

# MOTIVATION LETTER

## PERSONAL STATEMENT

I'm Abdulrahman Alquraynis, born in a small city at the northern region of Saudi Arabia name HAIL, With minimal facilities of medical services. My family build up an ambitious and hopes to became a medical doctor with a full support.

When I was growing up, my father was always working on a project around the house. I was frequently out there helping him. Learning about the mechanisms that make things work became very fascinating to me. Additionally, using my hands to create or to fix things that were broken became quite enjoyable, and seeing the end results of my efforts brought me a sense of pride and accomplishment.

At age of 12 years old I was a goal keeper and I get a direct trauma to my wrist resulting in severe pain, swelling and limited range of motion. I was afraid from my father to tell him the truth that he might punish my friend and to restrict me from playing later on. Then after waiting for few hours my wrist became so painful and the swelling increased then he noticed that I couldn't move my wrist, after some investigation he took me to the private hospital where an X-Ray showed a distal radius fracture and full cast was applied. At that time the love story began from profession of that orthopedic doctor and his way of talking and explaining with the diagrams and models that he had and my father told him that I will be a famous orthopedic surgeon. At primary school and during my free time I like to draw and write with my father who correct my mistakes and I love the session of nature models and diagrams as a homework from school classes.

Medical school was already in my future, and pursuing a career in orthopedic surgery became a distinct possibility. I was drowned to the field of orthopedic, since we have a musculoskeletal subject which attracts my attention and I loved the cadaveric classes and I enjoyed pronouncing the Latin names of muscles and tendons. During the clinical phase of medical school we have orthopedic lectures, and I remember that I got the highest score in the mid term exam. After that I like the specialty more and more and I plan my career to join the Saudi orthopedic program. What I learned during my residency the value of hard work, how to function well with others as part of a unit, and about making personal sacrifices for the greater good of the team.

The orthopedic is A magic specialty to me that I found myself on it. It's include a variety of patient care from outpatient clinic to operative intervention, minimal invasive arthroscopic with no age-specific. I love trauma cases and fixing bone fracture with beauty of anatomy. I can't explain the feeling if I got a patient with a long bone fracture unable to walk then with a simple procedure and a short turnover he could return almost to his normal life. Which was excited to me is that The three-dimensional imagination and biomechanics that I found in orthopedic procedures.

The things which I feel its good and positive point that I'm a social, friendly, hard and team worker I get enjoyed in social gathering, Negative points I guess that the perfectionism, I need to get a single points at a high standard. the thing that might take me a long time which I could have done it in a half time if I accept some drawback.

Finally, after completing my certification as an orthopedic consultant from Saudi Commission For Health Specialty, I strive to experience the fellowship program at **Alps Surgery Institute** with one of the famous Orthopedic Surgeon (Dr. L. Lafosse) as they are the leader hospital for Shoulder surgery in the world. To contribute to this field in a manner that is a scientific addition to my country, my family and myself.