

## CASE STUDY FORMAT

### A. INTRODUCTION

- Patient unit
- **Patient Profile**  
Patient's name ( Initial only)  
Age  
Gender  
Educational attainment  
Chief complaint  
Admitting Diagnosis  
Date of Admission  
How many day from admission
- Brief Statement of your client's case
- Rationale for choosing the case

### B. ASSESSMENT ( Narrative)

- General Survey
- History of Present Illness ( reason for admission)
- Client's personal and Family History
- Past Health History ( Diet, Lifestyle, Psychosocial, Immunizations, Previous Illness, Allergy, Nutritional Assessment )
- Physical Assessment ( Head to Toe, per system)\*

Body Part	Normal Findings	Patient Findings	Significance
Skin			
Head, Eyes , Ears , Nose			
Respiratory			
Cardiovascular			
Gastrointestinal			
Urinary			
Musculo skeletal			
Nervous System			

### C. Anatomy And Physiology of the Affected Organ or System

### D. Pathophysiology / Etiology of the Disease (Narrative as well as Diagram)

#### E. Laboratory/ Diagnostic Tests\*

Laboratory Tests/ Diagnostic Tests	Normal Range	Patient Findings/ Result	Significance

#### F. IMPLEMENTATION

##### • Comprehensive Nursing Process \*

Nursing Diagnosis	Goal/ Planning	Intervention	Rationale	Expected Outcome/ Evaluation

#### G. Discussion of Treatment Modalities (Cite Medical or Surgical Interventions done) \*

Procedure	Cite Patient Based Indication	Patient Preparation	Frequency / Schedule Of Treatment	Nursing responsibility	Evaluation
Example: Tracheostomy Care					
Suctioning					
Oxygenation					

Wound Dressing					
IV Therapy					
Specify Other procedure MV/CVC/CVP /urine catheter /NGT ..... etc					

#### H. Drug Study / Pharmacology \*

Drug	Classification, Mechanism of Action	Indication,	Contraindication	Side Effect	Nursing Responsibility
Name of Drug , Dosage, Frequency, Route of Administration					

#### I. DISCHARGE PLAN

- Discuss according to the following aspects:
  - ✓ Medications
  - ✓ Exercise
  - ✓ Treatment
  - ✓ Hygiene
  - ✓ Occupation
  - ✓ Diet
  - ✓ Spiritual, Social Aspect

\* Please Follow Table Format