

This I Believe Assignment 1: 30+ Beliefs List

DIRECTIONS: First watch the TIB Intro 01! Then read and follow directions below.

This I Believe...(samples from Ms. Constant's lists over the years)

1. I believe in working to help others.
2. I believe you should do what you love and love what you do.
3. I believe workers who give 100% effort should earn a living wage.
4. I believe all students should study a world language.
5. I believe college should be affordable and available to all who work hard at learning.
6. I believe politics should be free from religion.
7. I believe in peaceful solutions to world conflicts.
8. I believe auto makers should be required to improve gas mileage in all new cars.
9. I believe organic food should cost less than junk food.
10. I believe NFL, NBA and MLB players are overpaid.
11. I believe Joe Webb should be the starting QB for the Vikings in 2011.
12. I believe the Olympics should be limited to amateur athletes.
13. I believe using the jump ball to determine possession should be returned to all levels of basketball.
14. I believe losing can be as enjoyable as winning.
15. I believe animals' lives are as valuable as humans'.
16. I believe traditions link generations.
17. I believe every school year should include a snow day.
18. I believe nature refreshes the soul.
19. I believe there should be more large wooded public areas where dogs can run off-leash.
20. I believe freedom is the most essential human right.
21. I believe we should not be racist.
22. I believe affordable, attractive clothing should be available to people of all shapes and sizes.
23. I believe we should be kind to others.
24. I believe everyone should have affordable health care.
25. I believe everyone has a talent.
26. I believe in the magic of Christmas.
27. I believe in creating your own happiness.
28. I believe you should laugh every day.
29. I believe in the power of the written word.
30. I believe that imagination is the most powerful children's toy.

ASSIGNMENT DIRECTIONS ARE ON NEXT PAGE!

ASSIGNMENT DIRECTIONS:

You are going to create a list of your personal beliefs.

Make each belief statement specific.

Examples: I believe a free public education should be available to all people.
I believe schools should limit class sizes to 22.

NOT: I believe in education.

1. Create a Google Doc titled 30+ Beliefs by (your name).
2. Write a list of statements about what you believe in. Identify beliefs about a range of topics and impacts (personal and worldly). To start your thinking, write one or more specific belief statements for as many of the following topics as you can:

- family
- sports
- race
- religion
- local problems
- love
- community
- teenagers
- money/wealth/poverty
- nature
- culture
- arts & music
- world issues
- life
- responsibility
- challenges
- education
- technology
- war/peace
- entertainment
- humanity
- death
- the United States
- commitment

Keep going with other beliefs you have until you have at least 30 listed. You are welcome to go beyond 30. Write about whatever topic comes to your mind. You can also use the sample list provided from Ms. Constant to help your thinking. Any topic is acceptable. **Please number your statements.**

4. MAY DO (STRONGLY ENCOURAGED): When you feel like you are stuck, listen to the “This I Believe” essay from seven-year-old Tarak McLain. Use Tarak’s ideas to inspire your own:

<https://www.npr.org/templates/story/story.php?storyId=99478226>

5. Continue adding to your list.
6. When finished, turn in your work in through Google Classroom.