



## Vision Board

**You will need: Two hours • Willingness • Poster Board • Magazines • Glue Stick • Pen • Scissors • Colored Pencils**

You live in an abundant universe where you can easily manifest your dreams and achieve your aspirations. It is important to be very clear on what you want to manifest in your life. This guide will help you organize your needs and attain your goals. Below is a Feng-Shui of a vision board that is divided into nine categories. Take a few minutes to relax and sort your thoughts. When you are clear, list people, places, events and things that you feel strongly about manifesting in your life. Make sure you enter at least 3 items under each of the nine headings. Once you have finished listing the items, turn the sheet over and start designing the life you want to live. Flip through the pages of magazines, tear out pictures that resonate with you and make you FEEL GOOD. Important: Throw logic by the wayside and TRUST your INTUITION. Don't question why you are attracted to a particular picture. When you've chosen your pictures, turn over the sheet and start assembling your board. There is no right way to complete this exercise. Refer your vision board once a week to see how you are progressing. Do this exercise several times a year. There is only one rule; have fun while doing this sacred play.

<b>Wealth and Prosperity</b>		<b>Fame and Reputation</b>		<b>Love and Marriage</b>	
1.		1.		1.	
2.		2.		2.	
3.		3.		3.	
4.		4.		4.	
5.		5.		5.	
<b>Health and Family</b>		<b>Your Center</b>		<b>Creativity and Children</b>	
1.		1.		1.	
2.		2.		2.	
3.		3.		3.	
4.		4.		4.	
5.		5.		5.	
<b>Knowledge &amp; Self Cultivation</b>		<b>Career</b>		<b>Helpful People and Travel</b>	
1.		1.		1.	
2.		2.		2.	
3.		3.		3.	
4.		4.		4.	
5.		5.		5.	