

Personal Statement Sample for Internal Medicine

Traveling allows me to experience the world. I love seeing new countries, eating new foods and learning about new cultures. I can never decide which place I have enjoyed visiting the most. The pyramids of Egypt, the Taj Mahal in India and the Reclining Buddha in Thailand are definitely among the best. Travelling is a never-ending exploration, an opportunity to grow as a person as I immerse myself in the traditions of each country I visit.

I have found Internal Medicine to provide the same opportunities for learning as I have experienced through my travels. My thirst for knowledge is never satisfied. It is not enough for me to know how to make a diagnosis and provide treatment. I always need to understand the rationale behind a decision I make. No field satiates this curiosity better than Internal Medicine.

As an innocent student just beginning my clinical years, I was thrown into the complex and challenging world of Internal Medicine. Through the three months of the clinical rotation, I immersed myself in the pathophysiologic processes, diagnoses and treatment regimens of the patients I was assigned to follow. I can still remember a patient I will call Mr. Smith who was suffering from complications of diabetic nephropathy. Every morning at half past six I would wake him from deep slumber to inquire about his condition overnight and to perform a physical exam. Instead of being annoyed at the disturbance, Mr. Smith came to see me as an integral component of his care during his stay at the hospital and looked to me for information about the next step in his management. From him I learned not only the pathology of disease, but also the special bond that develops between physician and patient.

I came to medical school with the vision that doctors were people with vast knowledge about innumerable ailments. My desire to be one of these people was encouraged when my loved ones turned to me for medical advice. My mother called to ask about the benefits and side effects of hormone replacement therapy, my college friend inquired about the meaning of an abnormal pap smear, and my father questioned whether he should begin medical therapy for his borderline hypertension. I was initially enticed to the field of medicine because these are the types of conditions I wanted to master and be able to treat. There are many admirable paths in medicine, but I believe Internal Medicine provides an intermediate level of specialization that requires a thorough knowledge unlike the breadth in other primary care specialties. After experiencing other specialties, I realized Internal Medicine was my true calling because it was the only field that enabled me to have such a broad, yet solid foundation.

My dream is to one day combine my love of travel and my interest in medicine. I envision myself involved with programs that bring physicians to under-served countries to provide necessary health care. I look forward to working hard, facing challenges and developing knowledge that will continue to grow during my Internal Medicine residency and beyond. I am a motivated and enthusiastic medical student who is committed to pursuing this incredible journey.