

## Preschool Fire Safety Lesson Plan #2

3-5 year olds

### Goals for Visit:

- Teach the importance of knowing and practicing two ways out of a house and school/daycare.
- Emphasize the importance of having and using an agreed-upon meeting place outside the house and school/daycare.
- Demonstrate the sound of a working smoke alarm when it is warning of smoke and fire.
- Teach the importance of escaping a house or building when the alarm sounds.
- Teach and practice the crawl low under smoke procedure.

### Lesson Plan:

- Introduce fire fighters and describe what you will be covering with the children.
- Ask the students about fire drills in their school/daycare. Why do we need to practice getting out and staying out?
- Explain the importance of knowing two ways out of their house and school. Encourage them to ask their parents (caregivers) about planning and practicing two ways out of the house. (Remember that some children may live in apartments.)
- Show the children the smoke alarm. Explain that the alarm will warn them if there is a fire. After warning them of the loud sound, alert the smoke alarm.
- Tell them that when they hear the sound it means that they must get out of whatever building they are in.
- Tell children that smoke is dark and dangerous. Details about why smoke is dangerous are not necessary at this age. Children will not comprehend the details and may become confused. Simply say that we cannot breathe smoke, we need clean air.
- In simple terms, explain that smoke rises and that if they are in a building with fire and smoke the students must crawl low under the smoke to get out.
- Have four students hold the corners of the sheet or blanket about waist-high while each child takes turns crawling low under the sheet to the door.

### Important Notes:

- Asking for a choral or group response to your answers helps students retain important information and allows the more introverted students a chance to answer along with the more outgoing children.
- Children at this age are very egocentric. They will understand the message better if you relate it to their world of experiences.
- Children at this age have very short attention spans. Keep the time "lecturing" to them short and try to allow them activities where movement is included.

Lesson Plans are made available for free by the Denton County Fire Marshal's Office at:  
<http://dentoncounty.com> → Departments → Emergency Services → Fire Safety Lesson Plans