

## Clues to Academic Strengths

**I Do It with Ease:** In the space below, identify three academic tasks that you do with ease. Then, identify which strengths allow you to complete these tasks and how.

ACADEMIC TASK I DO WITH EASE	STRENGTH AND HOW

**I Tend to Struggle:** Now, identify two academic tasks with which you struggle. From the strengths you listed above, choose one or two that you could apply in this situation to help achieve the task with greater success. Describe specifically how you could use the strengths in each situation.

ACADEMIC TASK WITH WHICH I STRUGGLE	STRENGTH AND HOW