

## **Example of a Research Paper Outline**

Student Name

Ms. Pitt

English 10/Mod \_\_\_\_\_

February \_\_\_\_\_, 2013

### Creative Title of Research Paper

- I. Introduction
  - A. Opening Statement (This is the “hook” for your reader)
  - B. Thesis Statement
- II. Body
  - A. Supporting evidence topic
    - 1. \_\_\_\_\_
    - 2. \_\_\_\_\_
    - 3. \_\_\_\_\_
    - 4. \_\_\_\_\_
  - B. Supporting evidence topic
    - 1. \_\_\_\_\_
    - 2. \_\_\_\_\_
    - 3. \_\_\_\_\_
    - 4. \_\_\_\_\_
  - C. Supporting evidence topic
    - 1. \_\_\_\_\_
    - 2. \_\_\_\_\_
    - 3. \_\_\_\_\_
    - 4. \_\_\_\_\_
  - D. Supporting evidence topic
    - 1. \_\_\_\_\_
    - 2. \_\_\_\_\_
    - 3. \_\_\_\_\_
    - 4. \_\_\_\_\_
- III. Conclusion
  - A. Recap thesis
  - B. Summarize argument

Joe Student

Ms. Pitt

Engilsh 10/Mod 6/7

February 4, 2013

The Benefits of Running

- I. Introduction
  - A. Running is becoming an extremely popular sport for all ages.
  - B. Running is a great form of exercise because it helps people control their weight, develop muscles, and improves mental and physical performance. \*\*
- II. Body
  - A. Weight control
    - 1. Aids self-control
    - 2. Burns calories
    - 3. Suppresses appetite
  - B. Muscular Development
    - 1. Improves tone
    - 2. Enhances contours
    - 3. Increases strength
    - 4. Improves endurance
  - C. Psychological well-being
    - 1. Aids sleep
    - 2. Inhibits depression
    - 3. Intensifies vitality
  - D. Cardiovascular Fitness
    - 1. Strengthens heart
    - 2. Lowers blood pressure
    - 3. Changes blood lipids
    - 4. Improves circulation
- III. Conclusion
  - A. Benefits of running make it an excellent exercise.
  - B. People who want to improve their health should consider running.

\*\* This is your thesis for your paper!!!!!!

Excerpted and adapted from *Writing Research Papers*, by Melissa Walker  
Outline Template