

How To Make A Dream Board For Kids!



A LIFE-LONG JOURNEY OF LEARNING





Dream Boards and the Importance of Dreaming

Ask any successful businessperson (or any successful anybody) and they will tell you they could not have gotten to where they are without a clear vision of the future and where they wanted to be.

Teaching kids how to dream while they are young will go a long way in setting them up for success in their lives.

There are lots of ways to dream and lots of ways to compile and envision those dreams.

But our family's favorite way is through vision boards, or dream boards.

I've put together a handy little instructable for you wonderful readers!

If you want to help your child create a vision board but don't know how, then this instructable is for you! It's a handy how-to guide for teaching kids of all ages how to create their own dream boards.



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Why Is Dreaming So Important For Success?

For Two Main Reasons

FIRST:

Dreams are a highly intense motivator.

Your dreams are the 'light at the end of the tunnel' that you're striving for.

It is important to have big, long-term goal dreams, as well as little, achievable dreams along the way.

It is also important to have dreams that attract both your carnal side and your spiritual side.

Dreams that are physical and tangible, and dreams that revolve around what you can give.





Why Is Dreaming So Important For Success?

SECOND:

Dreaming big makes you open to receiving.

Being open to receiving is one of the critical parts of being a good giver because you understand that all giving is receiving.

Understanding the value of what you want to get helps you gauge how much you need to give.

By giving more than the value of what you're getting, it makes it possible for you to get what you want.

If you want to be able to get something of that value/magnitude, you must give something of greater magnitude somewhere else.





Every Dream Board Should Include

3 MAIN SECTIONS

Things I Want to Buy
Places I Want to Visit
People I Want to help

WITH THE SUBSECTIONS OF

Things to Buy in the Short Term
Things to Buy in the Long Term
Places to Visit Nearby
Places to Visit Far Away
People to Help Close By
People to Help Far Away





Creating Pinterest Boards

The first thing you need to do is create a Pinterest board for each of your kids.

To do this go to www.pinterest.com and click on your profile.

Navigate to your boards and click 'create new board' and name your new board.

I named my kids' boards simple titles. Such as Jennifer's Dream Board and Nicole's Dream Board and so on.

Make a separate board for each of your kids so they can each keep track of their own dreams.





Now Comes the Fun Part

ADDING PICTURES!

We did this as a group so the kids could all get excited about each other's dreams, but you could do this one-on-one if you prefer.

Just make sure the kids pick THEIR OWN dreams – something they will be motivated by. It's alright to have some of the same dreams as their siblings, but copying each other's boards completely will not do them any service.

Go through the sections and subsections listed on page 5 of this instructable.

Pick one or two pictures for each subsection.

Your kid might need a little bit of prompting to get his creative juices flowing.

That's okay! Remember – this is new for him!





ADDING PICTURES!

You can see a few of my kids' dream boards at

<https://www.pinterest.com/HessUnAcademy/nicole-dream-board/>

<https://www.pinterest.com/HessUnAcademy/jennifer-dream-board/>

<https://www.pinterest.com/HessUnAcademy/eugene-dream-board/>

(not clickable - you will need to copy and paste)

On our boards, we included things like:

LEGO SETS

PLAYGROUNDS

HORSES AND DOGS

CRUISES

AMUSEMENT PARKS

AQUARIUMS

BUILDING HOUSES FOR PEOPLE IN AFRICA

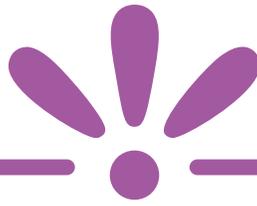
GROWING A GARDEN FOR LOCAL HUNGRY PEOPLE

VOLUNTEERING AT THE ZOO



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What's Next?

What you do next is up to you and your family.

It's important that the pictures are kept where your child can look at them often.

We choose to print out each of the pictures and make a poster board collage for each kid. We hung these in the playroom where they can see them every day.

You could choose to keep them online. If you do this, just be sure to reference them often.

You could also find another way to store/display the dream board pictures. It's really up to you!

These Dream Boards should be updated regularly!

As your child achieves some of these dreams, or as your child grows and matures, update the board!

We left a big empty space on ours so there would be room to add more pictures later.

This board is a living board. Treat it as such!





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