



## Preschool Daily Schedule

7:00 – 8:00 am	Welcome! Good Morning! Children arrive; teachers greet parents and interact with the preschoolers, coloring, table toys, play dough, etc.
8:00 – 8:30 am	Breakfast
8:30 – 8:45 am	Bathroom & Wash Up Routine
8:45 – 9:00 am	Circle Time / Group Time
9:00 – 9:30 am	Arts & Crafts
9:30 – 9:45 am	Math Time
9:45 – 10:00 am	Literacy Activities
10:00 – 10:15 am	Science / Discovery Time
10:15 – 11:15 pm	Outside Play and Gross Motor Activities
11:15 – 11:45 pm	Bathroom & Wash Up Routine then Lunch.
11:45 – 12:45 pm	Outside Play or Free Play (Inside)
12:45 – 1:00 pm	Story Time - Interactive Songs – Finger Rhymes
1:00 – 3:00 pm	Bathroom & Wash Up Routine. Nap time for younger children, quiet time for older children, older children can rest and watch TV or play quietly.
3:00 – 3:30 pm	Snack Time
3:30 – 4:00 pm	Special Activities – view lesson plans
4:00 – 4:30 pm	Free Play / Play Dough / Coloring / Cutting / Table Toys
4:30 – 5:00	Outside Play or Free Play (Inside)

**Please keep in mind:** This schedule can change.

**Outdoor play** will depend on the weather.

The schedule shown above is for preschooler **ages 2.5 to 6 years**.

Our **preschool curriculum** offers children experiences which emphasize emotional and social development as well as the development of cognitive, language, physical, sensory perception, spatial ability, creative expression, and self-awareness.

**Our Creative Curriculum For Preschool Children** offers themed lesson plans that give the a fun and engaging day. Our preschool curriculum offers lots of hands on play for little learners.

Our preschool curriculum helps the children to build friendships as they learn to communicate with each other as their language skills develop. Through age-appropriate activities, our preschool curriculum **encourages growth and exploration**.

Preschoolers will have fun **age appropriate activities** that involve their five senses and the world around them. Some of the activities they engage in include: art and sensory experiences, singing songs, finger rhymes, doing puzzles, hearing stories, using play dough, learning their letters, numbers, shapes and colors.

Children will be introduced to **each week's themed lesson plans** through songs, rhymes, stories and fun hands on activities.

Some **fun sensory activities** the children will participate in each month are playing with water or playing with rice in a sand table.

Our curriculum fosters **social & emotional development** and provides plenty of hands-on activities.

**Preschool Lesson Plans** – Please visit <http://www.adaycare.com/themes.html> for our preschool curriculum.

**Preschool Free Samples** – view some of our 1 day samples  
<http://www.adaycare.com/PreschoolCurriculumSamplesDL.html>