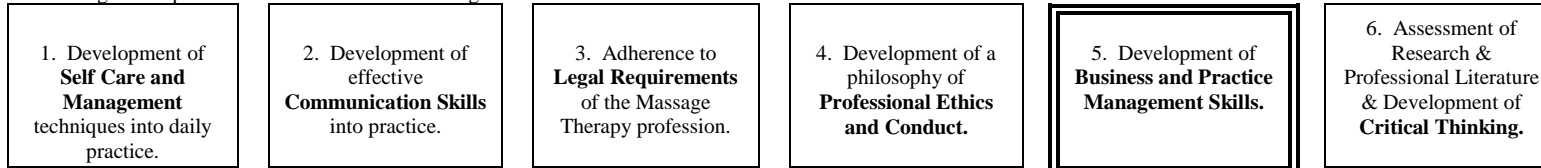
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p>Analyze issues related to sexual impropriety and abuse.</p> <p>Cite zero tolerance policy.</p> <p>Recognize behaviour that may be perceived as a sexual component in massage and potential for a sexual impropriety complaint.</p> <p>Discriminate requirements of reporting sexual impropriety and abuse of other professionals.</p> <p>Avoid abuse of the power differential between therapist and client that may lead to violation of trust.</p> <p>Discriminate the non-clinical factors to be considered before proceeding with breast massage treatment.</p> <p>Distinguish between sexual innuendos versus client attempts at humour and dialogue.</p>	<p>C4</p> <p>C1</p> <p>C2</p> <p>C4</p> <p>C3</p> <p>C4</p> <p>C4</p>
SKILLS	<p>Manage sexual advances according to zero tolerance policy.</p> <p>Demonstrate ethical behaviour in breast massage so that client feels comfortable.</p> <p>Respond professionally to sexual innuendo or client attempts at humour or dialogue.</p> <p>Report sexual impropriety and abuse of other professionals in accordance with zero tolerance policy.</p>	<p>P3</p> <p>P3</p> <p>P2</p> <p>P1</p>
ATTITUDES	<p>Establish a personal belief system that is congruent with professional ethics and conduct.</p> <p>Believe in the sanctity of a therapeutic relationship between a client and therapist.</p> <p>Assume responsibility for maintaining professional boundaries and observing a zero tolerance philosophy.</p> <p>Embrace a belief system that separates one's personal needs from the professional setting.</p>	<p>V4</p> <p>V3</p> <p>V3</p> <p>V1</p>



A Massage Therapist must demonstrate the following



These core competencies are defined by the following

ENABLING COMPETENCIES

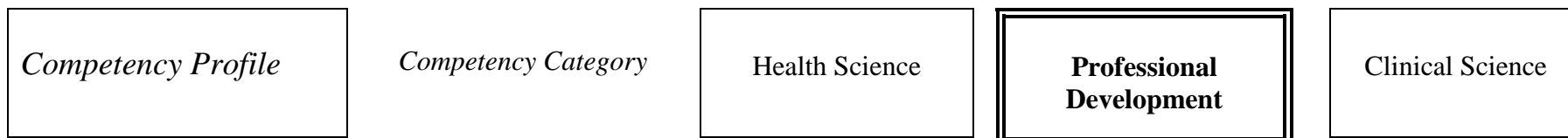
a) Application of Accepted Business Management Concepts	c) Development of Adequate Documentation and Record Keeping
b) Establishment of External Business Relationships	

The enabling competencies are demonstrated by the following

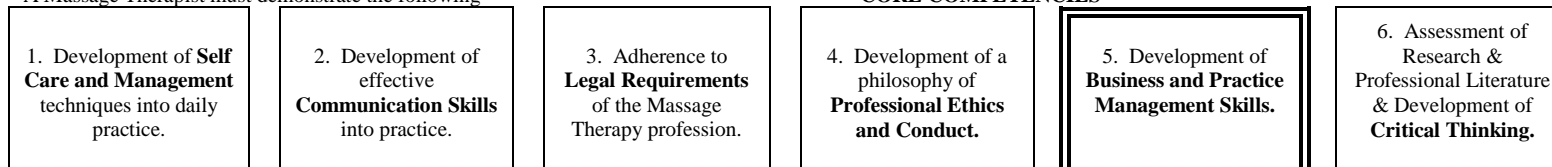
PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Recognize</i> the essential skills required of everyone in the modern workplace including time management, self-direction, collegiality, effective problem solving and the need to directly contribute to the profitability of the organization. <i>Ascertain</i> the basic concepts of business start-up including the common legal forms of companies; their advantages and disadvantages including liability, taxation; and the requirements for record keeping for each variation. <i>Outline</i> a complete business plan including local market research, marketing plan, profitability and profit projections, cash flow plans and projections, and human resource plans. <i>Identify</i> resources such as banks, lawyers, accountants and consultants whose services can assist the success of small business and develop strategies to utilize their services for maximum effect. <i>Identify</i> acceptable principles of accounting and bookkeeping to develop financial records, bank statements, cash flow analysis and other data, and review regularly to ensure proper money management and profitability. <i>Outline</i> all necessary federal, provincial and municipal deduction and reporting requirements for small business and the impacts they have for the entrepreneur. <i>Determine</i> a fee schedule or wage rate that maintains an acceptable profitability level.	C1 C3 C3 C2 C2 C1 C2
SKILLS	<i>Employ</i> time management, self-direction, collegiality and effective problem solving in order to be effective in the workplace and contribute to the profitability of the organization. <i>Follow</i> the acceptable guidelines and procedures for successful start-up upon the decision to start a business.	P2 P2
ATTITUDES	<i>Believe</i> that effective workers create opportunities for themselves and others. <i>Is convinced</i> that Massage Therapy provides valuable health care alternatives while creating profitable career opportunities.	V3 V3



A Massage Therapist must demonstrate the following



CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of Accepted Business Management Concepts	c) Development of Adequate Documentation and Record Keeping
b) Establishment of External Business Relationships	

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Recognize</i> the insurers, government agencies and all other parties with whom good working relationships are important to provide effective service for clients. <i>Select</i> the business, commercial groups and agencies that will help their organization promote and manage profitable operations. <i>Identify</i> the professional bodies that provide support and development, industry protection and public education.	C1 C1 C1
SKILLS	<i>Organize</i> policies and procedures that allow quick and efficient response to third parties on behalf of clients. <i>Interact</i> with community business and civic groups in a manner that allows promotion and management of effective operations. <i>Associate</i> with professional bodies that allow for professional growth.	P3 P3 P3
ATTITUDES	<i>Believes</i> that sound external business relationships benefit the client, business and the profession.	V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

1. Development of Self Care and Management techniques into daily practice.	2. Development of effective Communication Skills into practice.	3. Adherence to Legal Requirements of the Massage Therapy profession.	4. Development of a philosophy of Professional Ethics and Conduct.	5. Development of Business and Practice Management Skills.	6. Assessment of Research & Professional Literature & Development of Critical Thinking.
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CORE COMPETENCIES

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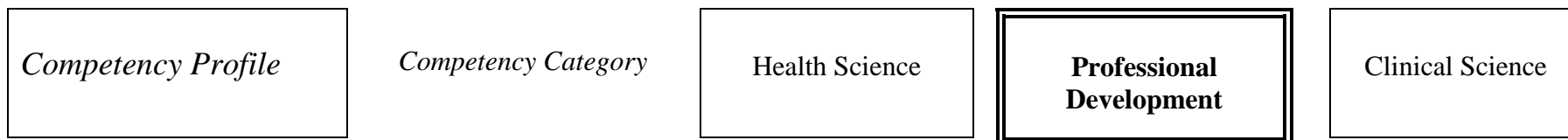
ENABLING COMPETENCIES

a) Application of Accepted Business Management Concepts	c) Development of Adequate Documentation and Record Keeping
b) Establishment of External Business Relationships	

The enabling competencies are demonstrated by the following

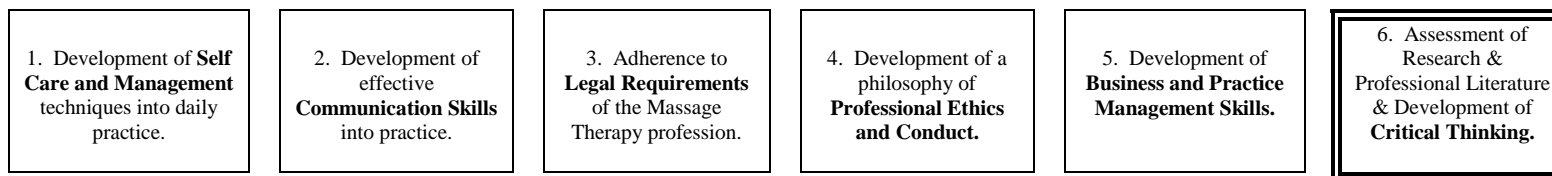
PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Determine</i> client information required to create adequate documentation and records. <i>Outline</i> a record keeping system that includes complete and accurate client files as well as appropriate business and financial records. <i>Determine</i> the release of client information in a systematic and appropriate manner to third parties.	C2 C1 C2
SKILLS	<i>Develop</i> internal systems that are capable of capturing current, complete and accurate client information and consent. <i>Maintain</i> detailed and accurate records appropriate to client and treatment. <i>Issue</i> medical/legal reports as appropriate to third parties.	P2 P1 P2
ATTITUDES	<i>Assume</i> responsibility for obtaining, maintaining, protecting and disseminating client and business information as appropriate.	V3



A Massage Therapist must demonstrate the following

CORE COMPETENCIES



These core competencies are defined by the following

ENABLING COMPETENCIES

a) Interpretation of research and other professional literature	b) Application of Basic Concepts of Critical Thinking.
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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Recognize</i> the scientific method. <i>Describe</i> the nature and value of experimental evidence. <i>Explain</i> the principles and characteristics of research design. <i>Identify</i> the principle elements of statistical analysis. <i>Differentiate</i> among characteristics, types, benefits and disadvantages of various research designs and analysis and their applicability to massage therapy.	C1 C1 C1 C1 C2
SKILLS	<i>Access</i> sources of current research studies, professional literature and other relevant resources available in massage therapy and related disciplines on an on-going basis. <i>Apply</i> accepted concepts, principles and methods for interpreting, evaluating and using findings, data and/or statistical information from research studies, professional journals and other relevant documents. <i>Use</i> applicable research and other professional findings and data in a manner that improves client care.	P1 P2 P3
ATTITUDES	<i>Believe</i> that research is essential to the continued development of massage therapy practice.	V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

1. Development of Self Care and Management techniques into daily practice.	2. Development of effective Communication Skills into practice.	3. Adherence to Legal Requirements of the Massage Therapy profession.	4. Development of a philosophy of Professional Ethics and Conduct.	5. Development of Business and Practice Management Skills.	6. Assessment of Research & Professional Literature & Development of Critical Thinking.
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CORE COMPETENCIES

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Interpretation of research and other professional literature	b) Application of Basic Concepts of Critical Thinking
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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Select</i> a critical thinking approach that maximizes conscious choices and decisions by: <ul style="list-style-type: none"> a) Determining sufficient and appropriate questions b) Evaluating answers and information in a logical manner c) Determining causes and possible consequences d) Generating potential alternatives e) Determining the most appropriate course of action f) Evaluating the decision for future consideration 	C3
SKILLS	<i>Apply</i> critical thinking techniques when reading professional reference material and research journals, participating in collegial discussions, professional development and clinical practice and management.	P2
ATTITUDES	<i>Believe</i> that critical thinking is essential to good massage therapy practice.	V3

Competency Structure

Competency Category

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic **Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Interpretation of the History and Contemporary use of Massage Therapy
- b) Analysis and Application of Various Massage Theories
- c) Practice of Appropriate Client Care
- d) Support of Public Health Practices

- a) Application of General Principles of Hydrotherapy, Cryotherapy and Heating Agents

- a) Application of General Principles of Therapeutic Exercises
- b) Application of ROM Exercises
- c) Application of Resistance/Strength Exercises
- d) Application of Cardiovascular Exercise
- e) Application of Static Control, Movement and Functional Rehabilitative Applications
- f) Designing of Exercise Programs

- a) Application of General Principles of Systemic Disorders
- b) Assessment of Systemic Dysfunction
- c) Assessment of Cardiovascular/Circulatory System
- d) Assessment of Respiratory Systems
- e) Assessment of Gastrointestinal Dysfunctions
- f) Assessment of Lymphatic Disorders
- g) Assessment of Reproductive and Gynecologic Conditions
- h) Assessment of Pediatric and Infant Conditions
- i) Assessment of Geriatric Conditions
- j) Assessment of Connective Tissue/Fascial Systems
- k) Assessment of Soft Tissue & Muscular Systems
- l) Assessment of Endocrine Systems
- m) Assessment of Immunological Systems
- n) Assessment of Oncology Disorders
- o) Assessment of Dermatological Conditions
- p) Assessment of Infectious Disease, Parasitic Disease, Poisoning, Venomous bites and Stings and Conditions

Competency Structure

Competency Category

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/ Peripheral Orthopaedic Treatments** into Client Care

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Assessment of the Nervous System
- b) Assessment of the Central Nervous System
- c) Assessment of the Peripheral Nervous System

- a) Assessment of General Orthopaedic Conditions
- b) Assessment of Skin and Connective Tissue Disorders
- c) Assessment of Muscle-tendon Disorders
- d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders
- e) Assessment of Bone and Periosteum
- f) Assessment of Orthopaedic Associated Disorders

- a) Assessment of Cervical Spine Conditions and Disorders
- b) Assessment of Thoracic Spine Conditions and Disorders
- c) Assessment of Lumbar Spine Conditions and Disorders
- d) Assessment of Pelvic Conditions and Disorders
- e) Assessment of Sacral Spinal Region
- f) Assessment of the Dural-Meningeal System

- a) Assessment of General Principles of Regional/Peripheral Orthopaedics
- b) Assessment of the Temporal-Mandibular Joint
- c) Assessment of the Shoulder
- d) Assessment of the Elbow
- e) Assessment of the Wrist and Hand
- f) Assessment of the Hip
- g) Assessment of the Knee
- h) Assessment of the Ankle and Foot

Competency Structure

Competency Category

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Application of General Principles of treatment of Athletic Injury
- b) Design of pre-event, post-event, interval, rehabilitation and maintenance massage techniques
- c) Selection of Athletic Injury/Disability Management Techniques and Treatments

- a) Application of General Principles of Manual Modalities and Techniques
- b) Selection and Application of Appropriate General Soft-Tissue Modalities - Massage
- c) Selection and Application of Appropriate General Soft-Tissue Modalities - Stretching
- d) Selection and Application of Appropriate Connective Tissue Motility and Mobilization Techniques
- e) Determination and Application of Appropriate Joint Mobilization Techniques and Methods
- f) Determination and Application of Appropriate Traction and Non-Specific Mobilization
- g) Determination of Appropriate Neuromuscular Techniques
- h) Determination of Appropriate Sensory Stimulus-Response Techniques
- i) Integration of Lymph Drainage Techniques
- j) Identification of Special Considerations for Breast Massage
- k) Determination of Other Special Considerations

- a) Selection of Pain Syndrome Management Techniques and Treatments
- b) Selection of Stress Syndrome Management Techniques and Treatments

- a) Selection of Case Management Principles and Methods
- b) Establishment of Case History and Interviewing Processes
- c) Verification of Physical Assessments
- d) Proposal of Treatment Plans
- e) Generation of Appropriate Reports and Records
- f) Establishment of Appropriate Referral Criteria

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Interpretation of the History and Contemporary use of Massage Therapy
b) Analysis and Application of Various Massage Theories

- c) Practice of appropriate Client Care
d) Support of Public Health Practices

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Levels

KNOWLEDGE	Describe the evolution, history and modern advances of: a) massage as a modality b) massage therapy as a profession c) massage therapy as a regulated profession in the province Interpret the scope of practice of massage therapy in the province.	C1
		C2
SKILLS	Apply the scope of practice of massage therapy in the province into clinical practice.	P1
ATTITUDES	Accept responsibility to support the philosophy and principles of massage therapy scope of practice	V2

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

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11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) **Interpretation of the History and Contemporary use of Massage Therapy**

c) Practice of appropriate Client Care

b) **Analysis and Application of Various Massage Theories**

d) Support of Public Health Practices

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Differentiate</i> the mechanical, reflex, physiological, psychological, psychoneuroimmunological, energetic, chemical effects of individual massage techniques and the mechanism of effects.</p> <p><i>Differentiate</i> among stroking, rocking or shaking, effleurage, petrissage, friction, vibration, tapotement, fascial, myo-fascial trigger points and their indications, contraindications, applications and uses.</p> <p><i>Outline</i> indications, contraindications and precautions for massage techniques.</p> <p><i>Outline</i> the four basic principles of massage application.</p>	<p>C1</p> <p>C2</p> <p>C2</p> <p>C1</p>
SKILLS	<p><i>Observe</i> the effects of massage techniques.</p> <p><i>Organize</i> clinical practice according to accepted models of client care.</p> <p><i>Practice</i> according to accepted models of client care.</p> <p><i>Optimize</i> basic massage techniques within client care.</p> <p><i>Apply</i> the four basic principles of massage application within the comfort levels of the client.</p>	<p>P1</p> <p>P1</p> <p>P2</p>
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

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These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Interpretation of the History and Contemporary use of Massage Therapy
b) Assessment and Application of Various Massage Theories

- c) **Practice of Appropriate Client Care**
d) Support of Public Health Practices

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Distinguish</i> client needs:	a) in a broad scope of general health determinants b) in relation to massage therapy	C2
	<i>Construct</i> a model of client care which:	a) maintains adequate professional client boundaries b) communicates prior to, during, and post-manual contact c) practices basic safety including hygiene and sanitation in accordance with guidelines for hand washing and hospital environmental control 1985 d) practices basic safety, hygiene and sanitation including observation of allergic reaction to creams and lotions, physical handling, support and transfers e) informs the client and obtains consent	C2 C1
	<i>Recognize</i> appropriate client-therapist relations.		
SKILLS	<i>Demonstrate</i> respect for the whole person in treatment. <i>Create</i> a safe and appropriate physical environment for treatment. <i>Communicate</i> to client the process for dressing/undressing, positioning and covering and getting on/off the table. <i>Maintain</i> client comfort prior, during and after treatment by:	a) assisting as needed with dressing and undressing. b) using appropriate draping techniques c) assisting client as needed with positioning and getting on/off table.	P1 P2
	<i>Believe</i> in providing an empathetic environment. <i>Behave</i> in a manner that inspires trust and confidence in the client. <i>Establish</i> a belief system that ensures optimal client care. <i>Accept</i> responsibility to establish trust and confidence in the client relationship.		V3 V2 V4

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Interpretation of the History and Contemporary use of Massage Therapy	c) Practice of appropriate Client Care
b) Analysis and Application of Various Massage Theories	d) Support of Public Health Practices

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Define</i> public health and explain its role in prevention of disease. <i>Outline</i> personal and clinical hygiene, and sanitation concepts and guidelines. <i>Describe</i> sterilization and prophylactic disinfection methods used pertaining to massage therapy, as they relate to universal blood and body precautions. <i>Describe</i> the role of public health inspectors. <i>Recall</i> diseases that are to be reported to the Local Medical Officer of Health in Ontario Regulation 559/91 under the Health Protection and promotion Act, 1983. <i>Cite</i> major communicable disease and describe the mechanisms of their transmission. <i>Recognize</i> common vaccines and immunizations. <i>Describe</i> common conditions and diseases caused by bacterial infection, viral, protozoal, fungal, and parasitic organisms. <i>Indicate</i> relevance of lifestyle, occupational, environmental health, and epidemiology issues. <i>Identify</i> community support, mental health, community medicine, health care and social service delivery organizations.	C2 C1 C1 C1 C1 C1 C1 C1 C1 C1
SKILLS	<i>Use</i> protective barriers during treatment as indicated by client condition or treatment type and in accordance with "Preventing the transmission of Bloodborne Pathogens in Health Care and Public Service Settings ISSN 1188-44169".	P1
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

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8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Hydrotherapy, Cryotherapy and Heating Agents

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify physiologically sound principles of hydrotherapy, cryotherapy and heating agents in treatment planning and design for the most safe and therapeutically effective response to client needs.</p> <p>Select appropriate hydrotherapy, cryotherapy and heating agent techniques effective to optimize tissue and body systemic functions.</p> <p>Identify the principles of application of hydrotherapy, cryotherapy, and heating agents.</p> <p>Identify general contraindications to client treatment.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p>
SKILLS	<p>Practice anatomically and physiologically based principles of hydrotherapy, cryotherapy and heating agent techniques including indications, contraindications, precautions, uses and potential effects.</p> <p>Select appropriate hydrotherapy, cryotherapy and heating agent techniques effective to optimize tissue and body systemic functions.</p> <p>Adapt biomechanical skills necessary for the safe and effective performance of hydrotherapy, cryotherapy and heating agent techniques.</p> <p>Match treatment to the variables present in client indications.</p>	<p>P3</p> <p>P2</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Believe in the value of therapeutic effects of hydrotherapy application.</p>	<p>P3</p>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises	c) Application of Resistance/Strength Exercises	e) Determination of Static Control, Movement and Functional Rehabilitative Applications
b) Application of ROM Exercise	d) Application of Cardiovascular Exercise	f) Development of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	Interpret the general principles of anatomy, physiology, kinesiology and pathology as they apply to therapeutic exercises and observe contraindications, precautions, uses and effects in their application.	C2
	Determine appropriate therapeutic exercises to optimize tissue and body systemic functions.	C3
	Identify the principles of proper application of therapeutic exercise.	C1
SKILLS	Adapt the knowledge of anatomy, physiology, kinesiology and pathology in the application of therapeutic exercise including contraindications, precautions, uses and potential effects to client needs.	P3
	Organize effective and safe exercises and instruct clients in their proper use.	P2
	Adapt biomechanical skills necessary for safe and effective use of therapeutic exercises.	P3
ATTITUDES	Believe in the benefits of therapeutic exercise.	V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises	c) Application of Resistance/Strength Exercises	e) Determination of Static Control, Movement and Functional Rehabilitative Applications
b) Application of ROM Exercise	d) Application of Cardiovascular Exercise	f) Development of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Outline</i> assessment methods effective in determining the suitability of ROM exercise in client care, including use of joint assessment procedures and measurement. <i>Identify</i> indications, contraindications, and precautions to ROM exercise for the purpose of ensuring safe and effective client care. <i>Select</i> appropriate ROM exercises to optimize ROM. <i>Identify</i> principles of proper application of ROM exercises.	C1 C1 C1 C1
SKILLS	<i>Combine</i> assessment methods effective in determining the suitability of ROM exercise in client care, including use of joint assessment procedures and measurement. <i>Observe</i> indications, contraindications, and precautions of ROM exercise to the purpose of ensuring safe and effective client care. <i>Adapt</i> techniques that will maintain and/or increase joint ROM and function.	P2 P2 P3
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises

c) **Application of Resistance/Strength Exercises**

e) Determination of Static Control, Movement and Functional Rehabilitative Applications

b) Application of ROM Exercises

d) Application of Cardiovascular Exercise

f) Designing of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Outline assessment methods effective in determining the suitability of resistance/strength exercises.</p> <p>Identify appropriate resistance/strength exercises for client care.</p> <p>Identify indications, contraindications, and precautions to resistance/strength exercise for the purpose of ensuring safe and effective client care.</p> <p>Identify the principles of proper application of resistance/strength exercises.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p>
SKILLS	<p>Combine assessment methods effective in determining suitability of resistance/strength exercises in client care.</p> <p>Observe indications, contraindications, and precautions to resistance/strength exercise for the purpose of ensuring safe and effective client care.</p> <p>Apply techniques that will maintain and/or increase joint ROM and function.</p> <p>Demonstrate the exercises to the client and give instructions for homecare.</p>	<p>P2</p> <p>P2</p> <p>P3</p>
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

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7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/ Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises

c) Application of Resistance/Strength Exercises

e) Determination of Static Control, Movement and Functional Rehabilitative Applications

b) Application of ROM Exercises

d) Application of Cardiovascular Exercise

f) Designing of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Outline</i> assessment methods effective in determining the suitability of cardiovascular exercises in client care.</p> <p><i>Identify</i> cardiovascular exercises suitable for effective client care including contraindications, precautions uses and potential effects.</p> <p><i>Select</i> cardiovascular exercises to optimize tissue and systemic body function.</p> <p><i>Identify</i> the principles of application of cardiovascular exercises ensuring safe and effective client care.</p>	<p>C1</p> <p>C1</p> <p>C1</p> <p>C1</p>
SKILLS	<p><i>Combine</i> assessment methods effective in determining the suitability of cardiovascular exercise in client care.</p> <p><i>Observe</i> indications, contraindications, precautions of cardiovascular exercise for the purpose of ensuring safe and effective client care.</p> <p><i>Apply</i> techniques that will improve cardiovascular function.</p> <p><i>Demonstrate</i> the exercises to the client and give instructions for homecare.</p>	<p>P2</p> <p>P2</p> <p>P3</p>
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises	c) Application of Resistance/Strength Exercises	e) Determination of Static Control, Movement and Functional Rehabilitative Applications
b) Application of ROM Exercises	d) Application of Cardiovascular Exercise	f) Designing of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Outline</i> assessment methods effective in determining the suitability of static control, movement and functional rehabilitative applications in client care. <i>Identify</i> indications, contraindications, and precautions including posture, balance, proprioceptive exercise to ensure safe and effective client care. <i>Select</i> appropriate applications to optimize daily function. <i>Identify</i> the principles of application of functional rehabilitative applications ensuring safe and effective client care.	C1 C1 C1 C1
SKILLS	<i>Combine</i> assessment methods effective in determining the suitability of static control, movement and functional rehabilitative applications in client care. <i>Observe</i> indications, contraindications, and precautions of posture, balance proprioceptive exercise and ergonomic training for the purpose of insuring safe and effective client care. <i>Apply</i> techniques/programs that will improve static control, movement control and functional use. <i>Demonstrate</i> the exercises to the client and give instructions for homecare.	P2 P2 P3
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Therapeutic Exercises	c) Application of Resistance/Strength Exercises	e) Determination of Static Control, Movement and Functional Rehabilitative Applications
b) Application of ROM Exercises	d) Application of Cardiovascular Exercise	f) Designing of Exercise Programs

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Explain</i> the benefits of exercises in overall client care. <i>Recognize</i> exercises that may be beneficial to clients assessed needs. <i>Modify</i> exercises to maximize benefits.	C2 C1 C3
SKILLS	<i>Determine</i> therapeutic exercise goals. <i>Integrate</i> ROM, resistance/strength, cardiovascular, posture, balance, proprioceptive exercises and ergonomic training into comprehensive therapeutic programs. <i>Guide</i> and instruct client in proper exercise techniques. <i>Evaluate</i> the effectiveness of the selected exercises to meet specific goals.	P3 P3 P2 P3
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Systemic disorders
b) Assessment of Systemic Dysfunction

c) Assessment of Cardiovascular/Circulatory System
d) Assessment of Respiratory Systems

e) Assessment of Gastrointestinal Dysfunctions
f) Assessment of Lymphatic Disorders

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Determine</i> treatment for presenting conditions in a manner that considers the implications of any pre-existing systemic disorders.</p> <p><i>Apply</i> anatomy, physiology, pathology and kinesiology concepts to determine systemic disorders that may respond to massage therapy application.</p> <p><i>Identify</i> contraindications to massage treatment for general systemic disorders.</p> <p><i>Identify</i> systemic disorders that may be adversely affected by massage therapy.</p>	<p>C3</p> <p>C3</p> <p>C1</p> <p>C1</p>
SKILLS	<p><i>Apply</i> treatments as appropriate for systemic conditions or other factors affecting treatment.</p>	<p>P3</p>
ATTITUDES	<p><i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing systemic disorders.</p> <p><i>Use</i> assessments and interpretations of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care.</p>	<p>V3</p> <p>V2</p>

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles for treatment of clients with Systemic Disorders	c) Assessment of Cardiovascular System d) Assessment of Respiratory Systems	e) Assessment of Gastrointestinal Dysfunctions f) Assessment of Lymphatic Disorders
b) Assessment of Systemic Dysfunction		

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific systemic dysfunctions. <i>Differentiate</i> between contraindications and precautions to treatment of clients with systemic dysfunctions. <i>Determine</i> appropriate massage therapy techniques. <i>Modify</i> individualized home care programs specific to the needs of clients with systemic dysfunctions.	C2 C3 C3 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with systemic dysfunctions. <i>Assess</i> systemic dysfunctions using methods and techniques that conform to acceptable standards, guidelines and protocols. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with systemic dysfunctions.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing systemic dysfunctions. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing systemic disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Systemic disorders	c) Assessment of Cardiovascular System	e) Assessment of Gastrointestinal Dysfunctions
b) Assessment of Systemic Dysfunction	d) Assessment of Respiratory Systems	f) Assessment of Lymphatic Disorders

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific cardiovascular disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with cardiovascular disorders. <i>Determine</i> appropriate massage therapy techniques. <i>Modify</i> individualized home care programs specific to the needs of clients with cardiovascular disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to the cardiovascular system. <i>Assess</i> cardiovascular system using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to the function of the cardiovascular system.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing cardiovascular/circulatory disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing cardiovascular disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Systemic disorders
b) Assessment of Systemic Dysfunction

c) Assessment of Cardiovascular System
d) **Assessment of Respiratory Systems**

e) Assessment of Gastrointestinal Dysfunctions
f) Assessment of Lymphatic Disorders

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of patients with specific pulmonary and respiratory disorder. <i>Differentiate</i> contraindications and precautions to treatment of patients with respiratory disorder. <i>Determine</i> appropriate massage therapy techniques (manual, hydrotherapy/physical agents, therapeutic exercise) specific to pulmonary and respiratory disorders. <i>Modify</i> individualized home care programs specific to the needs of patients with respiratory disorder.	C2 C3 C3 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to the respiratory systems. <i>Assess</i> respiratory system using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to the function of the respiratory system.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing pulmonary and respiratory disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing respiratory disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Systemic disorders	c) Assessment of Cardiovascular System	e) Assessment of Gastrointestinal Dysfunctions
b) Assessment of Systemic Dysfunction	d) Assessment of Respiratory Systems	f) Assessment of Lymphatic Disorders

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific gastrointestinal dysfunctions. <i>Differentiate</i> between contraindications and precautions to treatment of clients with gastrointestinal dysfunctions. <i>Determine</i> appropriate massage therapy techniques specific to gastrointestinal dysfunctions. <i>Modify</i> individualized home care programs specific to the needs of clients with gastrointestinal dysfunctions.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with gastrointestinal dysfunctions. <i>Assess</i> gastrointestinal dysfunctions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Use</i> appropriate massage therapy techniques specific to clients with gastrointestinal dysfunctions.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing gastrointestinal dysfunctions. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing gastrointestinal disorders.	V3 V3

Competency Profile

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Health Science

Professional
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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/ Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Systemic disorders
b) Assessment of Systemic Dysfunction

c) Assessment of Cardiovascular System
d) Assessment of Respiratory Systems

e) Assessment of Gastrointestinal Dysfunctions
f) **Assessment of Lymphatic Disorders**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific lymphatic disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with lymphatic disorders. <i>Interpret</i> appropriate massage therapy techniques specific to lymphatic disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with lymphatic disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with lymphatic disorders. <i>Assess</i> lymphatic disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with lymphatic disorders.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing lymphatic disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing lymphatic disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions	i) Assessment of Geriatric Conditions	k) Assessment of Soft Tissue & Muscular Systems
h) Assessment of Pediatric and Infant Conditions	j) Assessment of Connective Tissue/Fascial Systems	l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS:

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific reproductive, gynecologic and obstetrical conditions. <i>Differentiate</i> between contraindications and precautions to treatment of clients with reproductive, gynecologic and obstetrical conditions. <i>Determine</i> appropriate massage therapy techniques specific to reproductive, gynecologic and obstetrical conditions. <i>Modify</i> individualized home care programs specific to the needs of clients with reproductive and gynecologic conditions.	C2 C3 C3 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with reproductive, gynaecologic and obstetrical conditions. <i>Assess</i> reproductive and gynecologic conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to reproductive, gynaecologic and obstetrical conditions.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing reproductive, gynaecologic and obstetrical conditions. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing reproductive, gynaecologic and obstetrical disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions

i) Assessment of Geriatric Conditions

k) Assessment of Soft Tissue & Muscular Systems

h) **Assessment of Pediatric and Infant Conditions**

j) Assessment of Connective Tissue/Fascial Systems

l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify common clinical presentations of clients with specific pediatric and infant conditions.</p> <p>Differentiate between contraindications and precautions to treatment of clients with pediatric and infant conditions.</p> <p>Determine appropriate massage therapy techniques specific to pediatric and infant conditions.</p> <p>Modify individualized home care programs specific to the needs of clients with pediatric and infant conditions.</p>	<p>C2</p> <p>C3</p> <p>C3</p> <p>C3</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to pediatric and infant conditions.</p> <p>Assess pediatric and infant conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use appropriate massage therapy techniques specific to pediatric and infant conditions.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing pediatric and infant disorder.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing pediatric disorders.</p>	<p>V3</p> <p>V3</p>

Competency Profile

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Health Science

Professional
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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions
h) Assessment of Pediatric and Infant Conditions

i) **Assessment of Geriatric Conditions**
j) Assessment of Connective Tissue/Fascial Systems

k) Assessment of Soft Tissue & Muscular Systems
l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify common clinical presentations of clients with specific geriatric conditions.</p> <p>Differentiate between contraindications and precautions to treatment of clients with geriatric conditions.</p> <p>Determine appropriate massage therapy techniques specific to geriatric conditions.</p> <p>Modify individualized home care programs specific to the needs of clients with geriatric conditions.</p>	<p>C2</p> <p>C3</p> <p>C3</p> <p>C3</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to geriatric conditions.</p> <p>Assess geriatric conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use appropriate massage therapy techniques specific to geriatric conditions.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing geriatric conditions.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing geriatric disorders.</p>	<p>V3</p> <p>V3</p>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions	i) Assessment of Geriatric Conditions	k) Assessment of Soft Tissue & Muscular Systems
h) Assessment of Pediatric and Infant Conditions	j) Assessment of Connective Tissue/Fascial Systems	l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of client with specific connective tissue and fascial disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with connective tissue and fascial disorders. <i>Interpret</i> appropriate massage therapy techniques specific to connective tissue and fascial disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with connective tissue and fascial disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with connective tissue and fascial disorders. <i>Assess</i> connective tissue/fascial systems using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with connective tissue and fascial disorders.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing fascial disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing connective tissue and fascial disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions
h) Assessment of Pediatric and Infant Conditions

i) Assessment of Geriatric Conditions
j) Assessment of Connective Tissue/Fascial Systems

k) Assessment of Soft Tissue & Muscular Systems
l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify common clinical presentations of clients with specific soft tissue and muscular disorders.</p> <p>Differentiate between contraindications and precautions to treatment of clients with soft tissue and muscular disorders.</p> <p>Interpret appropriate massage therapy techniques specific to soft tissue and muscular disorders.</p> <p>Modify individualized home care programs specific to the needs of clients with soft tissue and muscular disorders.</p>	<p>C1</p> <p>C3</p> <p>C3</p> <p>C2</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to clients with soft tissue and muscular disorders.</p> <p>Assess soft tissue and muscular disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use appropriate massage therapy techniques specific to clients with soft tissue and muscular disorders.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing soft tissue and muscular disorders.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing soft tissue and muscular disorders.</p>	<p>V3</p> <p>V3</p>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

g) Assessment of Reproductive and Gynecologic Conditions	i) Assessment of Geriatric Conditions	k) Assessment of Soft Tissue & Muscular Systems
h) Assessment of Pediatric and Infant Conditions	j) Assessment and treatment of Connective Tissue/Fascial Systems	l) Assessment of Endocrine Systems

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific endocrine disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with endocrine disorders. <i>Interpret</i> appropriate massage therapy techniques specific to endocrine disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with endocrine disorders.	C1 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with endocrine disorders. <i>Assess</i> endocrine systems using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with endocrine disorders.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing endocrine disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing endocrine disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

- | | |
|---|---|
| m) Assessment of Immunological Systems | o) Assessment of Dermatological Conditions |
| n) Assessment of Oncology Disorders | p) Assessment of Infectious Disease, Parasitic Disease, Poisoning, Venomous Bites and Stings and Conditions |

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific immunology disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with immunology disorders. <i>Interpret</i> appropriate massage therapy techniques specific or adapted to immunology disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with immunology disorders.	C1 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with immunology disorders. <i>Assess</i> immunological systems using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with immunologic disorders.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing immunologic disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing immunology disorders.	V3 V3

Competency Profile

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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

m) Assessment of Immunological Systems

o) Assessment of Dermatological Conditions

n) Assessment of Oncology Disorders

p) Assessment of Infectious Disease, Parasitic Disease, Poisoning, Venomous Bites and Stings and Conditions

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify common clinical presentations of clients with specific oncologic disorders.</p> <p>Differentiate between contraindications and precautions to treatment of clients with oncologic disorders.</p> <p>Interpret appropriate massage therapy techniques specific to oncologic disorders.</p> <p>Modify individualized home care programs specific to the needs of clients with oncologic disorders.</p>	<p>C1</p> <p>C3</p> <p>C3</p> <p>C2</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to clients with oncology disorders.</p> <p>Assess oncologic disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use appropriate massage therapy techniques specific to clients with oncology disorders.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing oncology disorders.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing oncology disorders.</p>	<p>V3</p> <p>V3</p>

Competency Profile

Competency Category

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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

m) Assessment of Immunological Systems	
n) Assessment of Oncology Disorders	o) Assessment of Dermatological Conditions
	p) Assessment of Infectious Disease, Parasitic Disease, Poisoning, Venomous Bites and Stings and Conditions

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific dermatological disorders. <i>Differentiate</i> contraindications and precautions to treatment of clients with dermatological disorders. <i>Interpret</i> appropriate massage therapy techniques specific to dermatological disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with dermatological disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with dermatological disorders. <i>Assess</i> dermatological conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> appropriate massage therapy techniques specific to clients with dermatological disorders.	P3 P3 P3 P3
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing dermatological disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing dermatological disorders.	V3 V3

Competency Profile

Competency Category

Health Science

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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

m) Assessment of Immunological Systems	o) Assessment of Dermatological Conditions
n) Assessment of Oncology Disorders	p) Assessment of Infectious Disease, Parasitic Disease, Poisoning, Venomous Bites and Stings and Conditions

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify common clinical presentations of clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p> <p>Differentiate between contraindications and precautions to treatment of clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p> <p>Modify appropriate massage therapy techniques specific to clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p> <p>Modify when appropriate individualized home care programs specific to the needs of clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p>	<p>C1</p> <p>C1</p> <p>C2</p> <p>C2</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p> <p>Assess infectious disease, parasitic disease, poisoning, venomous bites and stings and conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use appropriate massage therapy techniques specific to clients with infectious disease, parasitic disease, poisoning and venomous bites and stings.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P3</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing infectious diseases, parasitic disease, poisoning and venomous bites and stings.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing infectious disease, parasitic disease, poisoning and venomous bites and stings disorders.</p>	<p>V3</p> <p>V3</p>

Competency Profile

Competency Category

Health Science

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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/ Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) **Assessment of the Nervous System**
 b) Assessment of the Central Nervous System
 c) Assessment of the Peripheral Nervous System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Determine</i> treatment for presenting conditions in a manner that considers the implications of any pre-existing nervous system disorders. <i>Apply</i> anatomy, physiology, pathology and kinesiology concepts to determine nervous system disorders that may respond to massage therapy application. <i>Identify</i> absolute and relative contraindications and precautions to treatment of nervous system disorders. <i>Identify</i> nervous system disorders that may be adversely affected by massage therapy. <i>Use</i> case management concepts, principles and methods applicable to the treatment of nervous system disorders. <i>Use</i> assessment and interpretation of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care.	C3 C3 C3 C1 C3 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with nervous system disorders. <i>Assess</i> the nervous system using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with nervous system disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing nervous system disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing nervous system disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care

2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care

3. Integration of Therapeutic Exercises into Client Care

4. Integration of Systemic Disorders, Conditions and Treatments into Client Care

5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care

6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care

7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care

8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care

9. Integration of Athletic Injuries Principles into Client Care

10. Integration of Manual Modalities and Techniques into Client Care

11. Integration of Pain and Stress Management Techniques into Client Care

12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of the Nervous System

c) Assessment of the Peripheral Nervous System

b) **Assessment of the Central Nervous System**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p>Identify central nervous system anatomy, physiology, and pathology concepts in the assessment and treatment of common client presentations of central nervous system disorders.</p> <p>Select appropriate case management concepts, principles and methods applicable to treatment of central nervous system disorders.</p> <p>Determine safe and effective techniques for client handling/transfer and treatment.</p> <p>Complete reports and maintain record keeping practices appropriate for ensuring accuracy and efficiency in central nervous system assessment, planning and treatment.</p>	<p>C2</p> <p>C2</p> <p>C3</p> <p>C3</p>
SKILLS	<p>Apply case management concepts, principles and methods applicable to clients with central nervous system disorders.</p> <p>Assess the central nervous system using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with central nervous system disorders.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P2</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing central nervous system disorders.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing central nervous system disorders.</p>	<p>V3</p> <p>V3</p>

Competency Profile

Competency Category

Health Science

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Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Assessment of the Nervous System
b) Assessment of the Central Nervous System

c) **Assessment of the Peripheral Nervous System**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Identify</i> peripheral nervous system anatomy, physiology, and pathology concepts in the assessment and treatment of common client presentations of peripheral nervous system disorders.</p> <p><i>Select</i> appropriate case management concepts, principles and methods applicable to treatment of peripheral nervous system disorders.</p> <p><i>Determine</i> safe and effective techniques for client handling/transfer and treatment.</p> <p><i>Complete</i> reports and maintain record keeping practices appropriate for ensuring accuracy and efficiency in peripheral nervous system assessment, planning and treatment.</p>	<p>C2</p> <p>C2</p> <p>C3</p> <p>C3</p>
SKILLS	<p><i>Apply</i> case management concepts, principles and methods applicable to clients with peripheral nervous system disorders.</p> <p><i>Assess</i> the peripheral nervous system using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p><i>Develop</i> and implement an appropriate treatment plan.</p> <p><i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with peripheral nervous system disorders.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P2</p>
ATTITUDES	<p><i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing peripheral nervous system disorders.</p> <p><i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing peripheral nervous system disorders.</p>	<p>V3</p> <p>V3</p>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Orthopaedic Conditions	c) Assessment of Muscle-Tendon Disorders	e) Assessment of Bone and Periosteum
b) Assessment of Skin and Connective Tissue Disorders	d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders	f) Assessment of Orthopaedic Associated Disorders/Complications

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Apply</i> anatomy, physiology, pathology and kinesiology concepts to identify possible orthopaedic disorders, conditions and/or compensatory factors in client presentation. <i>Determine</i> treatment for presenting conditions in a manner that considers the implications of any pre-existing general orthopaedic conditions. <i>Select</i> case management concepts, principles and methods applicable to treatment of general orthopaedic disorders. <i>Determine</i> safe and effective techniques. <i>Complete</i> reports and maintain record-keeping practices appropriate for ensuring accuracy and efficiency in general orthopaedic assessment, planning and treatment. <i>Use</i> assessments and interpretation of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care.	C2 C3 C3 C3 C3 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with general orthopaedic conditions. <i>Assess</i> general orthopaedic conditions using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with general orthopaedic disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing general orthopaedic disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing general orthopaedic disorders.	V3 V3

Competency Profile

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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Orthopaedic Conditions

c) Assessment of Muscle-Tendon Disorders

e) Assessment of Bone and Periosteum

b) **Assessment of Skin and Connective Tissue Disorders**

d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders

f) Assessment of Orthopaedic Associated Disorders/Complications

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with skin and connective tissue disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with skin and connective tissue disorders. <i>Determine</i> appropriate massage therapy techniques specific to clients with skin and connective tissue disorders. <i>Modify</i> when appropriate individualized home care programs specific to the needs of clients with skin and connective tissue disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with skin and connective tissue disorders. <i>Assess</i> skin and connective tissue disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with skin and connective tissue disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing skin and connective tissue disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing skin and connective tissue disorders.	V3 V3

Competency Profile

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Health Science

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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) Assessment of General Orthopaedic Conditions
b) Assessment of Skin and Connective Tissue Disorders

- c) **Assessment of Muscle-Tendon Disorders**
d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders

- e) Assessment of Bone and Periosteum
f) Assessment of Orthopaedic Associated Disorders/Complications

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of client with specific connective tissue and specific muscle-tendon disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with specific muscle-tendon disorders. <i>Determine</i> appropriate massage therapy techniques specific-to-specific muscle-tendon disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with specific muscle-tendon disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with specific muscle-tendon disorders. <i>Assess</i> muscle-tendon disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with specific muscle-tendon disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing specific muscle-tendon disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing muscle-tendon disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Orthopaedic Conditions	c) Assessment of Muscle-Tendon Disorders	e) Assessment of Bone and Periosteum
b) Assessment of Skin and Connective Tissue Disorders	d) <u>Assessment of Joint, Cartilage, Ligament and Bursa Disorders</u>	f) Assessment of Orthopaedic Associated Disorders/Complications

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with joint, cartilage, ligament and bursa disorders. <i>Differentiate</i> between contraindications and precautions for treatment of clients with joint, cartilage, ligament and bursa disorders. <i>Determine</i> appropriate massage therapy techniques specific to joint, cartilage, ligament and bursa disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with joint, cartilage, ligament and bursa disorders.	C3 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with joint, cartilage, ligament and bursa disorders. <i>Assess</i> joint, cartilage, ligament and bursa disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with joint, cartilage, ligament and bursa disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing joint, cartilage, ligament, and bursa disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing joint, cartilage, ligament and bursa disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Orthopaedic Conditions	c) Assessment of Muscle-Tendon Disorders	e) Assessment of Bone and Periosteum
b) Assessment of Skin and Connective Tissue Disorders	d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders	f) Assessment of Orthopaedic Associated Disorders/Complications

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with bone or periosteum disorders. <i>Differentiate</i> between contraindications and precautions for treatment of clients with bone or periosteum disorders. <i>Interpret</i> appropriate massage therapy techniques specific to bone or periosteum disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with bone or periosteum disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with bone or periosteum disorders. <i>Assess</i> bone or periosteum disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with bone or periosteum disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing bone or periosteum disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing bone or periosteum disorders.	V3 V3

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the **Basic Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

5. Integration of **Nervous System Disorders, Conditions and Treatments** into Client Care

6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Orthopaedic Conditions
b) Assessment of Skin and Connective Tissue Disorders

c) Assessment of Muscle-Tendon Disorders
d) Assessment of Joint, Cartilage, Ligament and Bursa Disorders

e) Assessment of Bone and Periosteum
f) **Assessment of Orthopaedic Associated Disorders/Complications**

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with orthopaedic associated disorders. <i>Differentiate</i> between contraindications and precautions for treatment of clients with orthopaedic associated disorders. <i>Interpret</i> appropriate massage therapy techniques specific to orthopaedic associated disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with orthopaedic associated disorders.	C3 C2 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to orthopaedic associated disorders. <i>Assess</i> orthopaedic associated disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of orthopaedic associated disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing orthopaedic associated disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing orthopaedic associated disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with cervical spine disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with cervical spine disorders <i>Determine</i> appropriate massage therapy techniques specific to clients with cervical spine disorders <i>Modify</i> individualized home care programs specific to the needs of clients with cervical spine disorders. <i>Use</i> assessments and interpretation of results, reporting and record keeping to ensure safe and effective treatment, case management and client care.	C2 C3 C3 C2 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with cervical spine disorders. <i>Assess</i> cervical spine conditions and disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with cervical spine disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing cervical spine disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing cervical spine disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

		Proficiency Level
KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific thoracic spine disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with thoracic spine disorders. <i>Determine</i> appropriate massage therapy techniques specific to thoracic spine disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with thoracic spine disorders.	C2 C3 C3 C2 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with thoracic spine disorders. <i>Assess</i> thoracic spine conditions and disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with thoracic spine disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing thoracic spine disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing thoracic spine disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific lumbar spine disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with lumbar spine disorders. <i>Determine</i> appropriate massage therapy techniques specific to thoracic lumbar spine disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with lumbar spine disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with lumbar spine disorders. <i>Assess</i> lumbar spine conditions and disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with lumbar spine disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing lumbar spine disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing lumbar spine disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with specific pelvic disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with pelvic disorders. <i>Determine</i> appropriate massage therapy techniques specific to pelvic disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with pelvic disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with pelvic disorders. <i>Assess</i> pelvic conditions and disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with pelvic disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing pelvic disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing pelvic disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with sacroiliac region disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with sacroiliac region disorders. <i>Determine</i> appropriate massage therapy techniques specific to thoracic sacroiliac region disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with sacroiliac region disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with sacroiliac region disorders. <i>Assess</i> sacro-spinal region disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with sacroiliac region disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing sacroiliac region disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing sacroiliac region disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of Cervical Spine Conditions and Disorders	c) Assessment Lumbar Spine Conditions and Disorders	e) Assessment of Sacro-Spinal Region
b) Assessment of Thoracic Spine Conditions and Disorders	d) Assessment of Pelvic Conditions and Disorders	f) Assessment of the Dural-Meningeal System

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with dural-meningeal system disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with dural-meningeal system disorders. <i>Determine</i> appropriate massage therapy techniques specific to thoracic dural-meningeal system disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with dural-meningeal system disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with dural-meningeal system disorders. <i>Assess</i> dural-meningeal system disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with dural-meningeal system disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing dural-meningeal system disorders. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing dural-meningeal system disorders.	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of	c) Assessment of the Shoulder	e) Assessment of the Wrist and hand	g) Assessment of the Knee
Regional/Peripheral Orthopaedics	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot
b) Assessment of the Temporal-Mandibular Joint			

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with regional orthopaedic disorders including amputations. <i>Differentiate</i> between contraindications and precautions to treatment of clients with regional orthopaedic disorders including amputations. <i>Determine</i> appropriate massage therapy techniques specific to regional orthopaedic disorders and amputations. <i>Modify</i> individualized home care programs specific to the needs of clients with regional orthopaedic disorders and amputations. <i>Use</i> assessments and interpretation of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care.	C2 C3 C3 C2 C3
SKILLS	<i>Identify</i> regional orthopaedic dysfunctions, disorders including amputations, pathologies by definition, etiology, signs and symptoms, potential complications, and common client presentations. <i>Apply</i> case management concepts, principles and methods applicable to clients with regional orthopaedic disorders and amputations. <i>Assess</i> regional/peripheral orthopaedic disorders including amputations using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with regional orthopaedic disorders and amputations.	P3 P3 P3 P3 P2

ATTITUDES	<p><i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing regional orthopaedic disorders or amputations.</p> <p><i>Develop and implement a Clinical Case Management Plan for a client presenting with</i></p>				V3 V3
Competency Profile	Competency Category	Health Science	Professional Development	Clinical Science	

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<p><i>Identify</i> common clinical presentations of clients with temporal-mandibular joint disorders.</p> <p><i>Differentiate</i> between contraindications and precautions to treatment of clients with temporal-mandibular joint disorders.</p> <p><i>Determine</i> appropriate massage therapy techniques and intra-oral treatments specific to temporal-mandibular joint disorders.</p> <p><i>Modify</i> individualized home care programs specific to the needs of clients with temporal-mandibular joint disorders.</p>	<p>C2</p> <p>C3</p> <p>C3</p> <p>C2</p>
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SKILLS	<p>Apply case management concepts, principles and methods applicable to clients with temporal-mandibular joint disorders.</p> <p>Assess temporal-mandibular joint disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists.</p> <p>Develop and implement an appropriate treatment plan.</p> <p>Use specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with temporal-mandibular joint disorders.</p>	<p>P3</p> <p>P3</p> <p>P3</p> <p>P2</p>
ATTITUDES	<p>Propose ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing temporal-mandibular joint disorders.</p> <p>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing temporal-mandibular joint disorders.</p>	<p>V3</p> <p>V3</p>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with shoulder disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with shoulder disorders. <i>Determine</i> appropriate massage therapy techniques specific to shoulder disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with shoulder disorders.	C2 C3 C3 C2					
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with shoulder disorders. <i>Assess</i> shoulder disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with shoulder disorders.	P3 P3 P3 P2					
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing shoulder disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing shoulder disorders.</i>	V3 V3					
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<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science			

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with elbow disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with elbow disorders. <i>Determine</i> appropriate massage therapy techniques specific to elbow disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with elbow disorders.	C2 C3 C3 C2					
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with elbow disorders. <i>Assess</i> elbow disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with elbow disorders.	P3 P3 P3 P2					
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing elbow disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing elbow disorders.</i>	V3 V3					
<table><tr><td><i>Competency Profile</i></td><td><i>Competency Category</i></td><td>Health Science</td><td>Professional Development</td><td>Clinical Science</td></tr></table>			<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science			

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with wrist and hand disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with wrist and hand disorders. <i>Determine</i> appropriate massage therapy techniques specific to wrist and hand disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with wrist and hand disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with wrist and hand disorders. <i>Assess</i> wrist and hand disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with wrist and hand disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing wrist and hand disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing wrist and hand disorders.</i>	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) <u>Assessment of the Wrist and Hand</u>	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with hip disorders. <i>Differentiate</i> between contraindications and precautions in treatment of clients with hip disorders. <i>Determine</i> appropriate massage therapy techniques specific to hip disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with hip disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with hip disorders. <i>Assess</i> hip disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with hip disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing hip disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing hip disorders.</i>	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with knee disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with knee disorders. <i>Determine</i> appropriate massage therapy techniques specific to knee disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with knee disorders.	C2 C3 C3 C2
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with knee disorders. <i>Assess</i> knee disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of knee disorders.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing knee disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing knee disorders.</i>	V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Assessment of General Principles of Regional/Peripheral Orthopaedics	c) Assessment of the Shoulder	e) Assessment of the Wrist and Hand	g) Assessment of the Knee
b) Assessment of the Temporal-Mandibular Joint	d) Assessment of the Elbow	f) Assessment of the Hip	h) Assessment of the Ankle and Foot

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

KNOWLEDGE	<i>Identify</i> common clinical presentations of clients with ankle and foot disorders. <i>Differentiate</i> between contraindications and precautions to treatment of clients with ankle and foot disorders. <i>Determine</i> appropriate massage therapy techniques specific to ankle and foot disorders. <i>Modify</i> individualized home care programs specific to the needs of clients with ankle and foot disorders.
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to clients with ankle and foot disorders. <i>Assess</i> ankle and foot disorders using methods and techniques that conform to acceptable standards, guidelines and protocols for massage therapists. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of clients with ankle and foot disorders.
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing ankle and foot disorders. <i>Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing ankle and foot disorders.</i>

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Application of General Principles of Treating Athletic Injury b) Design of pre-event, post-event, interval, rehabilitation and maintenance massage	c) Selection of Athletic Injury/Disability Management Techniques and Treatments
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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

Competency Standards: Structures, Categories and Profiles

2-3-54

KNOWLEDGE	Use assessments and interpretation of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care.				C2
SKILLS	Apply appropriate management and treatment goals specific to athletic injuries. Apply modalities and techniques to clients with athletic injuries. Adapt modalities and techniques to align with the specific athletic environment.				P2 P3 P3
ATTITUDES					
<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science	

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) <u>Application of General Principles of Athletic Injury</u> b) <u>Design of pre-event, post-event, interval, rehabilitation and maintenance massage</u>	c) Selection of Athletic Injury/Disability Management Techniques and Treatments
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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Differentiate</i> pre-event, post-event, interval, rehabilitation and maintenance massage techniques. <i>Identify</i> precautions and contraindications unique to pre-event, post-event; interval; rehabilitation and maintenance massage treatment.				C2 C1
SKILLS	<i>Combine</i> manual techniques in situations of pre-event, post-event, interval, rehabilitation and maintenance massage treatment that will allow the athlete to compete at their optimum functional level.				P3
ATTITUDES					
<i>Competency Profile</i>		<i>Competency Category</i>	Health Science	Professional Development	Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection and Application of General Principles of Athletic Injury	c) Selection and Application of Athletic Injury/Disability Management Techniques and Treatments
b) Design of pre-event, post-event, interval, rehabilitation and maintenance massage techniques.	

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> indications, contraindications, and precautions to the treatment of athletes with acute and chronic injuries. <i>Identify</i> underlying factors related to overuse injuries specific to athletes. <i>Differentiate</i> acute, sub-acute and chronic stages of soft-tissue injury.	C3 C3 C3
SKILLS	<i>Apply</i> treatment that is effective and safe for acute, sub-acute and chronic athletic injuries and for the prevention of further injury.	P2
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection and Application of General Principles of Manual Modalities and Techniques	c) Selection and Application of Appropriate General Soft-Tissue Modalities - Stretching
b) Selection and Application of Appropriate General Soft-Tissue Modalities – Massage	d) Selection and Application of Appropriate Connective Tissue Mobility and Mobilization Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Predict</i> the mechanical and reflex effects of therapeutic treatment on: <ol style="list-style-type: none"> Client health and well-being Physiological processes Pathological processes. <i>Determine</i> contraindication and precautions and select appropriate modalities and techniques for safe and therapeutically effective responses to client needs. <i>Observe</i> and modify modalities and techniques as needed.	C2 C2 C2
SKILLS	<i>Demonstrate</i> safe and effective application of therapeutic modalities and techniques.	P2
ATTITUDES	<i>Believe</i> in the value of therapeutic effects of manual modalities and techniques.	V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection and Application of General Principles of Manual Modalities and Techniques	c) Selection and Application of Appropriate General Soft-Tissue Modalities - Stretching
b) Selection and Application of Appropriate General Soft-Tissue Modalities – Massage	d) Selection and Application of Appropriate Connective Tissue Mobility and Mobilization Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of massage including indications, contraindications, precautions, uses and potential effects. <i>Determine</i> appropriate modalities and techniques to optimize tissue and body systemic functions. <i>Identify</i> appropriate application of soft-tissue modalities.	C2 C3 C2		
SKILLS	<i>Apply</i> soft tissue massage modalities that consider indications, contraindications, precautions, and potential/ probable or expected effects. <i>Practice</i> appropriate massage applications to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply general soft-tissue modalities and techniques.	P3 P3 P3		
ATTITUDES				
<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection and Application of General Principles of treating athletic injuries	c) Selection and Application of Appropriate General Soft-Tissue Modalities - Stretching
b) Selection and Application of Appropriate General Soft-Tissue Modalities – Massage	d) Selection and Application of Appropriate Connective Tissue Mobility and Mobilization Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of stretching modalities and techniques including indications, contraindications, precautions, uses and potential effects. <i>Determine</i> appropriate stretching modalities and techniques to optimize tissue and body systemic functions. <i>Identify</i> the appropriate application of stretching modalities and techniques.	C2 C3 C2
SKILLS	<i>Apply</i> stretching modalities and techniques that consider indications, contraindications, precautions, uses and potential effects. <i>Practice</i> appropriate stretching modalities and techniques to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply stretching modalities and techniques.	P3 P3 P3
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection and Application of General Principles of Manual Modalities and Techniques	c) Selection and Application of Appropriate General Soft-Tissue Modalities - Stretching
b) Selection and Application of Appropriate General Soft-Tissue Modalities – Massage	d) Selection and Application of Appropriate Connective Tissue Mobility and Mobilization Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	Identify anatomical and physiological principles of connective tissue mobility and mobilization techniques including indications, contraindications, precautions, uses and potential effects. Determine appropriate connective tissue mobility and mobilization techniques effective to optimize tissue and body systemic functions. Identify appropriate applications of connective tissue mobility and mobilization techniques.	C2 C3 C2
SKILLS	Apply anatomically and physiologically based principles of connective tissue mobility and mobilization techniques that consider indications, contraindications, precautions, uses and potential effects. Practice appropriate connective tissue mobility and mobilization techniques to optimize tissue and body systemic functions. Adapt biomechanical skills to safely and effectively apply connective tissue mobility and mobilization techniques .	P3 P3 P3
ATTITUDES		

Competency Profile	Competency Category	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

e) Selection and Application of Appropriate Joint Mobilization Techniques and Methods	g) Selection and Application of Appropriate Neuromuscular Techniques
f) Selection and Application of Appropriate Traction and Non-Specific Mobilization	h) Integration of Lymph Drainage Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of high grade and low grade joint mobilization techniques and methods including indications, contraindications, precautions, uses and potential effects <i>Determine</i> appropriate joint mobilization techniques and methods to optimize tissue and body systemic functions. <i>Identify</i> the appropriate application of joint mobilization techniques and methods.	C2 C3 C2
SKILLS	<i>Apply treatment that is effective and safe for client with</i> joint mobilization techniques and methods that consider indications, contraindications, precautions, uses and potential effects. <i>Practice</i> appropriate joint mobilization techniques and methods to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply joint mobilization techniques and methods.	P3 P3 P3
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

e) <u>Selection and Application of Appropriate Joint Mobilization Techniques and Methods</u>	g) Selection and Application of Appropriate Neuromuscular Techniques
f) <u>Selection and Application of Appropriate Traction and Non-Specific Mobilization</u>	h) Integration of Lymph Drainage Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

Competency Standards: Structures, Categories and Profiles

2-3-62

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of traction techniques and methods including indications, contraindications, precautions, uses and potential effects. <i>Determine</i> appropriate traction techniques and methods effective to optimize tissue and body systemic functions. <i>Identify</i> the appropriate application of traction techniques and methods.	C2 C3 C2
SKILLS	<i>Apply</i> traction techniques and methods that consider indications, contraindications, precautions, uses and potential effects. <i>Practice</i> appropriate traction techniques and methods effective to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply traction techniques and methods.	P3 P3 P3
ATTITUDES		
<i>Competency Profile</i>	<i>Competency Category</i>	Health Science Professional Development Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

e) Selection and Application of Appropriate Joint Mobilization Techniques and Methods	g) Selection and Application of Appropriate Neuromuscular Techniques
f) Selection and Application of Appropriate Traction and Non-Specific Mobilization	h) Integration of Lymph Drainage Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of neuromuscular techniques including indications, contraindications, precautions, uses and effects. <i>Determine</i> appropriate neuromuscular techniques to optimize tissue and body systemic functions. <i>Identify</i> appropriate application of neuromuscular techniques.	C2 C3 C2
SKILLS	<i>Apply</i> neuromuscular techniques that consider indications, contraindications, precautions, uses and effects. <i>Practice</i> appropriate neuromuscular techniques to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply neuromuscular techniques including application to the spine and extremities.	P3 P3 P3
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
7. Integration of Spinal Orthopaedic Disorders, Conditions and Treatments into Client Care	8. Integration of Regional/ Peripheral Orthopaedic Treatments into Client Care	9. Integration of Athletic Injuries Principles into Client Care	10. Integration of Manual Modalities and Techniques into Client Care	11. Integration of Pain and Stress Management Techniques into Client Care	12. Proposal of Clinical Case Management Plans

These core competencies are defined by the following

ENABLING COMPETENCIES

e) Selection and Application of Appropriate Joint Mobilization Techniques and Methods	g) Selection and Application of Appropriate Neuromuscular Techniques
f) Selection and Application of Appropriate Traction and Non-Specific Mobilization	h) Integration of Lymph Drainage Techniques

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles of lymph drainage techniques and methods including indications, contraindications, precautions, uses and potential effects. <i>Determine</i> appropriate lymph drainage techniques and methods to optimize tissue and body systemic functions. Identify appropriate application of lymph drainage techniques and methods.	C2 C3 C2
SKILLS	<i>Apply</i> lymph drainage techniques and methods that consider indications, contraindications, precautions, uses and potential effects. <i>Practice</i> appropriate lymph drainage techniques and methods effective to optimize tissue and body systemic functions. <i>Adapt</i> biomechanical skills to safely and effectively apply to lymph drainage techniques.	P3 P3 P3
ATTITUDES		

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic Concepts, Principles and Fundamentals of Massage Therapy into Client Care	2. Integration of Hydrotherapy and/or Other Physical Agents into Client Care	3. Integration of Therapeutic Exercises into Client Care	4. Integration of Systemic Disorders, Conditions and Treatments into Client Care	5. Integration of Nervous System Disorders, Conditions and Treatments into Client Care	6. Integration of General Orthopaedic Disorders, Conditions and Treatments into Client Care
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These core competencies are defined by the following

ENABLING COMPETENCIES

i) Identification of Special Considerations for Breast Massage
j) Selection and Application of Other Special Considerations

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Identify</i> anatomical and physiological principles in the treatment of breast tissues including indications, contraindications, precautions, uses and potential effects. <i>Determine</i> the expected palpatory presentations of common breast formations and lesions. <i>Interpret</i> signs and symptoms considered ominous for breast cancer. <i>Identify</i> the need for clear communication and special consent prior to providing breast massage.	C2 C3 C3 C2
SKILLS	<i>Explain</i> clearly to the client the reason for proposing breast massage as part of a treatment plan. <i>Answer</i> client's questions adequately and obtain special permission for breast massage. <i>Apply</i> techniques and methods that consider indications, contraindications, precautions, uses and potential effects of breast massage. <i>Practice</i> appropriate techniques and methods effective to optimize breast function. <i>Adapt</i> biomechanical skills to safely and effectively apply to breast massage techniques.	P2 P2
ATTITUDES	<i>Recognize</i> the special circumstances of providing breast massage. <i>Assume</i> responsibility for clearly communicating breast massage to the client and obtaining permission.	V3 V3

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j) Selection and Application of Other Special Considerations

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PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Interpret</i> appropriate massage therapy technique specific to treatment of mood, anxiety, dementia, and various psychopathologies. <i>Identify</i> physiological principles of treatment for clients with mood, anxiety, dementia and various psychopathologies including indications, contraindications, precautions, uses and potential effects. <i>Identify</i> appropriate application of techniques and methods for treating clients with mood, anxiety, dementia and various psychopathologies. <i>Interpret</i> appropriate massage therapy techniques specific to the treatment of seizure disorders. <i>Identify</i> anatomical and physiological principles of treatment for clients with seizure disorders including indications, contraindications, precautions, uses and potential effects. <i>Identify</i> appropriate application of techniques and methods for treating client with seizure disorders.	C3 C3 C3 C3 C3
SKILLS	<i>Apply</i> techniques and methods that consider indications, contraindications, precautions, uses and potential effects for treating clients with mood; anxiety; dementia and various psychopathologies. <i>Adapt</i> biomechanical skills to safely and effectively apply techniques to clients with mood; anxiety; dementia and various psychopathologies. <i>Apply</i> techniques and methods that consider indications, contraindications, precautions, uses, and potential effects for treating clients with seizure disorders. <i>Adapt</i> biomechanical skills to safely and effectively apply techniques to clients with seizure disorders.	P3 P3 P3 P3
ATTITUDES		

Competency Profile

Competency Category

Health Science

Professional
Development

Clinical Science

A Massage Therapist must demonstrate the following

CORE COMPETENCIES

1. Integration of the Basic **Concepts, Principles and Fundamentals of Massage Therapy** into Client Care

2. Integration of **Hydrotherapy and/or Other Physical Agents** into Client Care

3. Integration of **Therapeutic Exercises** into Client Care

4. Integration of **Systemic Disorders, Conditions and Treatments** into Client Care

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6. Integration of **General Orthopaedic Disorders, Conditions and Treatments** into Client Care

7. Integration of **Spinal Orthopaedic Disorders, Conditions and Treatments** into Client Care

8. Integration of **Regional/ Peripheral Orthopaedic Treatments** into Client Care

9. Integration of **Athletic Injuries Principles** into Client Care

10. Integration of **Manual Modalities and Techniques** into Client Care

11. Integration of **Pain and Stress Management Techniques** into Client Care

12. Proposal of **Clinical Case Management Plans**

These core competencies are defined by the following

ENABLING COMPETENCIES

- a) **Selection of Pain Syndrome Management Techniques and Treatments**
 b) Selection of Stress Syndrome Management Techniques and Treatments

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Differentiate</i> among acute, chronic and intractable pain. <i>Cite</i> the purpose of pain Assessment and examine pain characteristics including location, types, intensity, severity and pattern. <i>Recognize</i> the pathophysiology and neurophysiology of pain. <i>Identify</i> common clinical presentations of clients with pain. <i>Differentiate</i> between contraindications and precautions to treatment of clients with pain. <i>Determine</i> appropriate massage therapy techniques specific to pain. <i>Modify</i> individualized home care programs specific to the needs of clients with pain. <i>Use</i> assessments and interpretation of results, reporting and record-keeping to ensure safe and effective treatment, case management and client care. <i>Outline</i> the services and methods of pain management used by other health care professionals.	C2 C1 C1 C2 C3 C3 C2 C2 C1					
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to pain. <i>Perform</i> a complete pain assessment. <i>Develop</i> and implement an appropriate treatment plan. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment of pain.	P3 P3 P3 P2					
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing pain. <i>Develop</i> and implement a Clinical Case Management Plan for a client presenting with pre-existing pain. <i>Discriminate</i> when the need for pain management exceeds the scope of practice and refer to another appropriate health care professional.	V3 V3 V3					
<table><tr><td><i>Competency Profile</i></td><td><i>Competency Category</i></td><td>Health Science</td><td>Professional Development</td><td>Clinical Science</td></tr></table>			<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science			

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These core competencies are defined by the following

ENABLING COMPETENCIES

a) Selection of Pain Syndrome Management Techniques and Treatments
b) Selection of Stress Syndrome Management Techniques and Treatments

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Differentiate</i> between physical, psychological and emotional stress and their mechanisms. <i>Identify</i> the mechanisms of stress related disorders as expressed in symptomatology of massage therapy clients. <i>Identify</i> specific relaxation and stress management regimes specific to the individual client. <i>Modify</i> client education to integrating stress management methods with other self and home-care methods and regimes.	C2 C1 C1 C3
SKILLS	<i>Apply</i> case management concepts, principles and methods applicable to stress. <i>Perform</i> a complete stress assessment. <i>Develop</i> and implement an appropriate treatment plan for clients presenting with physical, psychological and/or emotional stress. <i>Use</i> specific techniques for client handling and treatment and organize so as to ensure safe and effective treatment for clients presenting with physical, psychological and/or emotional stress.	P3 P3 P3 P2
ATTITUDES	<i>Propose</i> ways to integrate the treatments of presenting conditions in a manner that considers the implications of any pre-existing stress. Develop and implement a Clinical Case Management Plan for a client presenting with pre-existing stress. <i>Discriminate</i> when the need for stress management exceeds the scope of practice and refer appropriately to another health care professional.	V3 V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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ENABLING COMPETENCIES

a) Selection of Case Management Principles and Methods	c) Verification of Physical Assessments	e) Generation of Appropriate Reports and Records
b) Establishment of Case History and Interviewing Processes	d) Proposal of Treatment Plans	f) Establishment of Appropriate Referral Criteria

The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Differentiate</i> the organizational concepts, terminology, methods and applied progressions between the clinical reasoning and the symptomatic relief models. <i>Ascertain</i> conditions, impairments and/or pathologies for individual clients. <i>Interpret</i> assessment conclusions determined by other health care practitioners. <i>Observe</i> the scope of practice and determine appropriate criteria for referral to other health care professionals. <i>Determine</i> the goals, outcomes and client expectations in designing safe and effective initial and on-going treatment plans. <i>Interpret</i> , categorize and prioritize assessment and treatment methods for clinical case management techniques.	C2 C3 C2 C2 C3 C3
SKILLS	<i>Use</i> the physical assessment model. <i>Apply</i> case management terminology, concepts, principles, and methods that assist in the delivery of safe and effective therapy. <i>Conduct</i> referrals to other health care professionals observing scope of practice and recognizing personal limitations.	P2 P2 P2
ATTITUDES	<i>Believe</i> in respect and empathy for clients throughout all aspects of assessment and treatment.	V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Outline</i> principles and methods of case history taking. <i>Determine</i> case history formats adaptable to different clinical applications. <i>Review</i> written and oral case history information and determine proper intake methods for individual clients. <i>Analyze</i> client information and establish framework for the assessment of clients which determines possible causes and consequences.	C1 C3 C2 C3 C3
SKILLS	<i>Compose</i> thorough case histories by posing relevant questions and using effective interview techniques. <i>Generate</i> viable treatment alternatives. <i>Identify</i> possible contraindications to treatments. <i>Formulate</i> a clinical impression. <i>Identify</i> changes in client status and adapt treatment as needed.	P2 P3 P2 P3 P3
ATTITUDES	<i>Believe</i> in the importance of interviewing for a complete case history. <i>Accept</i> responsibility for posing questions and responding sensitively and respecting privacy of individuals. <i>Perform</i> interviews in a non-judgemental manner.	V3 V3 V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<p><i>Interpret</i> the principles and methods of assessment including intake and initial observations, case history including past/present health history, psychosocial history, and review of all body systems to best investigate client presentations.</p> <p><i>Select</i> effective methods of postural and gait, regional pain, functional motion testing for all joints of the body, muscles length and strength testing, orthopaedic, neurological and circulatory assessment.</p> <p><i>Determine</i> source and level of pain.</p> <p><i>Ascertain</i> conditions, impairments and pathologies that may indicate treatment.</p> <p><i>Ascertain</i> precautions and contraindications.</p> <p><i>Interpret</i> results of physical assessment.</p> <p><i>Outline an appropriate</i> initial treatment plan.</p>	C2 C3 C3 C3 C3 C2 C1
SKILLS	<p><i>Perform</i> differential postural assessment.</p> <p><i>Perform</i> general gait analyses.</p> <p><i>Apply</i> effective methods of functional motion testing for all joints of the body as indicated by client presentation.</p> <p><i>Adapt</i> methods of palpation to develop progressive sensitivity and accuracy.</p> <p><i>Perform</i> pain assessment.</p> <p><i>Perform</i> neurological, orthopaedic and circulatory tests as indicated.</p> <p><i>Explain</i> testing instructions clearly and concisely to client.</p>	P2 P2 P3 P3 P2 P3 P3
ATTITUDES	<p><i>Believe</i> in the importance of completing a thorough physical assessment.</p>	V3

<i>Competency Profile</i>	<i>Competency Category</i>	Health Science	Professional Development	Clinical Science
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PERFORMANCE STATEMENTS

Proficiency
Level

KNOWLEDGE	<i>Outline</i> common causes, principles and outcomes of various treatments. <i>Ascertain</i> indications, contraindications, precautions, risks and benefits to the client from specific treatments for conditions and impairments. <i>Determine</i> appropriate goals and outcomes of treatment. <i>Select</i> appropriate modality options. <i>Design</i> a treatment plan for ongoing periodic review of client conditions. <i>Integrate</i> self-care techniques, remedial exercises and/or hydrotherapy that client can perform at home.	C1 C3 C3 C2 C2
SKILLS	<i>Formulate</i> treatment plans which include appropriate objectives to encourage client self care. <i>Select</i> safe and effective techniques and modalities to execute a treatment plan. <i>Monitor</i> client presentations and continuously review for contraindications to treatment. <i>Discuss</i> with the client implications of treatment plan including the effects of medication. <i>Analyze</i> signs and symptoms of compensatory changes in client. <i>Use</i> a variety of resources to research case specifics as required. <i>Analyze</i> reassessment findings to determine progress related to treatment plan. <i>Coach</i> client on self-care techniques, remedial exercises and/or hydrotherapy that client can perform at home.	P2 P2 P2 P2 P3 P2 P3
ATTITUDES	<i>Adhere</i> to the development of client centered treatment plans that encourage appropriate client self-care.	V3

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency
Level

Competency Standards: Structures, Categories and Profiles

2-3-73

KNOWLEDGE	<p>Complete appropriate treatment records.</p> <p>Ascertain the appropriate documentation required by clients for medical and legal requirements.</p> <p>Determine ethical obligations and legal reporting requirements of current legislation by:</p> <ol style="list-style-type: none"> Observing client anonymity, client confidentiality, informed choice and consent. Reporting child abuse and suspected communicable diseases. Completing client records that include at a minimum: reasons for termination of treatment, status of outcome, and all authorization documents. Maintaining secure storage for client information to protect client confidentiality and by appropriately destroying historical records. 	<p>C2</p> <p>C2</p> <p>C3</p>
SKILLS	<p>Compose client records in accordance with relevant policies, procedures, standards and regulations.</p> <p>Use accurate, technical and descriptive language.</p> <p>Maintain current, comprehensive, and confidential client records.</p> <p>Record initial and ongoing assessment and management of each client case including the use of the “SOAP” format, baseline data, progress reports and case management records.</p>	<p>P2</p> <p>P1</p> <p>P1</p> <p>P1</p>
ATTITUDES	<p>Comply with relevant policies, procedures, standards and regulations in reporting and record keeping.</p> <p>Accept responsibility for acting ethically and legally in record keeping.</p>	<p>V2</p> <p>V2</p>

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The enabling competencies are demonstrated by the following

PERFORMANCE STATEMENTS

Proficiency Level

KNOWLEDGE	<i>Establish</i> an appropriate set of referral criteria and refer to other health care professionals as necessary. <i>Determine</i> the role, methods of practice, treatments and modalities of other health care professionals and recognize their role in total client care.	C3 C3
SKILLS	<i>Obtain</i> consent to confer with other health care professionals. <i>Discuss</i> client concerns appropriately with colleagues and other health care professionals. <i>Refer</i> appropriately to colleagues and other health care professionals. <i>Adhere</i> to referral requirements when situation is beyond massage therapist's scope of practice. <i>Demonstrate</i> ability to work in a team setting and to effectively use peer and professional support.	P1 P2 P3 P3 P2
ATTITUDES	<i>Conform to</i> appropriate protocols when making and receiving referrals.	V2