



Canolbwynt Iechyd
a Chynladwyedd

Health and
Sustainability Hub



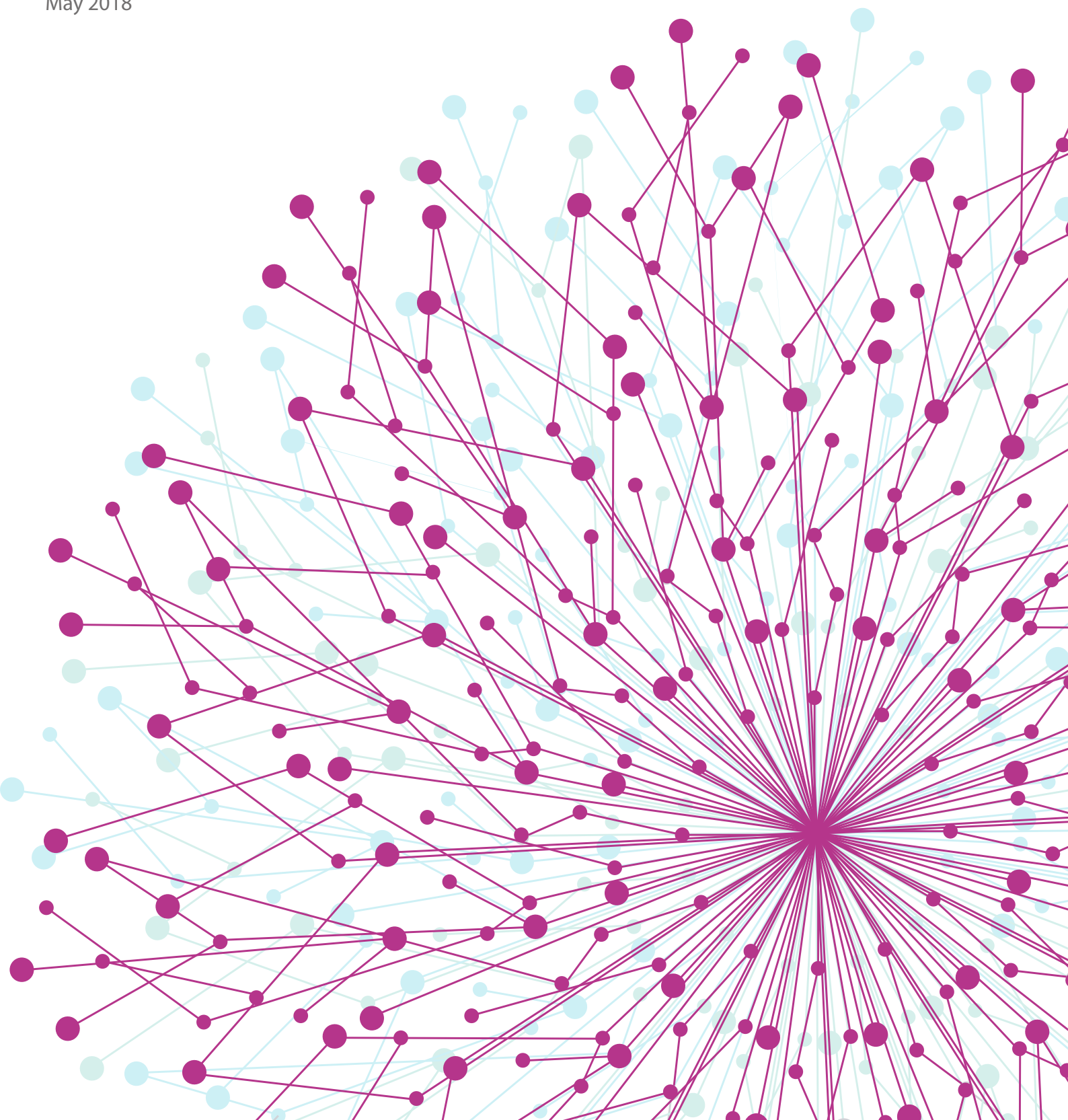
PUBLIC HEALTH
NETWORK CYMRU
RHWYDWAITH IECHYD
Y CYHOEDD CYMRU

Sustainability Showcase 2018 Evaluation Summary Report

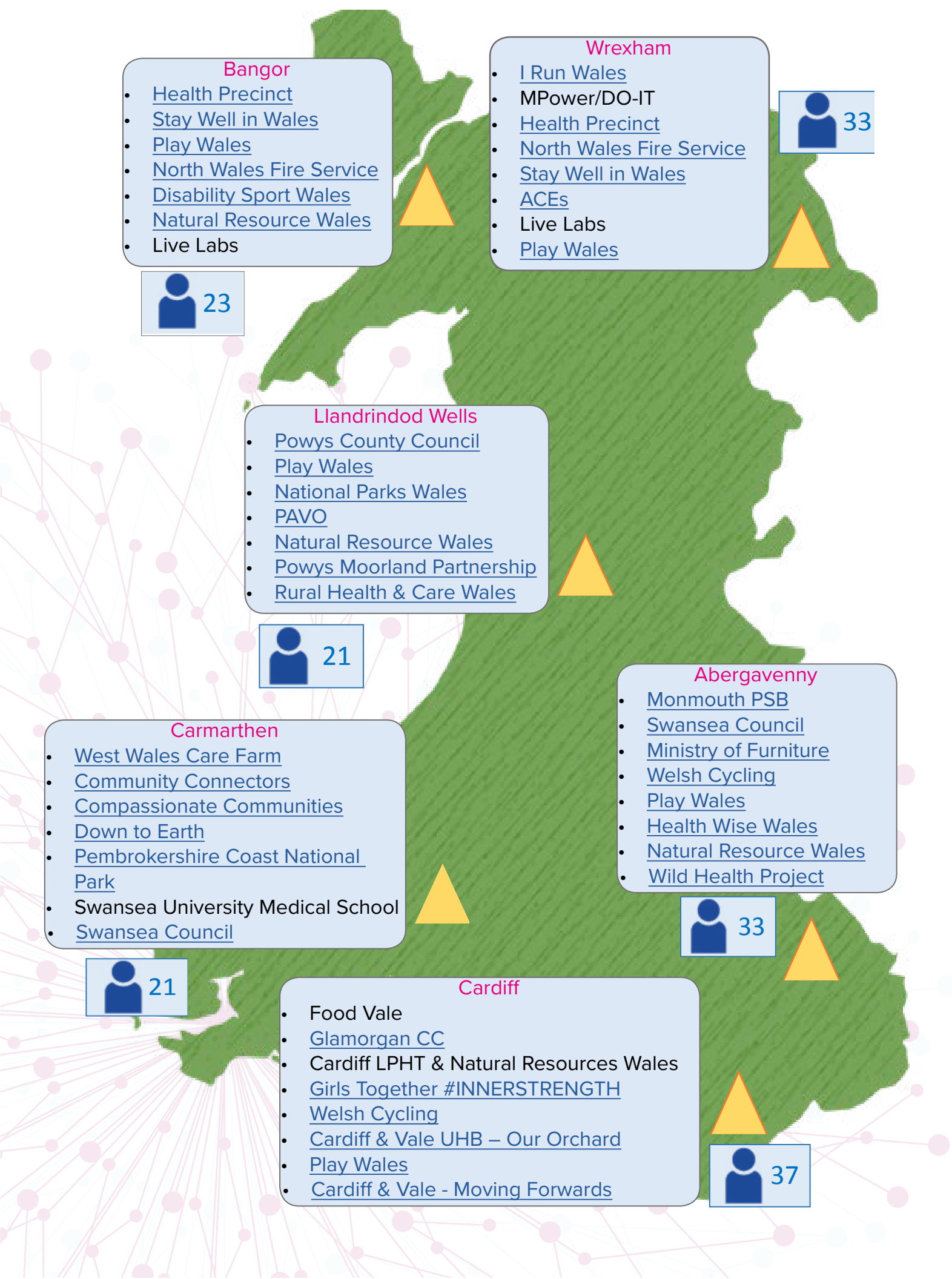
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Public Health Network Cymru 2018 Roadshows At a Glance



Background

Public Health Network Cymru is a platform for practitioners, researchers and policy makers from all sectors and settings in Wales. It is also a place for learning, sharing and engaging in key public health topics and issues.

Public Health Network Cymru has been in existence now for three years. It was developed as the next step in the evolution of the public health networks, merging the four existing topic based Networks into one all encompassing service, offering a ‘one stop shop’ for practitioners working on public health topics in Wales.

Public Health Network Cymru Sustainability Roadshow 2018

Public Health Network Cymru (PHNC) was officially launched in May 2015 at several events across Wales. The aim of the Network is to promote networking opportunities for professionals with an interest in public health.

The Network continues to engage with its members by organising annual ‘roadshows’ across Wales to inform delegates of further developments and future aspirations of the Network. A large part of these events consists of engagement from attendees and to gain feedback from those present on aspects of the Network including the website, e-bulletin, future events that they would like to see from the Network and the Shared Practice Database. The feedback from previous events is always used to inform future events planned by the Network.

This year the Network decided to theme the Roadshow around sustainability and in turn collaborated with the Health and Sustainability Hub (Public Health Wales) and Office of the Future Generations Commissioner. Six events were held across Wales. These were held in Bangor, Wrexham, Cardiff, Llandrindod Wells, Carmarthen and Abergavenny. The events were held from 09:30am – 2:00pm and were open to any professionals who have an interest in public health and would like to find out more about the Wellbeing of Future Generations Act.

Overview of the Day

The day opened with an icebreaker which had a sustainability theme to get delegates talking and networking. The first part of the day focused on updating delegates, current members and new members, to the Network and its functions. Malcolm Ward, Principal Health Promotion Specialist and Network Manager provided an overview of the Network. A short video was produced by Sarah James, Content Producer’ to further explain the background to the Network and to highlight other functions of the Network including conferences, seminars, e-bulletins and podcasts. This video can be viewed [here](#).

A major part of this event focused on showcasing local projects and their work and how they are linking to the Wellbeing Goals of the Well-being of Future Generations Act. The first presentation of the day was from the Health and Sustainability Hub. Delivered by Cathy Weatherup, Strategic Lead; Richard Lewis, Programme Manager and Michael Darke, Project Support Officer. Projects were given the chance to either present their work within an allocated 15-20 minute slot and / or provide a display stand which was available to view throughout the day. There was a good response to this section and the projects which showcased their work can be seen in the table below. This was also an opportunity to further promote the Shared Practice Toolkit and Directory, and we will be following up with the projects to enquire if they would like to have their details added to the Directory on the [Public Health Network Cymru website](#).

Projects which showcased their work

Bangor <ul style="list-style-type: none">Stay Well in WalesNatural Resources Wales‘Live Labs’Play WalesNorth Wales Fire and Rescue ServiceConwy Health PrecinctDisability Sport Wales	Wrexham <ul style="list-style-type: none">Conwy Health Precinct‘Live Labs’Stay Well in WalesAdverse Childhood ExperiencesI Run WalesMPower/DO-ITPlay WalesNorth Wales Fire and Rescue Service
Cardiff <ul style="list-style-type: none">Food Vale - Making Sense of Food the Sustainable WayGlamorgan CC - Cricket and HealthThe Built and Natural Environment and WellbeingGirls Together #INNERSTRENGTHWelsh CyclingPlay WalesOur OrchardMoving Forwards: Healthy Travel for All in Cardiff and Vale of Glamorgan	Llandrindod Wells <ul style="list-style-type: none">Natural Resources WalesTowards 2040 - The Powys Wellbeing PlanNational Parks Wales - Together for Health and WellbeingPlay WalesPowys Moorland PartnershipPowys Association of Voluntary Organisations (PAVO)Rural Health and Care Wales

Carmarthen <ul style="list-style-type: none">West Wale Care FarmCommunity ConnectorsCompassionate CommunitiesPembrokeshire Coast National ParkSwansea University Medical SchoolDown to EarthLocal Area Coordination - Swansea Council	Abergavenny <ul style="list-style-type: none">Natural Resources WalesMonmouthshire Public Service BoardLocal Area Connections - Swansea CouncilMinistry of FurnitureWelsh CyclingPlay WalesHealth Wise Wales in Cwm TafWild Health Project
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Attendance Numbers and Organisations / Sectors

Invitations to the Roadshow were offered to all members of Public Health Network Cymru. As expected, Cardiff was the most popular venue, being in the most populated area of Wales. However numbers in Mid and North Wales were higher than previous years and did almost reach maximum capacity which is a huge improvement on past events in those areas.

Compared with 2017, overall numbers were considerably higher with a total of 186 registered to attend compared to 80 for the previous year. This could be due to the theme of the event as the Wellbeing of Future Generations Act is very timely. Of the 186 registered, 168 actually attended on the day.

Venue	Number Attending
Bangor	23
Wrexham	33
Cardiff	37
Llandrindod Wells	21
Carmarthen	21
Abergavenny	33
TOTAL	168

Of those participants the majority were from Third Sector, Local Authorities, Health Boards, Public Health Wales, and Academia.

Evaluation Form: Quantitative Results

Participants were asked to complete evaluation feedback forms at the end of every event. 86 were completed from the 168 delegates.

The first question asks delegates whether they were members of Public Health Network Cymru. It is interesting to note that there were more delegates (58) who were not members compared to those who were members (28), particularly as the events were mainly advertised among members of the Network. However this does show that information sent to members is then passed on to other colleagues and organisations (Fig. 1).

The Network had 8 new member registrations in the week following the seminars. The Network's Sustainability Showcase events provided an opportunity to promote the Network across Wales, and the increase in membership has shown that this has been a success.

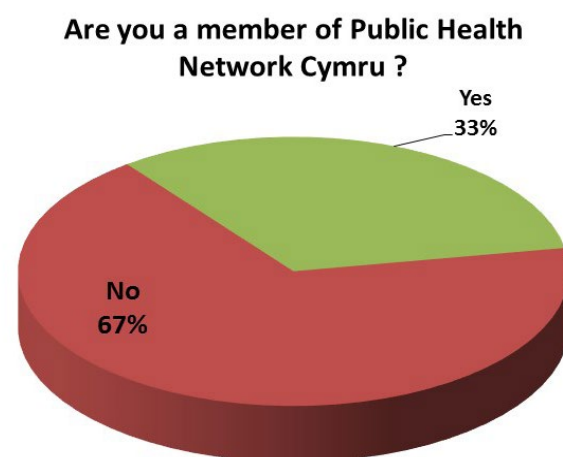


Figure 1

Another question asked delegates to rank from one to five, (where one is not at all useful and five is very useful) how useful did you find the seminar.

As can be seen, the majority of people answered 4 or 5 (76) to this question with 8 people providing the answer of 3. (Fig. 2)

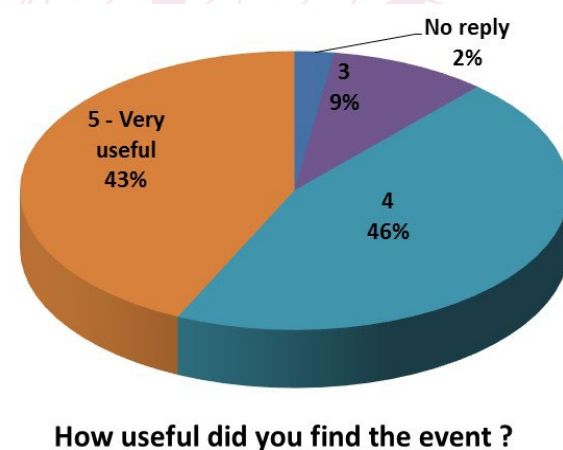


Figure 2

Evaluation Form: Qualitative Results

Further questions on the evaluation form looked for a qualitative response and are detailed below.

What was your main motivation for attending this event?

The main reason people gave for attending the events were; to network, find out more about Public Health Network Cymru and the Health and Sustainability Hub; and to showcase their own project.

Bangor

- “The subject matter is particularly relevant to the work I’m involved with and it was a good opportunity to hear a broader perspective from different organisations, to make contact with people and to discuss common issues.”

Wrexham

- “To find out how this can inform the work I am doing with the PSB.”
- “Opportunity to network with other organisations and identify possible collaborative projects.”

Cardiff

- “To find out what other organisations are doing with regards to embedding wellbeing Act and 5 ways of working.”
- “Share learnings from a physical activity/wellbeing intervention programme and to meet people from the health sector - chance to network.”

Llandrindod Wells

- “Increased understanding of sustainability and wellbeing to see if there are ways to engage.”
- “To learn about Public Health Network Cymru, to hear from presenters representing various organisations and how they should all link together.”

Carmarthen

- “Connect with Future Generations Commissioner’s team!”
- “Manage wellbeing and mental health support for young people - can I apply any learning to the projects I manage.”

Abergavenny

- “Find out more about how organisations in Wales are implementing the FG Act into their projects. To share good practice.”
- “To get a greater understanding of the Network.”

Was there anything that was of notable interest?

The majority of people said that they found the events to be diverse and enjoyed the presentations as they were all thought provoking. A number of people also mentioned they were keen to find out more about the Network and also how projects were incorporating sustainability into their work.

- “The insight gained into the work of the sustainability hub, the Hot House research findings and the BCUHB links were particularly helpful.”
- “The stories of practical implementation of the 2015 Act.”
- The range and diversity of presentations - excellent - lots of cross cutting matters and demonstration of linking different agencies / agendas
- The Public Health Network. The different projects happening around Wales

How do you plan to utilise the learning gained at this event?