

# AMA Style Guidelines

(References from APA Style Guide: Title Page located on Western Oregon University's website and "AMA Formatting – Quick Guide" located on Liberty University's website)

## Basic AMA guidelines for page formatting:

### Paper requirements

The properly formatted paper requires four sections:

1. Title page
2. Abstract (structured or unstructured)
3. Text (introduction, methods, results, discussion)
4. References

### Title page

Information that should be included:

- ✓ Title of paper
- ✓ Author's name
- ✓ Degrees that the author has obtained (above a bachelor's degree)
- ✓ E-mail addresses
- ✓ Institutional affiliation
- ✓ Word count (this applies to text only – this does not include words from the title, abstract, references, tables, and figures)

### Title

- The title of the paper should clearly summarize the paper's main ideas.
- The title should be positioned in the upper middle portion of the paper and should be centered.
- The title should **not** be put in bold, underlined, or italicized.

### Text

- Text should be double-spaced.

- Text should be left aligned.
- The AMA manual does not explicitly state any information regarding the title page format, page numbers, headings, font style/size, and margins. Please consult with your professor for guidelines.

## Style

- Writers should use active voice.

## The writer's information

- Your first name, middle initial, and last name should be included in the paper.
- Your name should be centered and double-spaced.
- The name of your college, university, or institution should be included and centered and double-spaced.

## Abstract

- The abstract of the paper should summarize the main ideas of an article.
- Study objectives and background, design and methods, results, and conclusions are all usually present parts of an abstract.
- Abstracts should approximately have 250 words.

## Example:

Juvenile diabetes and gluten free diets to control hyperglycemia

Alisoun Chaucer

The University of North Carolina at Pembroke

### Abstract

*Objective:* To analyze the effects of a gluten free diet in relation reducing hyperglycemia.

*Methods:* We used previous case studies pertaining to the topic of interest to extract data for analyzation. *Results:* We found that for people with diabetes, who also have celiac disease, will have lower cases of hyperglycemia, which result in fewer fluctuations in blood glucose levels.

*Key Words:* hyperglycemia, diabetes, celiac disease, gluten-free

# Citing Sources

Including in-text citations and references are how we can give credit to sources within a paper.

## In-text citations

- Each reference present in the paper is cited consecutively using a superscript Arabic numeral.
- “Multiple references can be cited by listing each in order in the superscript citation, separated by a comma” (“AMA Formatting – Quick Guide,” para. 7).
- A source’s specific page numbers can be cited by placing the page numbers from the reference in parenthesis after the citation number.
- “Citation numbers come after commas and periods, but before a colon or semicolon” (“AMA Formatting – Quick Guide,” para. 7).

## Reference list

- “References are numbered and listed in the order they appear in the text” (“AMA Formatting – Quick Guide,” para. 8).
- List the reference number and then indent ½ inch before typing the reference citation.
- List the authors by last name and first and middle initials

Examples:

**One author:** Jones AG.

**Two authors:** Jones AG, Belk AP

**Three-six authors:** Jones AG, Belk AP, Williams MG,  
Smith PL, Carr NM

**Six or more authors:** Jones AG, Belk AP, Williams  
MG, et al.

## Other reference page formatting guidelines:

- Items that are capitalized: The first word of a journal article title, proper names, abbreviations, the major words of book and movie titles.
- Abbreviate the name of the journal.
- Journal abbreviations can be found from  
<https://www.ncbi.nlm.nih.gov/nlmcatalog/journals>
- Italicize all journal titles.

## Referencing specific sources:

**Print Book:** Author(s). *Book Title* Edition Number (if it is the second edition or above). City, State (or Country) of publisher: Publisher's name, copyright year.

1. Jones, B. *Diabetes and Culture*. London: Routledge, 2010.

**Online Book:** Author(s). *Book Title* Edition Number (if it is the second edition or above). City, State (or Country) of publisher: Publisher's name, copyright year. URL. Accessed [date].

2. Hammonds L, Chaucer G. *Investigating the Paleo Diet*. New York: Norton, 2012. <http://norton-IFPD2010.com>. Accessed October 12, 2016.

**Print Journals:** Author(s). Article title. *Journal Name*. Year; vol(issue No.): page numbers.

3. Simpson, A. Diabetic retinopathy: a review of published literature. *American Medical Journals*. 2015;50(8):28-36.

**Online Journals:** Author(s). Article title. *Journal Name*, Year; vol(issue No.): page numbers. URL. Accessed [Date]

4. Cane, L, McLaurin C, James B, Roscoe W. Effects of frequent hyperglycemia on people with diabetes. *Diabetes*. 2016;2-9:12-23. <http://www.Diabetes.com/hyper/journal/b2/n2/pdf/diab2012a.pdf>. Accessed October 20, 2016.

**Website:** Author (if no author is available then use the name of the organization responsible for the site). Title (if no title is available then use the name of the organization responsible for the site). Name of the Web site. URL. Accessed [date]

5. Jones KA. Food borne illnesses: What consumers need to know. [Foodsafety.gov](http://Foodsafety.gov).

<http://foodsafety.gov/blog/foodborneillnesses.html> Accessed October 16, 2015.

**Print Newspaper:** Name of author. Title of article. *Name of Newspaper*. Date: Page Number

6. Leonard B. Chocolate: A brain enhancer. *The News Herald*. April 9, 2016.

**Online Newspaper:** Name of author. Title of article. *Name of Newspaper*. Date: Page Number. URL. Accessed [Date].

7. Jones M. Chocolate assisting in enhanced memory. *New York Times*. June 12, 2015: 5B

<http://newyorktimes.com>. Accessed September 9, 2015.

**Video:** Author or host of program (if no author use name of publisher). *Title*. [Format]. ). City, State (or Country): Publisher; Year.

8. Bale K. *If You Have Diabetes: Guide to Life*. [DVD]. New York, NY: Bay View

Entertainment; 2011