

Emergency Action Plan



Upper Perkiomen Middle School

901 Montgomery Ave, Pennsburg PA

Phone: (267)-313-4800

upsd.org/middle-school

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Purpose of Emergency Action Plan

Emergencies arise during athletic events. Although we prefer they do not happen, we must have an emergency action plan or EAP to be well prepared to handle these events efficiently. It is the purpose of this emergency action plan to have a venue specific guide to follow in an event of an emergency.

There are three main components of this emergency action plan:

1. Emergency Equipment
2. Emergency Personnel
3. Emergency Communication

Emergency Equipment

Emergency equipment should be easily accessible at home sanctioned games. Emergency equipment must be properly maintained: in good condition and cleaned. Emergency personnel must rehearse how to use this emergency equipment. It is crucial to know in advance the location of emergency equipment.

If prescribed, athletes should give a spare inhaler, epi-pen, or other emergency medication to the athletic trainer.

Examples of emergency equipment are:

1. AED
 - a. Outside auditorium entrance.
 - b. Outside the gymnasium.
2. Phone ^[L]_[SEP]
 - a. Cell phones should be used to decrease wait time; however, if needed report to nearest school phone or the athletic director's office/athletic training room. If calling from a school phone, dial *911.
3. Splints
 - a. Athletic training room, football field during games and practices
4. Spine Board
5. Epi Pen/Inhaler

Emergency Personnel

The formation of a team during an emergency is extremely important. During varying athletic events, different levels of training may be present. Therefore, it is crucial to develop the role of each individual in the case of an emergency. When an emergency arises immediate and emergency care should be provided promptly. The most qualified individual should take command of the scene, others should listen to directions, until EMS arrives.

Levels of training within the athletic department team:

1. Team Physician
2. Staff Athletic Trainer
3. Coach – If first aid and CPR certified

Role of the First Responder

1. Immediate care of the injured or ill student-athlete
2. Sport-specific first aid kit will include an emergency contact card noting any medical ^[1]_[SEP] concerns to be aware of.
3. Activation of EMS if necessary
 - a. Direction of EMS to scene
 - i) Appropriate gate directions
 - ii) Flag down EMS
 - iii) Scene control
4. Emergency equipment retrieval

Emergency Communication

In the event of an emergency, communication is key. The most highly qualified personnel should take command of the scene. Others should follow orders to ease the stress of the situation. Making sure the scene is safe and activating EMS should be the first steps. One person of the team will be directed to call 911 and be prepared to meet EMS at the nearest gate or entrance. It is imperative to know the planned, most direct entrance to these areas. Staff on duty at events should

work to clear bystanders out of the way.

When Calling EMS Provide:

- Name, address of location, telephone number of caller
- Number of injured student athletes and the condition of the athlete(s)
- First aid provided thus far
- Specific directions to the emergency scene
- Other asked information

Athletic Department Contact Information

Athletic Trainers

Phone Numbers

High School:

Jayde Kauffman 215-679-5935 ext. 7015

Mackenzie Peed 215-679-5935 ext. 7015

Middle School:

Maryrose DiScipio 267-313-4800 ext. 6139

Mackenzie Peed 267-313-4800 ext. 6139

4/5 Building:

Maryrose DiScipio (215)-679-6288 ext. 7511

Athletic Office

Athletic Director:

Robert Kurzweg III, CMAA 215-679-5935 ext. 7124

Administrative Assistant:

Melanie Kulp 215-679-5935 ext. 7133

Administrators:

Principal:

Christine Siegfried 267-313-4800

Assistant Principal:

Brian Callen 267-313-4800

Lightning Protocol

The athletic director, certified athletic trainer, coaches, and referees are responsible for making the call to delay practice/competition in the case of lightening. Local weather forecasting websites along with the flash-to-bang method will be used to determine if outdoor activities should be suspended. If lightening occurs within 3-8 miles practice/competition shall be suspended. In the case of lightening, teams should seek enclosed shelter or car. Teams must wait 30 minutes after the last evidence of lightening before returning to practice/competition.

Concussion Protocol

See link on website.

Map of Upper Perkiomen Middle School and Fields

A = Main Gym

B = Field Hockey Field

C = Auxiliary Gym / Wrestling Room

D = Middle School Soccer Fields



Directions to Field / Gyms

A. Main Gym

1. From Main Street, turn left onto W 11th St, turn right onto Montgomery Ave, turn left into first entrance and turn into the parking lot on the right.
2. Access to main gym is located through side entrance of school and down to the end of hall on the right.

B. Field Hockey Field

1. From Main Street, turn left onto W 11th St, turn right onto Montgomery Ave, turn left into first entrance and turn into the parking lot on the right. Continue straight until you reach dirt path to the left of the maintenance sheds.
2. Field is located behind the building.

C. Auxiliary Gym / Wrestling Room

1. From Main Street, turn left onto W 11th St, turn right onto Montgomery Ave, turn left into first entrance and turn into the parking lot on the right.
2. Auxiliary gym is located on the right through the double side doors from parking lot.

D. Middle School Soccer Fields

1. From Main Street, turn left onto W 11th street, continue straight down Walt Rd. Turn right into parking lot, middle school soccer fields are on the left.

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