



BASKETBALL VOCABULARY and TERMS

1. **Blocking:** contact that interferes with an opponent's movement.
2. **Charging:** player with the ball moves into an opponent whose path or position is already established.
3. **Contact:** holding, pushing, tripping, or charging.
4. **Double Dribble:** dribbling the ball again after it has been held in one or both hands or touching the ball with both hands while dribbling.
5. **Dribble:** bouncing the ball on the court with one hand while walking or running. It ends when the player catches the ball with one or both hands or touches the ball with both hands.
6. **Field Goal:** counts two points and is made when a live ball goes into the basket from above the rim and passes through the net.
7. **Flagrant Foul:** violent contact that may cause injury. Fighting is an example of a flagrant foul.
8. **Fouls:** usually involve two players.
9. **Free Throw:** counts one point and is an unobstructed try for a goal that is taken from behind the free throw line and inside the free throw semicircle.
10. **Free Throw Lane (Key):** area under the basket out to the free throw line.
11. **Guarding:** defending or covering another player.
12. **Held Ball:** two opposing players have their hands firmly on the ball at the same time. The hands are considered part of the ball.
13. **Jump Ball:** the referee throws the ball in the air between two opposing players. They cannot tap the ball until it reaches its highest point.
14. **Out-of-Bounds:** area on or beyond the sideline or end line.
15. **Passes:** chest, bounce, overhead, baseball.
16. **Personal Foul:** infraction involving contact with an opponent, whether the ball is in play or not.

17. **Pivot:** keeping one foot in contact with the ground/court with no limit on the steps taken with the free foot.
18. **Referee/Official:** person or persons who are in charge of calling violations, fouls, and any other calls that impact play of the game.
19. **Shooting:** attempting to throw the ball into the basket.
20. **Technical Foul:** non-contact foul by a player or flagrant foul when the ball is dead.
21. **Three-Second Lane Violation:** no offensive player can stay within the free throw lane in front of the opponents' basket (in the key) for more than three seconds while the player's own team has possession of the ball. The three second rule does not apply when the ball is dead, in the air, or rebounding off the backboard or basket rim after a missed shot on goal.
22. **Throw-In:** ball put into play from out-of-bounds.
23. **Traveling:** illegal progression, such as jumping or walking, while maintaining possession of the ball.
24. **Violation:** infractions (breaking the rules) that do not involve personal contact. Violations usually involve only one player.