PERSONAL HARMONY GOALS

Progress Chart

Write 1 - 3 personal goals in the spaces below. Each time you're asked to consider your progress, give yourself 1 - 2- or 3- stars. After you've checked in with your personal goals 10 times, start again. What goals need to be set next?

UNIT NUMBER: _____ **UNIT THEME:** _____

★★★	★★	★
I'm doing a good job (I can help myself and others).	I'm making progress (I need more practice).	I didn't do my best today (I need some help).

Personal Harmony Goals	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**
GOAL #1:										
GOAL #2:										
GOAL #3:										

For instructions to set and monitor Personal Harmony Goals, see the Harmony Online Learning Portal.

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SOCIAL & EMOTIONAL LEARNING