



Evidence-Based Practice Policy

Policy

Definition

Evidence-based practice (EBP) — is an approach to practice wherein health professionals use the best available evidence from systematic research, integrating it with clinical expertise to make clinical decisions for service users, who may be individual patients/clients, carers and communities/populations. EBP values, enhances and builds on clinical expertise, knowledge of disease mechanisms, and pathophysiology. It involves complex and conscientious decision-making based not only on the best available evidence but also on patient/client characteristics, situations, and preferences. It recognises that health services are individualised and ever changing and involves uncertainties and probabilities.

Policy Statement

Cayman ABA believes that behavioral health practitioners have a responsibility to ensure that the interventions utilized in treatment plans are based on the best available evidence. They also have a responsibility not to use techniques and technologies that have been shown to be ineffective or unsafe.

As such, we have developed this Policy regarding the use of non-evidence based practices to inform our clinicians and clients about our policies surrounding this.

All clinicians at Cayman ABA practice within the scope of Applied Behavior Analysis (ABA), following guidelines from the Behavior Analysis Certification Board and the National Standards Project. Our treatment plans only utilize evidence-based practices. Clinicians are not permitted to practice outside of their scope of practice, and are not permitted to utilize non-evidence based practices in treatment plans.

If prospective or current clients are interested in exploring non-evidence based treatment modalities, Cayman ABA employees will encourage open communication with families to discuss available services and review the literature supporting their efficacy.

Policy Location	Employee Materials → Policy Library
Policy Area	Client Policies
Approved By	Policy Committee
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