

Components of a Client-Centered Treatment Plan

Acute Safety Needs	Determines need for immediate acute stabilization to establish safety prior to routine assessment
Severity of Mental and Substance Use Disorders	Guides choice of most appropriate setting for treatment
Appropriate Care Setting	Determines client's program assignment
Diagnosis	Determines recommended treatment intervention
Disability	Determines case management needs as well as whether enhanced level of intervention is required
Strengths and Skills	Determines areas of prior success around which to organize future treatment interventions along with determining areas of skill-building needed for management of either disorder
Availability and Continuity of Recovery Support	Determines whether continuing relationships need to be established as well as availability of existing relationships to provide contingencies to promote learning
Cultural Context	Determines most culturally appropriate treatment interventions/settings
Problem Priorities	Determines problems to be solved specifically, along with opportunities for contingencies to promote treatment participation
State of Recovery/Client's Readiness to Change	Determines appropriate treatment interventions and outcomes for client at given stage of recovery or readiness for change

Source: SAMHSA/CSAT, 2006.