

**Health History Form**

DATE: \_\_\_\_\_

NAME: Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_ Gender: ☐ M ☐ F Birthdate: \_\_\_\_\_

REASON FOR VISIT: \_\_\_\_\_

Allergies:	<u>Medication or Substance</u>	<u>Reaction</u>
<input type="checkbox"/> No Allergies	_____	_____
	_____	_____
	_____	_____

<u>Current Medications:</u>	<u>Label – Name</u>	<u>Dose</u>	<u>Frequency</u>
OR	_____	_____	_____
<input type="checkbox"/> See Attached List	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

**Social History**

☐ Single ☐ Married (their name: \_\_\_\_\_) ☐ Domestic Partner (their name: \_\_\_\_\_) # Kids \_\_\_\_\_

Do you use tobacco products? ☐ Daily ☐ Some Days ☐ Quit ☐ Passive (around cigarette smoke) ☐ Never  
 Packs per Day \_\_\_\_\_ Years Smoked \_\_\_\_\_ Date Quit \_\_\_\_\_  
 Type(s) of Tobacco: ☐ Cigarettes ☐ Cigars ☐ E-Cigarettes ☐ Chew ☐ Snuff

Do you drink alcohol? ☐ Yes ☐ No ☐ Quit Date Quit \_\_\_\_\_  
 Drinks per Day \_\_\_\_\_ Drinks per Week \_\_\_\_\_ Type: ☐ Beer ☐ Wine ☐ Liquor

Do you use recreational drugs? ☐ Never ☐ Yes – Use per Week \_\_\_\_\_ ☐ No ☐ Quit Date Quit \_\_\_\_\_  
 Have you ever used intravenous (IV) drugs: ☐ Yes ☐ No  
 Types: ☐ Cocaine ☐ Marijuana ☐ Methamphetamines ☐ Stimulants ☐ Heroin  
☐ Depressants (downers) ☐ Hallucinogens (LSD, mushrooms) ☐ Opioids

Are you sexually active? ☐ Yes ☐ No Partners: ☐ Male ☐ Female ☐ Both Birth Control: \_\_\_\_\_

Are you working? ☐ Yes What do you do? \_\_\_\_\_ ☐ No ☐ Retired ☐ Disabled

**Medical History**

Please check box for those conditions you have now or have ever had

<input type="checkbox"/> Diabetes Mellitus	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Sexually Transmitted Infection
<input type="checkbox"/> Foot Ulcer	<input type="checkbox"/> Meningitis	<input type="checkbox"/> Pseudomembranous Colitis	<input type="checkbox"/> Thrush
<input type="checkbox"/> H Pylori Infection	<input type="checkbox"/> Mononucleosis	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Tinea Pedis
<input type="checkbox"/> Impetigo	<input type="checkbox"/> MRSA Infection	<input type="checkbox"/> Shingles	<input type="checkbox"/> Urinary Tract Infection
<input type="checkbox"/> Influenza	<input type="checkbox"/> Osteomyelitis	<input type="checkbox"/> Sickle Cell Anemia	<input type="checkbox"/> Varicella
<input type="checkbox"/> Joint Infection	<input type="checkbox"/> Peripheral Vascular Disease		
<input type="checkbox"/> No Past Medical History	<input type="checkbox"/> Congestive Heart Failure	<input type="checkbox"/> Headaches	<input type="checkbox"/> Musculoskeletal
<input type="checkbox"/> Allergic Rhinitis	<input type="checkbox"/> COPD	<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Myocardial Infarction
<input type="checkbox"/> Anemia	<input type="checkbox"/> Coronary Atherosclerosis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Anesthesia Problems	<input type="checkbox"/> Depression	<input type="checkbox"/> HIV	<input type="checkbox"/> PPD
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Diabetes Type 1	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Seizures
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes Type 2	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Stroke
<input type="checkbox"/> Asthma	<input type="checkbox"/> Gastric Ulcer	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Substance Abuse
<input type="checkbox"/> Bleeding/Clotting Disorder	<input type="checkbox"/> GERD	<input type="checkbox"/> Lipid/Cholesterol	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Blood Transfusion	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Lung Disease	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Cancer			

☐ Other (Please list): \_\_\_\_\_

**Surgical History**

Please check box for any surgery you have had, indicate the year

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> No Past Surgical History | <input type="checkbox"/> CABG (_____)            | <input type="checkbox"/> Joint Replacement (_____) | <input type="checkbox"/> Spine Surgery (_____)     |
| <input type="checkbox"/> Abscess Drainage (_____) | <input type="checkbox"/> Cholecystectomy (_____) | <input type="checkbox"/> Orthopedic (_____)        | <input type="checkbox"/> Splenectomy (_____)       |
| <input type="checkbox"/> Amputation (_____)       | <input type="checkbox"/> Dental Surgery (_____)  | <input type="checkbox"/> Sinus Surgery (_____)     | <input type="checkbox"/> Tonsillectomy (_____)     |
| <input type="checkbox"/> Appendectomy (_____)     | <input type="checkbox"/> Gall Bladder (_____)    | <input type="checkbox"/> Skin Grafting (_____)     | <input type="checkbox"/> Valve Replacement (_____) |
| <input type="checkbox"/> Breast Surgery(_____)    |  |  |  |

☐ Other (Please list): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Family History—Check all that apply**

Relationship	First Name	Status (circle)	No Known Problems	Alcohol/Drug Abuse	Arthritis	Asthma	Autoimmune	Cancer	Clotting Disorder	COPD	Depression	Diabetes	Hearing Loss	Heart Disease	Hyperlipidemia	Hypertension	Immunodeficiency	Kidney Disorder	Lipids	Miscarriages	Recurring Infection	Stroke	Sudden Death	Vision Loss
Mother		alive deceased																						
Father		alive deceased																						
Sister		alive deceased																						
Brother		alive deceased																						
Maternal Aunt		alive deceased																						
Maternal Uncle		alive deceased																						
Paternal Aunt		alive deceased																						
Paternal Uncle		alive deceased																						
Maternal Grandmother		alive deceased																						
Maternal Grandfather		alive deceased																						
Paternal Grandmother		alive deceased																						
Paternal Grandfather		alive deceased																						

**\*\*Type of Cancer or Disease:** \_\_\_\_\_

**Screening**

In the past two weeks, how often have you been bothered by the following? (Please circle one response per statement.)

Little interest or pleasure in doing things	Not at all	Several days	More than half the days	Nearly every day
Feeling down, depressed, or hopeless	Not at all	Several days	More than half the days	Nearly every day

Have you fallen in the past year? ☐ Yes ☐ No Do you have issues with balance or feeling unsteady? ☐ Yes ☐ No  
 Are you afraid of falling? ☐ Yes ☐ No Do you feel safe at home? ☐ Yes ☐ No

**Review of Systems (current symptoms) – please check only if these are bothering you at this time**

**Gastrointestinal**

- |  |   |   |  |  |
|--|---|---|--|--|
| <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> Nausea             | <input type="checkbox"/> Vomiting           | <input type="checkbox"/> Heartburn/Indigestion | <input type="checkbox"/> Rectal Bleeding |
| <input type="checkbox"/> Stomach Pain  | <input type="checkbox"/> Constipation       | <input type="checkbox"/> Vomiting Blood     | <input type="checkbox"/> Black Tarry Stools    | <input type="checkbox"/> Other: _____    |
| <input type="checkbox"/> Diarrhea      | <input type="checkbox"/> Abdominal Swelling | <input type="checkbox"/> Trouble Swallowing | <input type="checkbox"/> Other: _____          | <input type="checkbox"/> Other: _____    |

**Constitutional**

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> Fevers      | <input type="checkbox"/> Fatigue     |
| <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Weight Loss |

**Head / Eyes**

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Cataracts   | <input type="checkbox"/> Dry Eyes        |
| <input type="checkbox"/> Poor Vision | <input type="checkbox"/> Color Blindness |

**Ears/Nose/Mouth/Throat**

- |  |   |
|--|---|
| <input type="checkbox"/> Hearing Loss  | <input type="checkbox"/> Chronic Sinus Congestion |
| <input type="checkbox"/> Heavy Snoring | <input type="checkbox"/> Bad Teeth                |

**Respiratory (lungs)**

- |  |   |
|--|---|
| <input type="checkbox"/> Cough               | <input type="checkbox"/> Asthma           |
| <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Emphysema (COPD) |

**Heart**

- |   |  |
|---|--|
| <input type="checkbox"/> Chest Pain           | <input type="checkbox"/> Palpitations        |
| <input type="checkbox"/> Irregular Heart Beat | <input type="checkbox"/> High Blood Pressure |

**Genitourinary**

- |  |   |
|--|---|
| <input type="checkbox"/> Sexual Problems | <input type="checkbox"/> Burning with Urination |
| <input type="checkbox"/> Blood in Urine  | <input type="checkbox"/> Leakage of Urine       |

**Muscles/Bones**

- |  |  |                                     |
|--|--|-------------------------------------|
| <input type="checkbox"/> Chronic Pain    | <input type="checkbox"/> Muscle Wasting  | <input type="checkbox"/> Arthritis  |
| <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Muscle Cramping | <input type="checkbox"/> Joint Pain |

**Skin**

- |                                  |                                    |
|----------------------------------|------------------------------------|
| <input type="checkbox"/> Rash    | <input type="checkbox"/> Jaundice  |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Psoriasis |

**Neurological**

- |                                    |   |
|------------------------------------|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Seizures         |
| <input type="checkbox"/> Confusion | <input type="checkbox"/> Tremor (shaking) |

**Vascular**

- |                                      |   |
|--------------------------------------|---|
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Varicose Veins |
|--------------------------------------|---|

**Psychosocial**

- |   |   |  |  |                                      |
|---|---|--|--|--------------------------------------|
| <input type="checkbox"/> Anxiety / Nerves | <input type="checkbox"/> Abusive Relationship | <input type="checkbox"/> Sexual Difficulties   | <input type="checkbox"/> Insomnia            | <input type="checkbox"/> Alcohol Use |
| <input type="checkbox"/> Depression       | <input type="checkbox"/> Feeling Worthless    | <input type="checkbox"/> Want to Hurt Yourself | <input type="checkbox"/> Want to Hurt Others | <input type="checkbox"/> Drug Use    |

**Endocrine**

- |   |  |
|---|--|
| <input type="checkbox"/> Hot Flashes      | <input type="checkbox"/> Intolerance to Heat |
| <input type="checkbox"/> Excessive Thirst | <input type="checkbox"/> Intolerance of Cold |

**Blood / Lymph**

- |  |  |
|--|--|
| <input type="checkbox"/> Swollen Lymph Nodes |  |
| <input type="checkbox"/> Easy Bruising       | <input type="checkbox"/> Easy Bleeding |