

Sample Toddler Schedule

7:30	Center opens
8:00 – 9:00	Breakfast is served <i>Children continue to arrive, connect with teachers and friends, and get help saying goodbye to parents. All areas of the room are open for free play. Choices include blocks, sensory materials, music, manipulatives, etc.</i>
9:25 – 9:30	Clean up time <i>Children are encouraged to aid in the clean up of materials from morning free play.</i>
9:30	Circle time <i>One of the most structured, teacher-directed activities of the day. Children are divided into three primary groups where they listen to stories, sing songs, participate in finger plays, flannel board, and motor activities.</i>
9:45 – 10:10	Toilet and fresh diaper time
10:00	Free play <i>A variety of activities and materials are offered to promote fine and gross motor skills, creativity, and social skills.</i>
11:30	Lunch <i>Another structured time of day. Hands are washed and diapers changed as needed, then children sit at tables with their primary caregivers for a family style meal.</i>
12:15	Free play outside
12:30	Naptime preparation <i>Children return to the room with their primary groups for fresh diapers and potty time. They gather naptime essentials and settle down for nap with help from the teachers as needed.</i>
2:45 – 3:45	Wake up time <i>Children wake up, put their sheets in the hamper, replace naptime items in their cubbies and go to the bathroom for toileting and fresh diapers.</i>
3:15	Snack time
3:15 – 4:50	Free play <i>Activities are similar to morning free play. Parents begin to pick up children.</i>
4:50	Clean up
5:00 – 5:30	Evening circle time/toileting <i>Toileting done in small groups. Children gather for another round of stories, songs and movement exercises inside as parents continue to arrive for pick-up.</i>
5:30	Center closes