

# Weekly Research Progress Report – Dr. Cooper’s Laboratory

For the Week of: \_\_\_\_\_

Name: \_\_\_\_\_

Project: \_\_\_\_\_

Number of Hours Spent on Research Activities: \_\_\_\_\_

Brief, Concise Summary of Your Research Activities:

Dr. Cooper’s Initials: \_\_\_\_\_

Dr. Cooper’s Comments:

Usable Results Obtained:

Research-Oriented Goals for Next Week:

Other Comments/Pertinent Information:

**Self Rating:** Use the following scale of 0-7 to rate yourself in the areas noted in the table below:

0 = none; 1 = very poor; 2 = below average; 3 = average/mediocre;

4 = above average/acceptable; 5 = good; 6 = excellent; 7 = outstanding

Place an “X” in the appropriate box on the corresponding line.

Category	Self Score							
	0	1	2	3	4	5	6	7
Effort								
Progress								
Overall Contributions								

Student Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_