

Introductions With Pronouns



Show it

he/him/his
she/her/hers
they/them/theirs

Using pronouns is one way we show the world our gender identity. You can wear a ribbon, sticker, or button that states your pronoun or that invites someone to ask.

Wearing this conveys that you understand the importance of pronouns which will help establish trust.

Ask it

Ask every patient what pronouns they use. For example: "Before we get started, I want to ask what pronouns you use." If more is needed, explain that it's out of respect in addressing patients the way they want to be addressed. Bonus: "Is there another name you'd like to be called - I can note that in your chart as well."



Share it

Once they've responded, now it's your turn to **let them know the pronoun YOU use**. Even if it's visible on your name badge, verbalize it anyway. This also helps build rapport. For those of the TGNB community and allies, this shows them that you "get it" and respect the concept of gender identity being different than sex assigned at birth.