

**WOMEN'S HEALTH
MEDICAL HISTORY**

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Name: _____ DOB: ___/___/___ Today's Date: ___/___/___

Primary Care Physician: _____ Pharmacy Name/Phone # _____

REASON FOR YOUR VISIT TODAY: _____

At what age did menstruation begin? _____

What was the first day of your last menstrual period? ___/___/___

Is your period usually: light moderate heavy (Please check)

Is your period regular or irregular? _____ How often? _____

How many days does your period last? _____

If you have begun menopause at what age did you start? _____

PLEASE CHECK IF YOU HAVE ANY OF THE FOLLOWING MEDICAL CONDITIONS:

- | | | | | |
|--|--|---|---|---|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Asthma | <input type="checkbox"/> Stroke | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> Depression/Anxiety |
| <input type="checkbox"/> Mental Illness | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> Diabetes Type 1 | <input type="checkbox"/> Migraines | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Diabetes Type 2 | <input type="checkbox"/> Hepatitis Type: _____ | <input type="checkbox"/> Other: _____ | | |

	DATE	WHERE	RESULTS
Pap Smear			
Bone density scan			
Colonoscopy			
Mammogram			

PLEASE CHECK IF YOU HAVE HAD ANY OF THE BELOW SURGERIES:

- | | | | |
|---|---|--|--------------------------------------|
| <input type="checkbox"/> Bladder Surgery | <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Thyroidectomy | <input type="checkbox"/> BSO |
| <input type="checkbox"/> Breast Surgery/Mastectomy | <input type="checkbox"/> Ovarian Cyst Removal | <input type="checkbox"/> Tubal Ligation | <input type="checkbox"/> C-Section |
| <input type="checkbox"/> Breast Augmentation | <input type="checkbox"/> Lap Hysterectomy | <input type="checkbox"/> Gallbladder | <input type="checkbox"/> Laparoscopy |
| <input type="checkbox"/> Total Abdominal Hysterectomy | <input type="checkbox"/> Total Vaginal Hysterectomy | <input type="checkbox"/> LEEP/Conization | <input type="checkbox"/> D&C |

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HAS ANYONE IN YOUR FAMILY EVER HAD ANY OF THE FOLLOWING?

	Mother	Father	Sibling	Child	Other
Osteoporosis					
Heart Problems					
Stroke					
Uterine Cancer					
Bladder Cancer					
Breast Cancer					
Diabetes Type 1					
Diabetes Type 2					
High Cholesterol					
Alzheimer's					
Ovarian Cancer					
Thyroid Problems					
High Blood Pressure					
Colon Cancer					

Other: _____

Would you be interested in a genetic screening that tests for breast, colon and ovarian cancer? Yes No

Have you received the Gardasil vaccine series? Yes No

If so, when did you receive the last vaccine? _____ What series are you on? Please circle. 1 2 3

Have you received the Flu Vaccine? Yes No If so, when? _____

SOCIAL/REPRODUCTIVE HISTORY: Check all that apply.

General:

Marital status: Married Divorced Widowed Single Domestic Partner

Exercise amount per week: _____

Do you perform self-breast exams? Yes No If yes, how often? _____

Are you currently sexually active? Yes No

What do you currently use for birth control? Please check all that apply.

IUD-date inserted ___/___/_____ Vasectomy Depo Provera Tubal Ligation Pills

IUD Type: _____ Condoms Nuva Ring None

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Have you ever been pregnant? Yes No

How many living children do you have? _____

Have you had? Twins Triplets More N/A

How many of the following have you had?

Ectopic pregnancies _____ Abortions _____

Full term births _____ Premature births _____

Miscarriages _____

Substance Use:

Smoking and/or tobacco use: Past/Date quit: _____ Present Packs per day: _____ Never

Alcohol use: Never Occasionally/Socially Regular use- Drinks per day _____

Drug use (ex. cocaine, marijuana, meth, narcotics, and prescription drugs): Past Present Never

If yes, what type of drugs? _____ If yes, how often? _____

Caffeine use: Yes No How many drinks per day: _____

History of Abuse:

	Yes	No	Past
Do you ever feel like you are verbally or emotionally abused?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you in a relationship where you are being slapped, hit or kicked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you ever forced to have sex when you do not want to?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

GYN HISTORY: Check all that apply.

Have you ever had any of the following?

- Abnormal pap Fibroids Endometriosis
 Infertility Ovarian Cyst Cancer Type: _____

Have you ever had any sexually transmitted diseases?

- Chlamydia Gonorrhea Trichomonas Genital Warts Pelvic Inflammatory Disease
 HPV HIV Hepatitis C Syphilis

Are you allergic to any medications? If yes, please list the medication as well as your reaction.

Are you allergic to any of the following? Latex Iodine Nickel

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MEDICATION LIST: *Please list all medications including over-the-counter*

Name of Medication	Dosage	Times per day	Prescribing Doctor
Example: Lasix	20 mg	Twice a day	Dr. Jones

REVIEW OF SYSTEMS: Please check all that you are **currently** experiencing.

Genital/Urinary:

- Breakthrough Bleeding
- Urinary Urgency
- Heavy Vaginal Bleeding
- Pain/Burning with Urination
- Vaginal Dryness
- Urinary Leakage
- Irregular Vaginal Bleeding
- Urinary Tract Infections
- Painful Intercourse
- Painful Periods
- Frequent Urination at Night

Endocrine:

- Hot Flashes
- Night Sweats
- Absence of Menstrual Periods
- Fatigue
- Hair Loss

Skin/Breasts:

- Changes in Mole
- Nipple Discharge
- Breast Lumps
- Breast Tenderness

Neurological:

- Frequent Headaches
- Muscle Weakness
- Poor Coordination
- Trouble Sleeping
- Moodiness

Digestive:

- Rectal Bleeding
- Diarrhea
- Constipation
- Significant Weight Gain _____ lbs
- Heart Burn
- Bloody Stool
- Black/Tarry Stool
- Significant Weight Loss _____ lbs
- Vomiting

Cardiac:

- Fainting/Dizziness
- Irregular Heartbeat
- Chest Pain

Respiratory:

- Shortness of Breath
- Coughing Up Blood
- Wheezing

Eyes:

- Changes in Vision