
Resignation Letter for Mental Health Emergency

Dear [Manager's Name],

I'm reaching out to formally resign from my role as [Your Position], effective [last working day]. I am currently facing a mental health situation that requires immediate intervention and rest.

I value the time and experiences at [Company Name]. In the interim, I'll do my best to ensure a hassle-free transition of my responsibilities.

Your understanding in this sensitive matter is much appreciated.

Best wishes,

[Your Name]