



## My Bound to Success Dream Board

**Hi My Love,**

**I trust** you digested the exercise we did few days ago when you went all the way to visit your future self and connect to her as your best friend, guiding goddess and **the queen that you are about to become.**

**I trust** you have realized the potential of having such a relationship with yourself, as this is the way that you can easily on a daily basis tap into **the wisdom of your highest-self** and receive the precise guidance from the person who knows what is the best for you: your future self.

**I trust** you did take some notes from our previous exercise, as this is exactly what you will need to make your Bound to Success Dream Board, as **dreams do come true** as you know!

Before you see the detailed instruction on how to create your own Bound to Success Dream Board on the next page, I would like to let you know that this dream board is based on an ancient Feng shui principle and I learned it in 2013 from a Feng shui expert. It really inspired me and what I liked about it is that it has structure and there is a meaning behind each part of the board, so let me guide you step by step. Hop on to the next page to see how it looks like, and the most important tip:

**Dream Board is to be put on a wall of your bedroom,** because this is your temple and this is where all your dreams get created.

**It is your sacred portal to the life of your dreams, so please treat it like that.**



**Life&Relationship**  
Success Coach  
*Ana Kostka*

### #Finances

For Example write down the amount of money you desire to manifest on a monthly basis, or from your next project.

I have written on a piece of paper my monthly desired amount. I have already gotten it in early 2016 for the first time.

### #Role Model

Stick a photo of a person you admire and look up to, whose life-style is appealing to you. Add photos of the lifestyle you desire, like your dream home and spice them up with little details you like, for example an adorable tea pot if you are a tea lover like me.

I have stated the names of women and business owners I admire. And a LV bag with a flamingo couple patch, just got it. :)

### #Relationships

If you are looking for your Mr. Right, a.k.a your soulmate choose a photo of a man who could be your soulmate, if you do not know anyone like that, think of all celebrities and choose the one you like the most, stick your photo next to him and make it look like a couple photo.

I had a famous artist here and now I have manifested my soulmate already! Now our photo takes that place.

### #Health

Select a photo of a tree or forest or yourself while exercising, if you do not, then choose a photo of a fit woman that you would like to become.

I have on my board a couple doing yoga at the beach. Last summer was all about exploring the beaches in Greece.

### #You a.k.a Queen

Here stick the most fabulous photo of yourself, your best edition so far where you are happy and with a lovely smile.

Add your name and next to it whatever appeals to you: Queen, Goddess, Fairy...

### #Family/Children

Add photos of a happy family or your kids or photos of babies you like in case you still don't have children, you can also add photos of successful and smart kids you know of.

I have here a very happy photo of my son and also a drawing of a full family, two parents and two kids with the names. Currently we are three. :)

### #Personal development

Stick here the names or titles and photos of certificates or specific school/program names you would like in your possession. Add a course that you would like to attend.

I had here the Life Coach title and few years later here I am.

### #Career/Business

Add the name or logo of the company you admire or you would like to work for, job title, the name of the country you would like to live and work in, the photo of the waterfall, famous person or a business owner.

I had a job title I wanted and I managed to get promoted 2 times within a year in 2015. Now I have a pic of my favourite boat, as I would like it to be my office.

### #Travel

Stick a photo of desired destination, country, city, beach, hotel, anything that inspires you and you would like to visit.

I had here Israel and it came true in 2015, Now I have Brazil and Australia... looking forward.



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