

Silly Soup Alliteration



Make sure you've done some examples of alliteration with your child before you do this activity so they are familiar with the idea.

Tell your child that you are going to play a game where they are pretending to make some different types of soup. The rules are that each type of soup they make must only contain foods that start with the same letter sound.

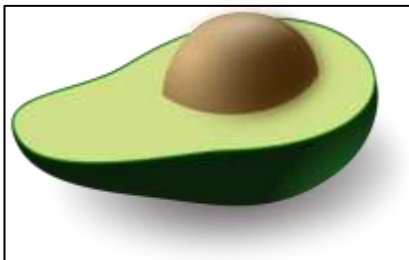
Give them a pan or bowl, a wooden spoon and some food items that start with the same letter sound. These could be toy food items or you could cut out some of the food items illustrated below or use pictures from food magazines.

Suggest that they choose at least 3 ingredients that start with the same sound for each soup and encourage them to say the ingredients out loud, emphasizing the beginning sound.

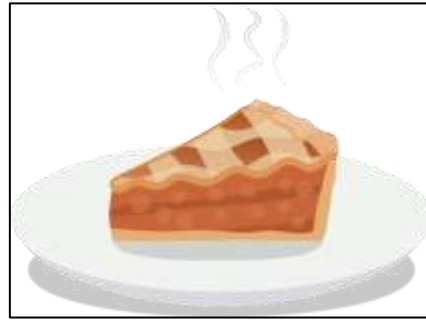
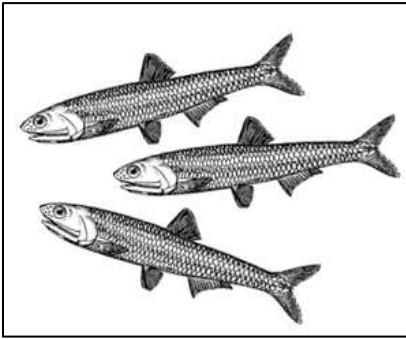
You can increase the difficulty of this task by giving them a mixture of food items that start with different sounds so they have to choose the ones that go together. For example, you could give them several items that start with an 'a' sound alongside several items that start with 'b' and 'c' sounds and ask them to make all 3 types of soup in turn.

Example 'a' sound ingredients:

Apple, avocado, asparagus, anchovies, apple pie.



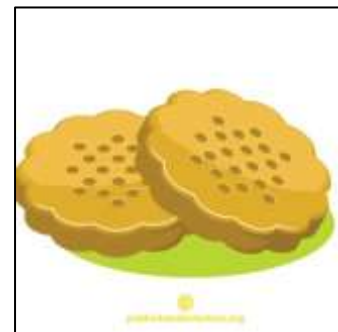
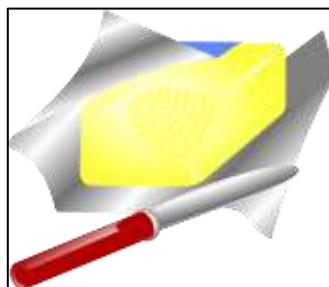
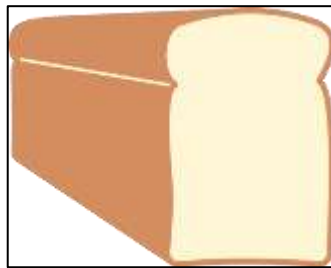
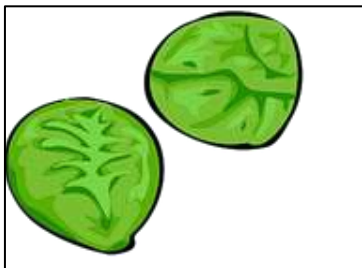
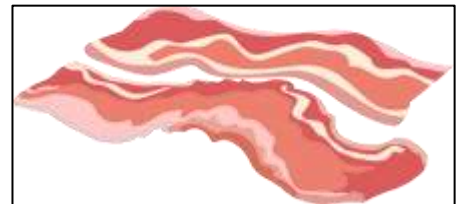
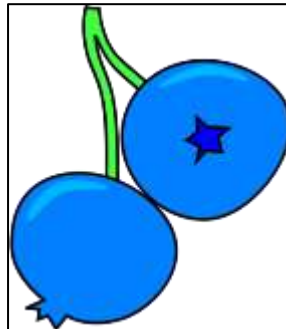
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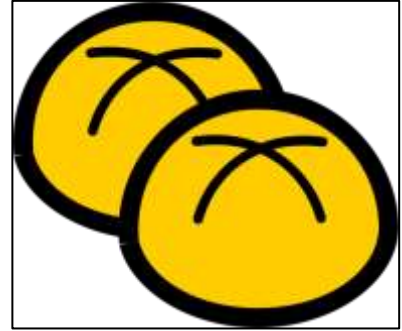
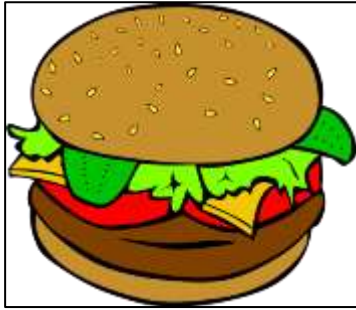
Avoid almonds, apricots and artichokes as these start with a different sound even though they have the same first letter.

Example 'b' sound ingredients:

Bananas, blueberries, bacon, Brussel sprouts, bread, broccoli, beans, butter, biscuits, burger, beer, buns.

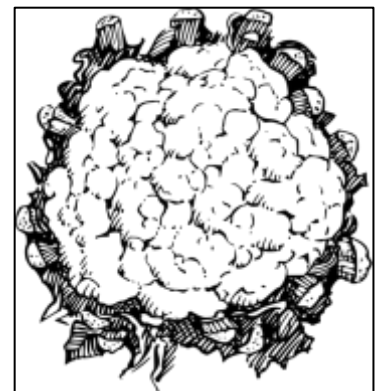
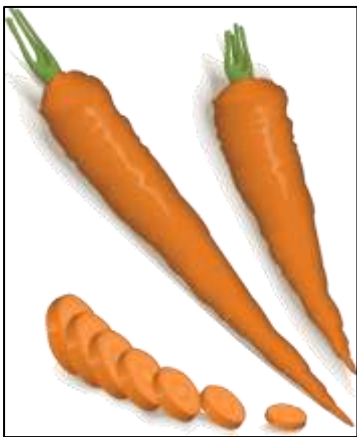
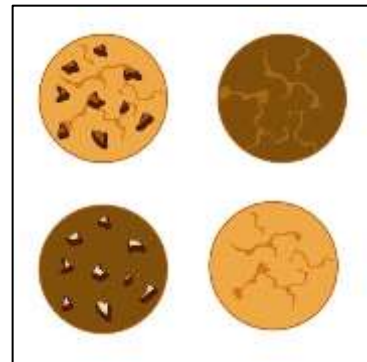


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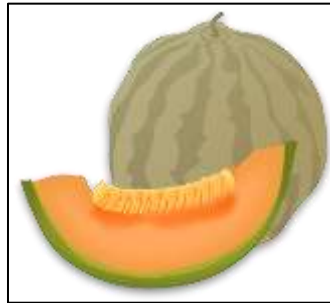
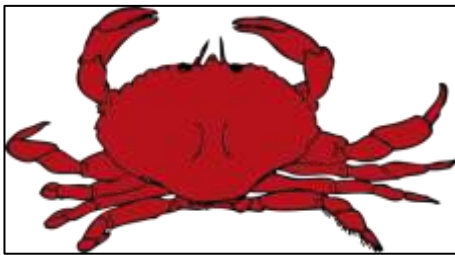
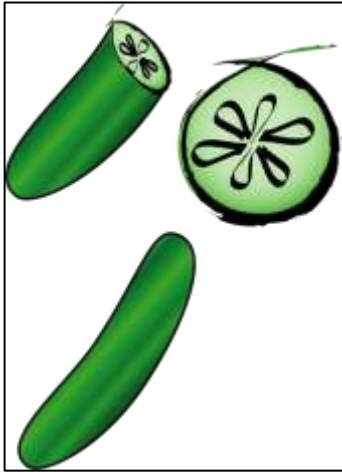


Example 'c' sound ingredients (these can be grouped with 'k' sound ingredients as both letters represent the same sound in many words):

Cabbage, corn, cookies, carrots, cupcake, cauliflower, cucumber, coffee, cola, crab, cantaloupe, coconut.



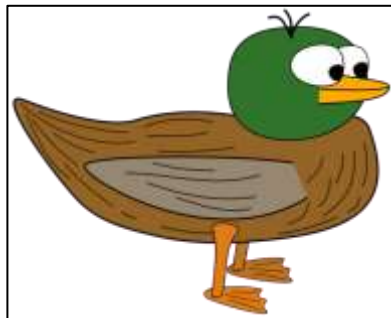
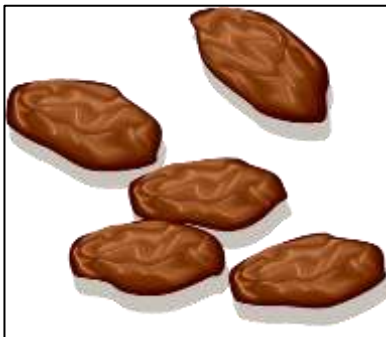
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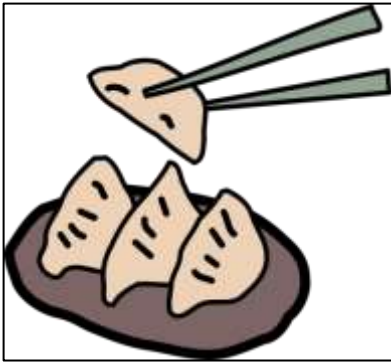
Avoid chocolate, chips, cheese, celery, chicken and cherries as these start with a different sound even though they have the same first letter.

Example 'd' sound ingredients:

Dates, duck, doughnut, dumplings, Doritos.

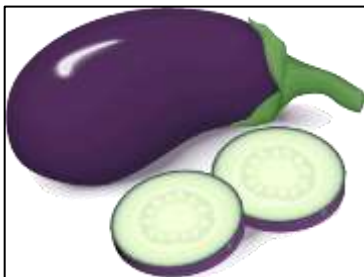
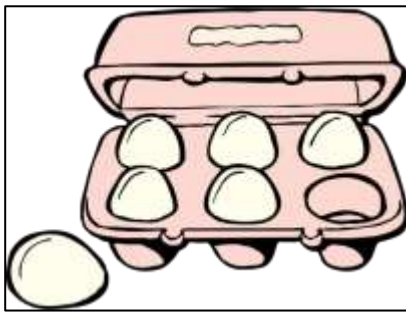


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Example 'e' sound ingredients:

Eggs, eggplant, enchiladas, eclairs.



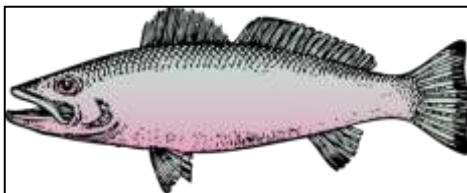
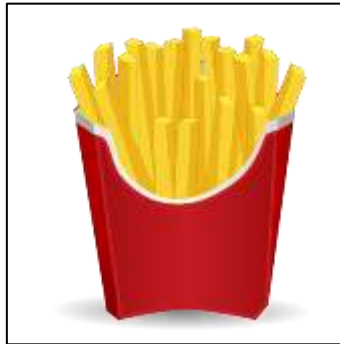
Avoid eels as this word starts with a different sound even though it has the same first letter.



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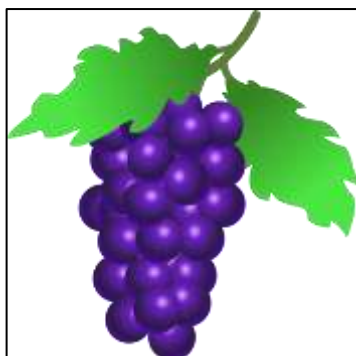
Example 'f' sound ingredients:

Figs, flour, French fries, fruit, fish, fudge, fried eggs.



Example 'g' sound ingredients:

Grapes, garlic, green pepper, green beans, gravy.



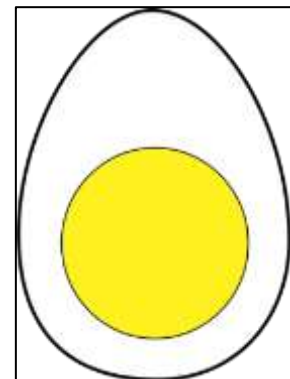
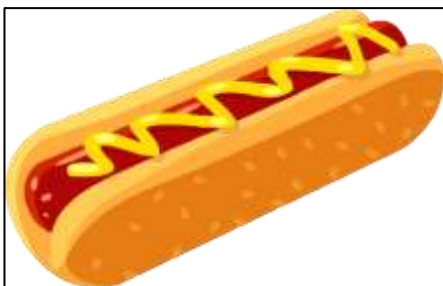
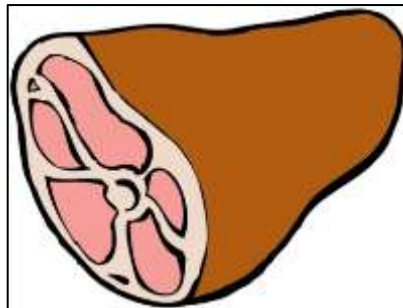
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Avoid anything that includes ginger as this word starts with a different sound even though it has the same first letter.

Example 'h' sound ingredients:

Hazelnut, ham, honey, hot dog, hot chocolate, hard boiled egg.



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Example 'i' sound ingredients:

There are very few examples of common foods that start with the 'short' 'i' sound. Most have the long 'i' sound found in things like ice cream.

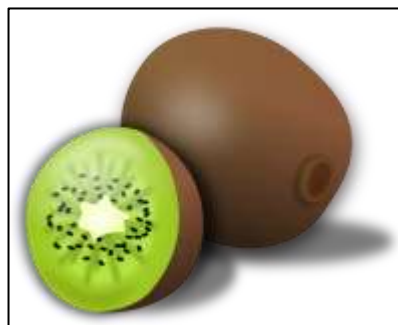
Example 'j' sound ingredients:

Jelly / Jello , jelly beans, jam, Jaffa cakes.

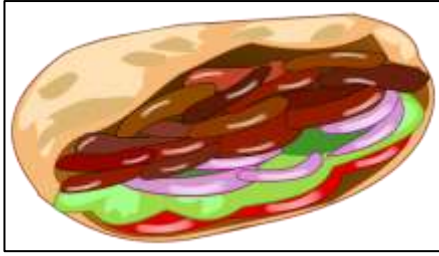


Example 'k' sound ingredients (these can be grouped with 'c' sound ingredients as both letters represent the same sound in many words):

Kale, kiwi fruit, ketchup, kebab, kidney beans

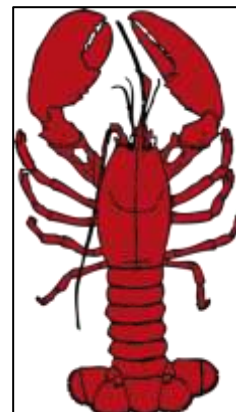
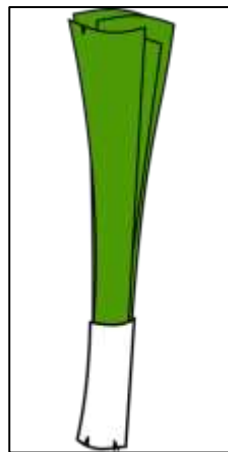
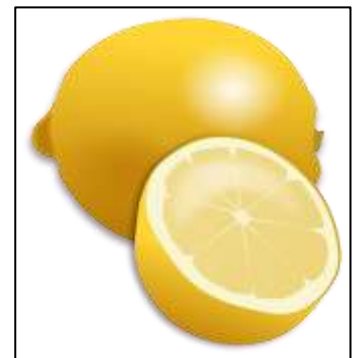
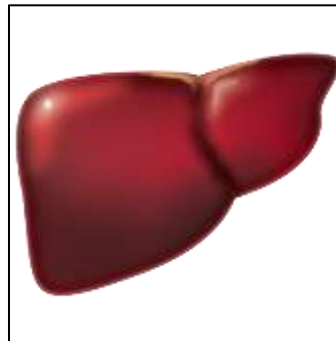


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Example 'l' sound ingredients:

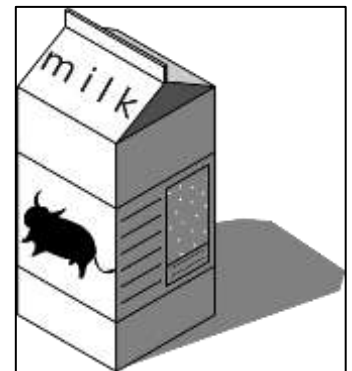
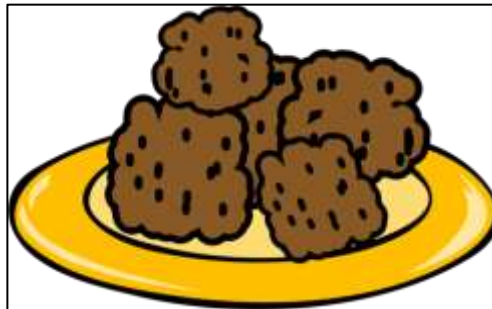
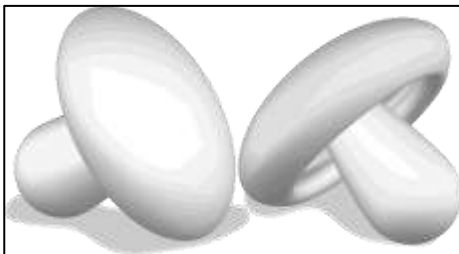
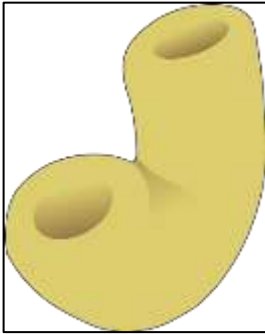
Lettuce, liver, lemons, lime, leek, lemonade, lentils, lobster,



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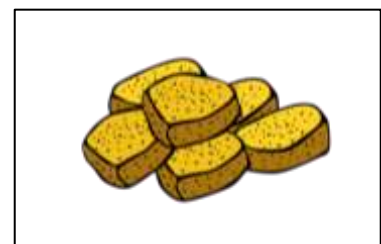
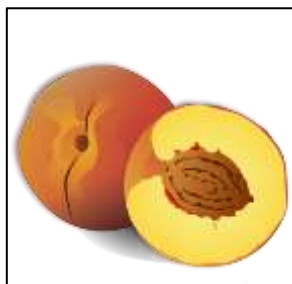
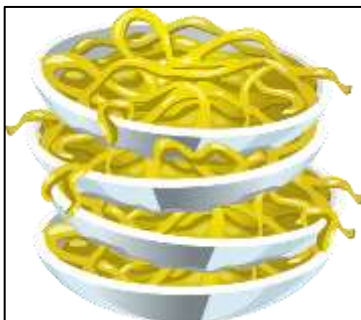
Example 'm' sound ingredients:

Macaroni, mandarin oranges, mango, mushrooms, meatballs, milk.



Example 'n' sound ingredients:

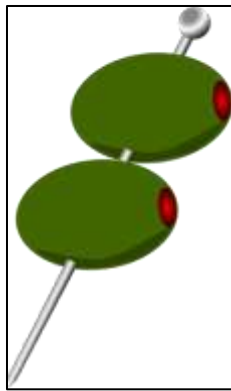
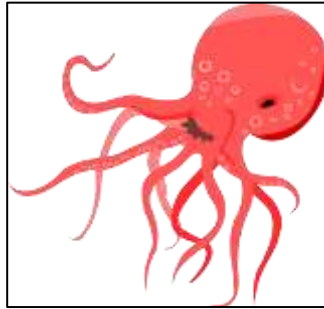
Nuts, nachos, noodles, nectarines, nuggets.



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Example 'o' sound ingredients:

oranges, octopus, Oreos, , olives, omelette.



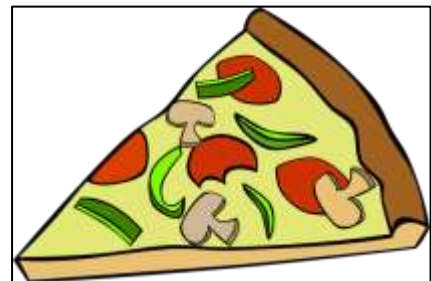
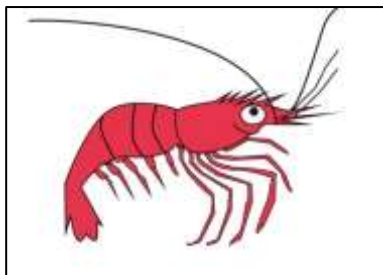
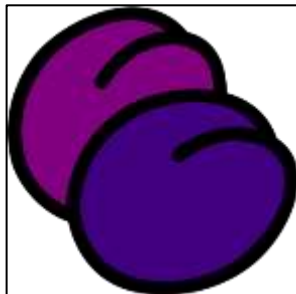
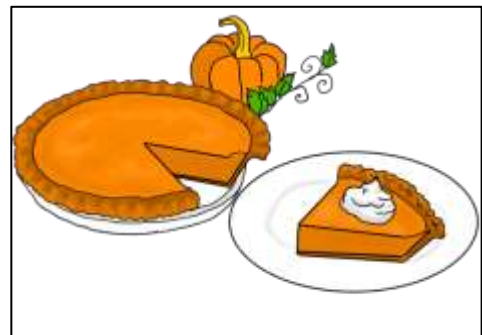
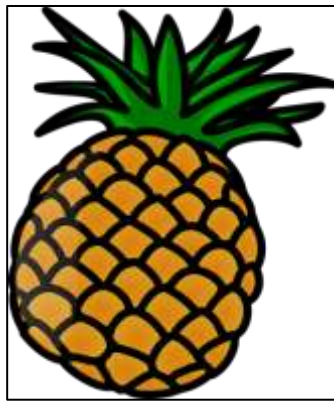
Avoid oats, onion and oysters as these start with a different sound even though they have the same first letter.

Example 'p' sound ingredients:

popcorn, potatoes, pears, pancakes, panini, parsnip, peanut butter, pineapple, pumpkin pie, plums, prawns, pizza.

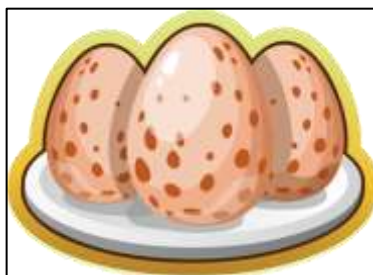


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Example 'qu' sound ingredients:

Quail, quail eggs, Quorn, Quality street, Quaker oats.



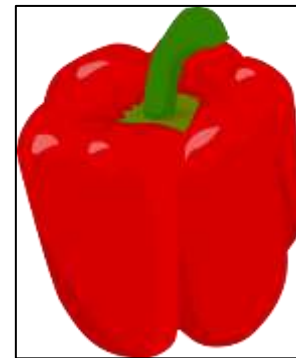
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Avoid quesadilla quinoa and quiche as these start with a different sound even though they have the same first letter.

Example 'r' sound ingredients:

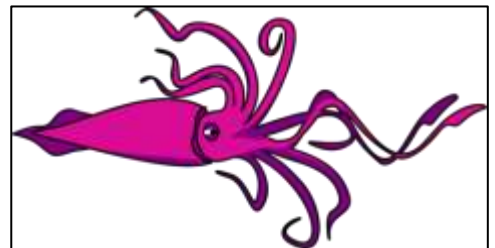
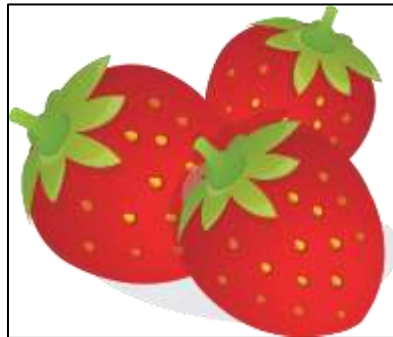
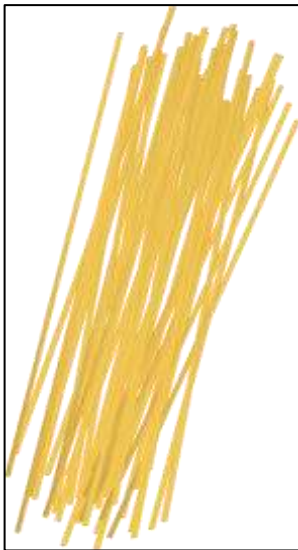
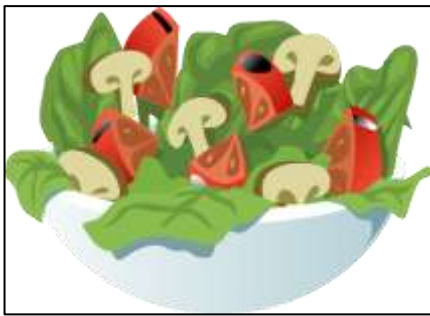
Radish, raisins, raspberry, red pepper, red wine, rice.



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Example 's' sound ingredients:

Salami, salmon, salad, salt, snails, spaghetti, strawberries, squid, swede, sweetcorn,



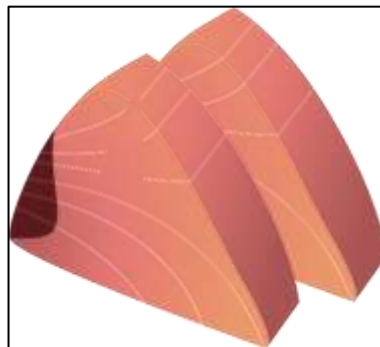
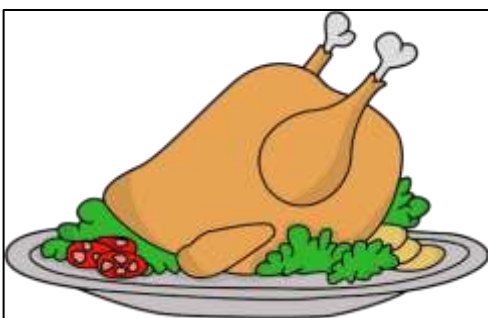
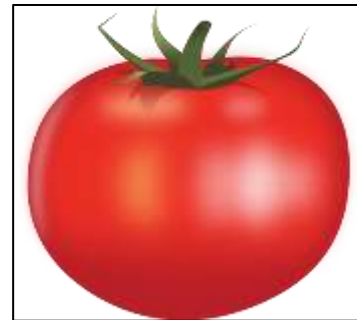
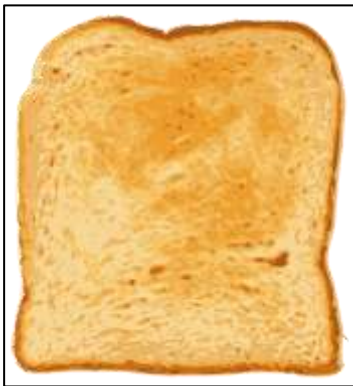
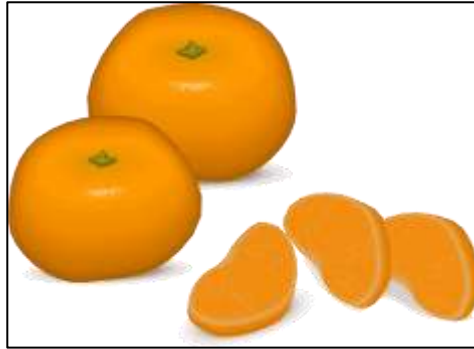
Avoid shrimp and sugar as these start with a different sound even though they have the same first letter.



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Example 't' sound ingredients:

taco, tangerine, tea, toast, tofu, tomato, turkey, tuna, turnip.



Example 'u' sound ingredients:

There are very few examples of common foods that start with the 'short' 'u' sound.



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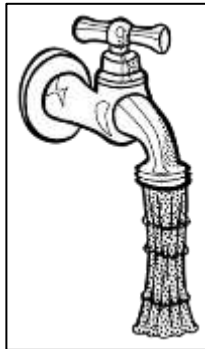
Example 'v' sound ingredients:

Examples could include vine leaves, veal, venison, Victoria sponge and vegetables.

Some of these are difficult to make unambiguous as images. For example, veal could be mistaken for calf and venison for deer. Children are unlikely to identify vine leaves as distinctive from other types of leaves and a Victoria sponge might just be seen as a genera cake.

Example 'w' sound ingredients:

Watermelon, water, waffles, walnut, wine.



Example 'x' sound ingredients:

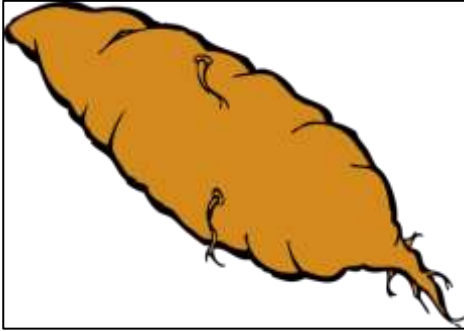
There are very few examples of common foods that start with the 'x' sound.



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Example 'y' sound ingredients:

Yams, yoghurt, yeast, Yorkshire pudding,



Example 'z' sound ingredients:

Apart from zucchini, there are very few examples of common foods that start with the 'z' sound.

