

Is Homework Beneficial?

By: Olivia Metzger

Every kid hates doing homework, but is it really beneficial to them? A study was done that revealed 10 minutes per grade is a good amount to go by. For example, first graders should get 10 minutes of homework, or ninth graders should get 90 minutes of homework, and so on.

In Massachusetts, a teacher made a no homework policy for her students, to test the study. They found that not enough homework doesn't do anything, but too much homework isn't good either. So even though I don't like doing homework myself, I think students should be given homework to complete.

Students that have homework test better in schools. In 2006 a professor from Duke University concluded a study that found a positive correlation between homework and student achievement. Students that did homework performed better in school or to be specific, tests. Those students got roughly 40 points higher on their S.A.T.s than those who didn't. This correlation is stronger for older students. This meaning, older students performed better or had a bigger difference in test scores than younger students. In fact, some students that attended college did more than 3 hours of homework a week at their high school. So in conclusion to this argument, those who do homework have more of a chance at getting higher test scores and getting into college than if they don't do homework.

Not only do students do better in tests, but homework helps to reinforce what the kids learned and to develop key study habits and life skills. A study was done that showed only about 50% of what teachers were teaching, students were retaining. Homework helps students to retain info, and develop life skills such as, time management, critical thinking and self direction. A study done on different elementary schools were taught strategies on how to organize and complete homework. Examples of this are, taking notes, prioritizing and following directions. All of this combined showed increased grades and positive comments on report cards. Researchers from the City University of New York concluded that students that have homework remember more of what they learned and learn life skills while they study. They are also generally more motivated and are higher achievers than those who don't have any homework.

Some say too much homework can be harmful. According to a poll conducted in California 59% of students thought they had too much homework and 82% said they got stressed by homework. If teachers give the right amount, and parents offer help and support, homework can be helpful and not harmful.

Homework is good for a student. as long as they get the right amount, it can improve grades, test scores, and teach key life skills. So even though all kids hate doing homework it is very beneficial to them in later years.