

Palomar College Fitness Center Handbook- Gym/Membership Contract



MISSION STATEMENT

The mission of the Palomar College Fitness Center is to provide & encourage "wellness," healthy lifestyles and regular physical activities in an educational setting to the Community, Students, Faculty, & Staff of the Palomar Community College District.

EQUAL OPPORTUNITY POLICY STATEMENT

Palomar College Fitness Center seeks, enrolls, and maintains Memberships without regard to race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, marital status, sex, or sexual orientation. It is Fitness Center Policy that no circumstance or conduct undertaken by Fitness Center personnel shall have the effect of discrimination based on any of the aforementioned classifications. All Fitness Center Members shall have full and equal access to the Fitness Center facility. All Members with disabilities shall be entitled to reasonable accommodations for their physical and mental impairments. Any Member who believes that he/she is/has been treated unfairly on any of the aforementioned matters should first report to Fitness Center management 760.744.1150, Ext. 2486 and/or the Program Coordinator, M. Fifield, at 760.744.1150, Ext. 2839 or mfifield@palomar.edu.

MEMBERSHIP PRIVILEGES:

- ❖ Extended hours, intersession, and some Holiday use.
 - ❖ Locker rooms, toiletries and towel use (upon availability).
 - ❖ One FREE 3 DAY (visit) PASS per calendar year to non-members, (min.) 18 years of age. Participants must present valid photo identification and sign a Release of Liability.
 - ❖ Pool access during specified hours (based on availability).
 - ❖ Ability to "Freeze" membership, free of charge.
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MEMBERSHIP OPTIONS

- P.D: Payroll Deduction (Classified and Contracted Faculty & Staff Only) Yearly rate \$120/\$90 per Family member
 - P-1: 2 Years \$254.00 Discounted Rate* Family Member: G-1: \$224.00
 - P-2: 1 Year \$150.00 Discounted Rate* Family Member: G-2: \$124.00
 - P-3: 6 Months \$84.00 Discounted Rate* Family Member: G-3: \$64.00
 - P-4: 3 Months \$64.00 Discounted Rate* Family Member: G-4: \$40.00
 - S-1: Monthly \$20 + \$10 (Monthly Membership Rate + \$10 Administrative Fee for new and expired 3 months or more)
 - Discounted Rate* Family Member: S-2: \$15.00 +\$10.00
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Membership Guidelines:

- Family Member Discounts *are only applicable with a Paid-in Full Primary Member for the same period or longer. The following persons are eligible for the family Member discount (one family Member must pay the regular rate): Spouses, Children (min. 18 yrs. old), Parents, and Siblings.
 - Parking can be purchased by all Members who are NOT current Palomar College Faculty, Staff, or Students. A replacement fee will be charged for all lost or stolen parking permits.
 - VISITORS: All (18 & above) residents of San Diego County receive 3 FREE Visits per year.
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ENTRANCE POLICIES

ELIGIBILITY: Anyone 18 years of age or older is eligible to purchase a Fitness Center Membership. *Individuals under the age of 18 may (with pre-approval) take a Palomar College class.

INCLUSIVE RECREATION: The Fitness Center supports a Policy of nondiscrimination on the basis of race, religion (to include religious dress practice and religious grooming practice), color, sex (to include breastfeeding or medical conditions related to breastfeeding), disability, marital status, sexual orientation, national origin, pregnancy, medical condition, military status, veteran status, genetic information, gender identity, gender expression or any other protected group. In keeping with Palomar College Policies of nondiscrimination on the basis of gender identity and gender expression, the Fitness Center

supports and values an individual's right to access and utilize the gym, restrooms, and locker rooms in accordance with an individual's gender identity and gender expression.

FREQUENTLY ASKED QUESTIONS

- How do I become a Member? Complete required paper work and return to Fitness Center customer service Staff. Payment is made at the Fitness Center. Charge, cash and checks are payable to Palomar College Fitness Center.
- What's the difference between student access and becoming a Member? Membership to the Fitness Center is joining a health club. Members receive full use of the locker room and shower facilities, extended hours, intercession use and some holiday usage. Students must enroll in a Health Lab or KINE 128 class, abide by class syllabi and must use the student locker room and/or shower facilities (located outside of the gym). Students also have limited, course-specified hours.
- Can I make a phone call? Members and students may use the phone in the event of an emergency. Please be aware that the front desk phone is a single-line business phone intended to receive Membership and enrollment inquiries.
- Can Fitness Center front desk Staff sign a student exercise card? No, Palomar College Instructors can sign exercise cards. If there is not an Instructor available, Fitness Center Staff will collect the card (s) for the next scheduled Instructors to sign.
- How many hours can I exercise? Members get unlimited access (unless otherwise posted) during all hours of operation. Students must exercise during their specific class time(s)/days only.
- Is the pool included in my Membership? Yes, members can use the Palomar College Pool during specified hours. These hours are posted based on availability.
- Can I exercise before I pay for my Membership? You may take advantage of a FREE 3 Day (visit) pass, all (18 & above) residents of San Diego County receive 3 FREE Visits per year.
- Is there an initiation fee? Month-to-Month Members pay a one-time administration fee, upon enrollment and/or any lapse in Membership. Paid-in-full Members do not incur additional fees (unless parking is purchased).

FITNESS CENTER WEBSITE

The Fitness Center Website is part of the main Palomar College Webpage. By visiting the Website at <http://www2.palomar.edu/pages/fitnesscenter/>, persons can access the following information:

- Membership information, prices, closures/holidays, and options
- Membership Application and Membership Handbook: Contract, Rules, and Policies/Procedures
- Send feedback to the Coordinator
- Fitness Center History
- Directions to the Fitness Center (Including a map)
- Frequently asked questions about the Fitness Center

FACILITY USAGE: POLICIES & PROCEDURS

PARKING: Parking Permits are required on Campus at all times. Members that are NOT current Faculty, Staff or Students of Palomar College may purchase a Fitness Center permit. Please see customer service Staff with any questions and/or to purchase a permit.

ENTRY: All Fitness Center Members and guests will enter and exit through the front doors at the main entrance. Sneaking a non-member into the facility is a violation and will result in suspension of Membership privileges, without a refund.

CHECK-IN: Front desk check-in is mandatory for all participants, at the beginning of each visit.

SANITIZE: Use cleaning stations (cleaning solution and towels) to wipe down all equipment after use.

TOURS: Visitors may request tours. Tour visitors are prohibited from working out, utilizing the equipment, and taking photographs.

RESTRICTIONS: Unauthorized use of the Fitness Center is strictly prohibited and should be reported to Staff immediately. Anyone violating Contract, Rules, and Policies/Procedures outlined in this handbook will be asked to exit immediately. Depending on severity of violation, further action may result.

REFUNDS: ALL SALES ARE FINAL AND ALL FEES NON-REFUNDABLE REGARDLESS OF USAGE OR MEMBERSHIP TYPE.

COURTESY: Stick to posted timelines on equipment.

PLASTIC WATER BOTTLES: Water in non-breakable, plastic, leak-proof drinking containers are permitted. Glass containers are prohibited.

SMOKING: Palomar College is a smoke-free campus. This includes vaping/e-cigarettes. Smoking/vaping is not permitted in or outside any buildings, including grass area, the Fitness Center, auxiliary buildings, or parking areas.

ALCOHOL AND DRUGS: Palomar College and the Fitness Center are alcohol, drug and narcotics free, including steroids. This includes Members, their guests, and/or spectators. Members may be held responsible for the conduct of their guests. Anyone possessing or suspected of being under the influence of alcohol or other substances shall be asked to leave the facility and may be subject to suspension and/or termination of Membership.

LOCKERS: Daily Lockers are available in the Men's and Women's Locker Rooms. Members may also use wooden (front entrance) lockers. Please bring your own lock or purchase a lock from front desk Staff. All locks must be removed after each use. If not emptied by the end of the business day, Staff may cut locks and remove belongings from Daily Lockers. Do not leave any valuable property in a locker at any time.

PERSONAL PROPERTY: Personal belongings (Gym bag, book bag, back pack, duffel bag, purse, clothing, shoes, and/or other possessions) should be properly stored in a locker or cubby. Members and guests are responsible for the security of their personal property.

LOST/STOLEN ITEMS: The Fitness Center is not responsible for lost/stolen items. Even when locked, valuables should not be left inside a locker. If an item is turned in at the Customer Service desk or found in the facility, a Staff member will log and store the item, then forward to Campus Police (most often on Fridays). Wallets, credit cards, and other related items will be forwarded to Campus Police immediately. Clothes, shoes, towels etc. will be logged and stored for a short time until forwarded to a local charity and/or discarded. Members are encouraged to inform Fitness Center front desk Staff and contact Campus Police at 760.744.1150, Ext. 2289 to report lost/stolen items.

AUDIO: Personal use of boom box systems, noise-makers, musical instruments, and/or amplified sound is prohibited. Please be respectful to others.

VIDEO: Without prior approval, the use of any Photographic, Video Equipment, or apparatus that takes still or moving pictures including video tape recorders, smart phones, and/or all pictures or movie camera use is prohibited inside the Fitness Center.

ANIMALS/PETS: Except for service dogs, animals are not permitted.

SALES/ADVERTISING: Unless approved, no sales brochures, advertising (flyers, posters, signs, displays, banners, etc.), or promotional activities of any kind are allowed in the Fitness Center.

SOLICITATION: Solicitation or tabling is prohibited. Soliciting Members for use of their 3 Day (visit) pass is prohibited.

SLEEPING: Sleeping in the Fitness Center is prohibited and may result in loss of Membership privileges.

GROUPS OR TEAMS: Large groups (five or more participants) must make prior arrangements to work out as a group. Non-approved groups cannot monopolize an area. It is unacceptable for a group of five or more participants to create a team or group workout environment where other Members might be turned away from any machine, group of machines, exercise equipment or specific area.

PERSONAL TRANSPORTATION: The current Campus Policy states that bicycles, skateboards, roller skates and similar personal wheeled conveyances may only be operated in designated locations. These items must remain outside of the Fitness Center.

ATTIRE:

- **PANTS:** Short or long exercise/warm-up pants are acceptable. Pants with belts, cut-off pants, and/or jeans with metal rivets/zippers are prohibited.
- **SHIRTS:** For hygiene purposes, a shirt is required to be worn. Bathing suit tops are not allowed.
- **SHOES:** For safety purposes, closed-toed and closed-heeled athletic footwear is required on the gym floor. The following footwear is prohibited:
 - Open-toed athletic footwear, sandals or flip-flops;
 - Turf shoes, cleats or metal/rubber spiked shoes;
 - Slippers or open back slip-ons;
 - Shoes that damage the gym floor or floor covering.

NOTE: Adherence to the above Policy will provide for fairness of everyone while preserving the gym floor from undue damage. If a participant is found to be wearing unacceptable shoes, he/she may be liable for damages; he/she may NOT continue exercise unless footwear is changed; Members and/or guests may NOT continue to participate in socks or bare feet.

TOWEL POLICY: While Members are encouraged to bring a personal towel, complimentary towels (when available) are provided at the Customer Service desk. All towels are for use within the Fitness Center. Please return towels in the designated bins.

Members must have/use a towel during workouts. All Members using the Fitness Center must carry a towel to wipe and dry the machines and upholstery after use. Sanitation stations (spray bottles and towels) are available for Member use and are located in the Fitness Center.

USE OF THE EQUIPMENT: No Member should monopolize the equipment or weights. If there is a sign-up list for the use of equipment, then the directions for the use of the list are part of the Fitness Center policies. If there is a maximum time limit on equipment use, please respect these limits. In short, observe gym etiquette. If there is a conflict over use, let Palomar College Instructors or Fitness Center Staff resolve it. As a courtesy, replace free-weights after use and wipe off benches and exercise equipment after use.

OUTSIDE EQUIPMENT: The Fitness Center reserves the right, in its sole discretion, to limit or restrict the use of outside equipment in the Fitness Center.

PERSONAL TRAINERS: No Member may train another Member for compensation at the Fitness Center. If the Fitness Center determines that such training occurs, the trainer and/or trainee may lose his/her Membership (s), without a refund. All individuals perceived as personal trainers will be asked to desist training behavior immediately; continued perception of personal training will result in permanent loss of Membership privileges.

MINORS: Minors under 18: May not purchase a Fitness Center Membership. If a minor wishes to use the facility, they are advised to seek council at Palomar College Admissions.

PROHIBITED ITEMS/ACTIVITIES:

- **Food & Beverages:** Fitness Center reserves the right to limit the consumption of food or beverages on the gym floor. Due to the high volume of participants, all food, drink, candy, and/or other snack item(s) must be consumed outside of the Fitness Center. Participants are responsible for any damages to the facilities and proper disposal of trash.
- **Do not move equipment** without prior approval. If approval has been given, all equipment must be returned to its original location.

VIOLATION OF CONTRACT, RULES, AND POLICIES/PROCEDURES

If any Member or guest violates any of the contract, the Fitness Center will ask that person to stop or leave. A Member's violation of any of the Contract, Rules, and Policies/Procedures may result in suspension or termination of membership. Refunds will not be offered for suspended or terminated memberships.

GENERAL/ACCOMMODATIONS

MAINTENANCE CLOSURES: The Fitness Center reserves the right to periodically close all or portions of the gym for necessary maintenance and repairs. Refunds, credits, or an extension of Membership will not be granted during these closure periods.

AMERICANS WITH DISABILITIES (ADA): Palomar College Fitness Center shall meet all applicable requirements outlined within the Americans with Disabilities Act. Reasonable accommodations will be offered to enable an individual's successful participation. In accordance with the ADA, The Fitness Center will not discriminate against a qualified individual with a disability on the basis of a disability in the provision of its services, programs or activities.

Additionally, The Fitness Center will make every effort to provide reasonable accommodations, unless the accommodation would fundamentally alter the nature of the program, service or activity; or result in an undue financial or administrative burden. The same minimum requirements that apply to person(s) without a disability also apply to a person with a disability. These include:

- Meeting age and Membership registration requirements;
- Following the Rules of conduct (with or without reasonable accommodation);
- Participation: is voluntary in nature; participation will be encouraged and aided, but not forced;
- Ability to use consistent form of communication to indicate basic needs and follow simple directions (communication board, sign language, interpreter, writing, verbal, gestures, computer system, etc.).

ASSISTED MOBILITY DEVICE: It is allowable for any Member or guest with an injury or disability to use a wheelchair, walker, scooter, or other device, in the Fitness Center.

ADA - ACCOMMODATION: To request an accommodation to participate in the Fitness Center, please contact the Program Coordinator at least ten (10) working days prior to the visit, call 760.744.1150, Ext. 2839 or email mfifield@palomar.edu.

MEMBER SWIM / ACTIVITY PASS

ELIGIBILITY: Members with a current membership to the Palomar College Fitness Center may take advantage of specified swim times at the Palomar College Pool. Members must complete an activity/swim liability waiver before first visit to the pool.

HOURS: Hours are subject to change per semester and will be posted in the Fitness Center and on the Fitness Center website.

ACTIVITY PASS: For any approved activity outside of the Fitness Center (including member swim), members must check-in at the front desk and be issued an Activity/Swim pass. This pass must be returned at the conclusion of the activity, and loss of a pass will result in a \$2.00 fee.

REQUIREMENTS: The requirements for using the activity/swim passes are:

- *Adhere to Instructor, Lifeguard, and/or Pool Facility Rules at all times.*
- *By using this pass, you understand that you swim/participate in the activity at your own risk and responsibility.*
- *This pass is not to be used by or given to any other person.*
- *All lost or stolen passes are no longer valid.*
- *Loss of this pass will result in a \$2.00 replacement fee and must be reported to the WFC front desk staff immediately.*
- *This is a one-day/one-use only pass and must be returned.*
- *Return this pass to WFC front desk staff upon completion of your swim/activity session.*

HEALTH & SAFETY

Medical examination: It is strongly recommended that members and guests have a medical examination prior to utilizing the Fitness Center and/or beginning an exercise program.

Insurance: Individuals participate at their own risk. Individuals are encouraged to obtain adequate health and accident insurance prior to participating in any physical activity.

Safety & supervision: All members and guests are responsible for maintaining a safe environment.

Injuries: All injuries (minor & major) sustained while participating in the Fitness Center must be reported to the scheduled Palomar College Instructor and/or Fitness Center Staff Member Immediately.

CONDUCT

STANDARDS OF CONDUCT: Members and guests are expected to conduct themselves in a manner compliant with Palomar College's function as an educational institution and to act courteously, respectfully and safely at all times. Individuals who engage in behavior inconsistent with the Fitness Center Contract, Rules, and Policies/Procedures may have their access permanently revoked or modified indefinitely. Dangerous activity will be determined by Staff on duty.

DISORDERLY AND UNSAFE CONDUCT: PLEASE REPORT ALL UNSAFE CONDITIONS OR EQUIPMENT TO A STAFF MEMBER IMMEDIATELY. Conduct including, but not limited to, destruction of property, vandalism, spitting on the floors, walls or drinking fountains, use of profanity or derogatory language, lewd or indecent behavior, dropping weights, attempting to sneak into the facility or actions that contribute to an unwelcoming or unsafe environment, such as yelling, taunting, talking trash, bullying, threats, pushing, fighting, physical abuse, or withholding or falsifying information are prohibited. Individuals who engage in prohibited behavior may be responsible for repair costs and expenses relating to the destructive or dangerous act.

FIGHTING: Any Member or guest who, in the judgment of the Palomar College Instructor and/or Fitness Center employee, engages in a fight, attempts to fight, or instigates a fight or altercation will have their Membership and/or visitor privileges suspended or revoked.

WEAPONS: The Fitness Center is weapons free. No weapons of any kind are permitted in the Fitness Center. This includes, but is not limited to: firearms or guns, replicas, ammunition, explosives, knives, fireworks, other weapons, or dangerous chemicals.

REFUSAL OF SERVICE: Fitness Center Staff have the authority to interpret all Policies and reserve the right to refuse service to Members and/or guests if conduct necessitates such action. Members are also responsible for the conduct of their guests.

DISCIPLINE: Members involved in an incident regarding a possible Policy violation may have their Membership inactivated indefinitely while further information is gathered. Results of the follow-up will determine subsequent disciplinary action. Disciplinary action resulting from investigation of an incident is determined on a case-by-case basis and could range from little, to no action and/or a permanent Membership/Facility ban and will be charged for any and all damages.

REPEAT OFFENSES AFTER REINSTATEMENT: The Fitness Center is committed to ensuring a safe and welcoming environment. Consequently, Members who have subsequent conduct issues after reinstatement from a prior Membership suspension, regardless of length of time from the reinstatement, may be subject to an immediate and permanent termination of Membership.

MEMBERSHIP RATE AFTER MEMBERSHIP SUSPENSION: Any Fitness Center Member who has had her/his Membership suspended due to conduct issues, but is eligible for reinstatement will be charged the current rate for the appropriate Membership option/term, regardless of what the rate was at the time of the suspension, if she/he wishes to continue as a Member.

COMPLIANCE: All Members and guests are expected to comply with the Contract, Rules, and Policies/Procedures; everyone must also comply with Palomar College Policies. Issues regarding compliance with the Contract and complaints regarding enforcement of Regulations shall be directed to the Fitness Center Program Coordinator.

ALL-INCLUSIVE: The aforementioned Contract, Rules, and Policies/Procedures are not intended to cover all instances or be all-inclusive. Other policies (specific to the campus) may apply and shall be considered binding to all participants. The Fitness Center reserves the right to change or amend this contract as deemed necessary for the safety and functionality of the facility, program or activity. Compliance with Fitness Center Staff is expected at all times. Failure to comply with Staff and interpreted Policies may result in suspension or termination of Membership. Palomar College Fitness Center reserves the right to refuse service.

GENERAL: Headings are for reference purposes only and in no way define, limit, construe or describe the scope or extent of such section. These (this Contract) Terms of Use constitute the entire Agreement between you and Palomar College Fitness Center with regard to your use of the Website, and any and all other written or oral Agreements or understandings previously existing between you and the Fitness Center with respect to such use are hereby superseded and cancelled. You agree that if any provision of this Contract is held to be invalid or unenforceable, such provision shall be struck and the remaining provisions apply.

*Suggestions via Health/Fitness NSF Standard: Medical Disclaimer. Always consult your physician before beginning any exercise program.

MODIFICATION

Palomar College Fitness Center may amend the Terms of Use at any time by posting the amendment on the Website. All amendments shall be effective upon posting. Continued Membership shall constitute your acceptance of those modifications. These terms of use were last modified July 7, 2017.

COMMENTS/SUGGESTIONS/FEEDBACK: Members wishing to express a concern, suggest an improved service or praise an employee are strongly encouraged to speak to an employee and/or complete a Comment/Suggestion form. These forms are reviewed regularly by management Staff. Comment/Suggestion cards can be found adjacent to the front entrance and are available at the customer service counter for your convenience.

QUESTIONS: Explanations or clarifications of the above Contract should be directed to Fitness Center Management- 760.744.1150 Ext. 2486 and/or the Program Coordinator, M. Fifield, at mfifield@palomar.edu, fitnesscenter@palomar.edu, 760.744.1150 Ext. 2839. Emergencies: Campus Police at 760.744.1150, Ext. 2289.

CONTACT INFORMATION: You may contact the Fitness Center at the following address:

Palomar College Fitness Center,
1140 West Mission Road, San Marcos, Ca. 92069
Email: fitnesscenter@palomar.edu or mfifield@palomar.edu.

DISCLAIMER: The Palomar College Fitness Center designed the Membership Handbook: Contract, Rules, and Policies/Procedures, including all listed here and posted in the Fitness Center to ensure a safe and enjoyable environment in which to exercise. So, please be thoughtful and observe the Contract, Rules, and Policies/Procedures that you, and all Members, have agreed to follow. The Fitness Center may, in its sole discretion, modify the Contract without notice at any time. It is your responsibility to know and follow the most current Contract, Rules, and Policies/Procedures. All approved signs posted in the Fitness Center shall be considered a part of the contract. The July 2017 Contract, Rules, and Policies/Procedures replace all previous Contract, Rules, and Policies/Procedures. If there is any conflict between this contract and the posted Fitness Center Rules, this Contract, Rules, and Policies/Procedures apply.

REFERENCES

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- Americans with Disabilities Act of 1990, Pub. L. No. 101-336, § 2, 104 Stat. 328 (2000).

Assumption of Risk and Release of Liability – READ BEFORE SIGNING

I have read the foregoing Fitness Center Handbook- Gym/Membership Contract waiver (*handbook is available at Fitness Center Front Desk and online at <https://www2.palomar.edu/pages/fitnesscenter/>*) and release of liability, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement. No oral representations, statements or inducements apart from this release have been made. I have voluntarily executed this document with full knowledge of its content.

I, (please print) _____ understand and agree that use of the Palomar College Fitness Center is entirely voluntary and that there are risks that may result in accidents, injuries, or even death. I freely assume these risks. I further agree to indemnify and hold harmless the Palomar Community College District, its employees, officers, and Governing Board from and against all claims, demands, losses, actions, causes of action, liability, costs, expenses, and attorney's fees, arising out of, or in any way connected with my presence in and or use of the Fitness Center, without regard to actual and/or legal cause thereof.

Palomar College Fitness Center reserves the right to amend this Contract, Rules, Policies/Procedures, and prices as needed.

Palomar College Fitness Center reserves the right to cancel a Member's Membership and/or Membership contract for any or all of the following reasons:

- If the Member is found guilty of stealing equipment, supplies, money, or any other property.
- If a Member is physically violent towards any other Member, Student, Instructor or Staff Member.
- If a Member is verbally abusive towards any Member, Student, Instructor or Staff Member.

****All fees are non-refundable.****

Members are responsible to give the Fitness Center written notices of any and all address changes. Failing to give notice presumes that all communication/billing is received.

Members and guests must be at least 18 years of age. Guests that live in San Diego North County receive three FREE visits per year. All guests must sign a Liability Waiver, prior to exercise.

*****The Palomar College Fitness Center urges all Members to seek the clearance of their physician prior to starting an exercise program.**

I am in good physical and mental health and do not have any physical or mental conditions that could affect my ability to use or participate at the Fitness Center. I am aware that Palomar College and the Fitness Center do not provide on call medical personnel. I hereby consent to medical treatment: in a medical emergency where I am unable to consent to such treatment.

I understand that Palomar College does not assume responsibility for any loss, injury or damage to person or property in connection with use of/or participation in Palomar College and the Fitness Center.

I understand and agree that Palomar College is not responsible for property that is lost, stolen, or damaged while in, on or about the premises.

I agree to be solely responsible for the safety and wellbeing of my guest (s) and myself. I understand that Palomar College Fitness Center does not provide supervision, instruction, or assistance for the use of the facilities and equipment.

I have read and agree to comply with all applicable Contract, Rules, and Policies/Procedures, including but not limited to those that apply to the use of/or participation in Palomar College Facilities and Programs. I understand that permission to use or participate in some or all Facilities and Programs may be suspended, revoked or denied by Palomar College and/or the Fitness Center in its sole and complete discretion. If I observe a hazard during my presence or participation, I will immediately remove myself from participation and bring the hazard to the attention of a Palomar College and/or Fitness Center Staff member.

Name (Printed)

Date

Member Signature

Employee Signature

