

Day, Date
PNC Name

Patient Code:

ICD 9 Code/s:

Site of visit

Complaint/Reason patient stated for visit:

Pt. Visit: (New or Follow-Up)

Subjective:

Any conversation that is related to nutrition, nutrition diagnosis, nutrition concerns. This could involve discussion of any barriers to adequate nutrition. If patient discussed information from any physician or other medical personnel, you write that the patient stated that medical personnel told the patient that.... (whatever was claimed).

Mention any nutrition-related advice you suggested for patient. Document whether you recommended that patient see medical personnel for concerns or continued treatment related to a particular medical-related issue/concern.

Objective:

Age, height, weight, gender, BMI, BF

Lab Results:

Estimated caloric needs:

BMR male: $655 + (9.6 \times \text{weight kg}) + (1.8 \times \text{height cm}) - (4.7 \times \text{age in years})$

$655 + (9.6 \times 104.5 \text{ kg}) + (1.8 \times 154.94 \text{ cm}) - (4.7 \times 24 \text{ yrs}) = 1824.29$

TEE: (XXXX) BMR x 1.2 Activity Factor = X calories

Medications:

Supplements:

Assessment/Diagnosis:

This section can be confusing. Only write what you assess the issues to be. Other information would be either in Subjective or Plan.) Include assessment based on BMI; stage of change.