# Elderly Care for Alzheimer's Disease



**Introduction:**

An 82-year-old female with Alzheimer's disease presents with increased confusion and agitation. This case study examines the complexities of caring for elderly patients with Alzheimer's.

**Patient Information:**

* Demographics: 82-year-old female.
* Medical History: Alzheimer's disease, osteoarthritis.
* Current Health Assessment: Increased confusion, agitation, and occasional aggression.

**Case Description:**

* Clinical Presentation: Patient exhibits signs of advanced Alzheimer's with memory loss and disorientation.
* Diagnostic Findings: Cognitive tests confirm the progression of Alzheimer's.
* Treatment Plan: Non-pharmacological interventions for agitation, memory aids, and safety measures in the home.

**Nursing Care Plan:**

* Nursing Diagnoses: Impaired memory related to Alzheimer's disease.
* Goals: Reduce agitation and prevent harm.
* Interventions: Use of calming techniques, establishing a routine, and environmental modifications.
* Evaluation: Agitation was reduced, and the patient's safety was improved through environmental adjustments.

**Analysis:**

The case underscores the need for tailored interventions to manage Alzheimer's symptoms and improve the quality of life for the elderly.

**Conclusion:**

Nursing care for Alzheimer's patients requires a multifaceted approach focusing on safety, symptom management, and patient dignity.