Coaching Evaluation Sheet – Participant Feedback

Please answer the following questions honestly. This will help improve the programme for the long-term benefit of all involved.

School /Club Name		**What time did your session run from**	

Criteria	**Rating**			
	Excellent	**Good**	**OK**	**Poor**
What did you think of the coach/teacher				
The way the coach/teacher delivered the sessions				
The time and the venue were suitable for the activity				
I enjoyed the sessions.				
Criteria	**Rating**			
	A lot	**Some**	**Not Much**	**Not at all**
I had time to learn and develop my skills				
I improved my skill level over the course of the sessions				
How much did you learn from the sessions				
As a result of this activity. I am likely to take part in more sport or physical activity				

I think the activity could be improved by

1.
2.
3.
4.

Name one thing you really enjoyed about the activity?

1.

Please make any additional comments that you wish to pass on the coach or administrators of the programme.	

Thank you for completing this form.
This information will be used to provide evidence for monitoring, evaluation and shape the future of the project.