

Characteristics of Poor Communication

Here is a list of characteristics commonly associated with poor communication:

- **Vagueness:** Lack of clarity and precision in conveying information.
- **Overuse of Jargon:** Frequent use of technical language that is not understood by all.
- **Lack of Active Listening:** Failing to fully concentrate, understand, or respond to what is being communicated.
- **Interrupting Others:** Habitually cutting off speakers before they have finished their point.
- **Non-Verbal Miscommunication:** Body language, facial expressions, or gestures that contradict or confuse the verbal message.
- **Inconsistency:** Sending mixed messages that leave the audience confused about the actual message.
- **Avoiding Direct Communication:** Relying too much on indirect communication or avoiding face-to-face conversations.
- **Ignoring Feedback:** Not paying attention to or disregarding responses and feedback from others.
- **Failure to Confirm Understanding:** Not verifying if the message was understood as intended.
- **Over-Reliance on Digital Communication:** Excessive dependence on emails or texts for complex conversations.
- **Neglecting Cultural Differences:** Overlooking the impact of cultural nuances in communication.

- **Passive-Aggressive Communication:** Indirectly expressing negative feelings instead of openly addressing them.
- **Excessive Information:** Providing more information than necessary, leading to confusion and information overload.
- **Lack of Empathy:** Failing to acknowledge or understand others' perspectives or feelings.
- **Defensiveness:** Responding to feedback or queries in a defensive or hostile manner.

These characteristics can create barriers to effective communication, impacting both personal interactions and professional relationships.