

DAILY MEETINGS

12:00pm The Nooners 303 W 2nd Ave. (Our Club) **H**
3:00pm Daily Practice 1102 W 2nd (A H)
5:45pm Crazy NA Roots Hall 3038 E Trent (B K)
9:15pm NA Means Necessary 1917 E Pacific Hoot Owl
9:45pm Crazy NA Roots Hall 3038 E Trent (B K)

SUNDAY

10:00am Clean Club Spofford & Post (Fellowship Hall)(D H)
7:00 pm Wrap Up 2815 W Sunset Blvd (D H SS)

MONDAY

6:00pm Hugz Not Drugz 901 N Monroe 3rd floor (A H)
7:00pm Mon. Night Miracles 202 N Pines Rd. (B H)
8:00 pm Addicts in Action 1700 W 7th (H SS)

TUESDAY

5:30pm You Grow Girl 901 N Monroe 3rd Fl. women (A C)
7:00pm Lost and Found 303 W. 2nd Ave. (C H SS)
(No Children under 10)

WEDNESDAY

6:00pm Brothers Living Clean 303 W. 2nd Ave Men (B C H)
6:30pm Recovery by Candlelight- 827 W. Cleveland (A C L)

THURSDAY

7:00pm Thurs Night Moved Again 3016 E 5th Ave (D H K)
7:30pm Thurs Night Literature Study 214 N. Cedar (A SS)

FRIDAY

1:30pm Happy Days 1321 N Ash (A K)
6:00pm Step Sisters 1700 W 7th Ave. (women) (A SS)
7:30pm Friday Night Speaker Meeting 1700 W 7th Ave

SATURDAY

10:00am Clean & Serene 214 N. Cedar (K H A)
6:30pm Regardless of.... 927 S. Perry (LGBT A)
8:15pm Saturday Night NA 1700 W. 7th Ave (A CL K)

MEETINGS OUTSIDE SPOKANE

MON - Colville- 7:00pm Dopeless Hope Fiends-
215 S. Oak St. (Go to Brown Door)
Ritzville-Just for Today NA-7:00pm – 111 W. Main
THUR - Newport - Unloaded 7:00pm 612 W. 1st
Colville - 7:30pm -Dopeless Hope Fiends
603 N. Main St. (Warming Center)

Lewiston, ID/Clarkston, WA

Sun-Lewiston 4:00pm Willing Addicts in Recovery -1720 18th Ave
Sun-Clarkson – 8:00pm Never Alone – 615 6th St

Tues-Lewiston-12:00pm Willing Addicts in Recovery-1720 18th Ave
Tues-Lewiston-7pm-Never Alone-1830 Ave. North

Wed-Lewiston-7pm-WillingAddicts in Recovery-St Joseph’s Hospital
Thurs-Lewiston-7pm-NeverAlone- 347 Thain Rd (Agape Hall)

Fri-Lewiston -7pm-Willing Addicts in Recovery-St Joseph’s Hospital
Sat- Clarkson – 4pm Never Alone - 615 6th St

Sat-Clarkston-7pm-Willing Addicts in Recovery- Alano Club 1435 S
Elm St. (last meeting of the month is a key tag meeting)

Orofino, ID

Sunday &Wednesday 6:00pm Down Payment on Life- 155 Main St.
Tuesday & Thursday 12:00pm-Down Payment on Life- 155 Main St.

Davenport WA

Sunday 5pm #Clean AF 708 Logan St Harvest Celebration Church

Lapwai, ID

Monday 7pm -DreamCatchers United Methodist Church 400 Hwy 95

Kamiah, ID

Sunday 4:30pm – Clearwater Valley NA – Highway 12 Life Center

Legend

“A”-----1 Hour Meeting
“B”-----1 1/4 Hour Meeting
“C”----- (closed) Meeting is for addicts only
“CL”-----Candle Light
“D”-----1 1/2 Hour Meeting
“H”-----Handicap Accessible Meeting
“K”-----Key Tag Meeting
“LGBT”-----All are welcome
“SP”-----Speaker Meeting
“SS”-----Step/Tradition/Literature Study Meeting

Public Relations Committee (PRC)

Held the last Sat. of the month
1700 W. 7th Ave. Spokane, WA.
Orientation begins @ 11:00 Meeting @ 11:30

Activities Meeting 2nd & 4th Sunday @ 5:30pm
303 W. 3rd Ave, Spokane, WA

Fundraising Committee Meeting 1st & 3rd Tuesdays @6:45
1700 W. 7th Ave. Spokane, WA

What is the Narcotics Anonymous Program?

N.A. is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to N.A. We are not affiliated with any other organization, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

THE TWELVE STEPS OF NARCOTICS ANONYMOUS

1. We admitted we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked him to remove our shortcomings.
8. We made a list of persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscience contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another– the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same, jails institutions, and death.