

Medical Report Sample From a Doctor

Patient Information

- **Name:** David Lee
- **Age:** 50
- **Date of Birth:** March 5, 1973
- **Gender:** Male
- **Patient ID:** 008765432

Report Details

- **Report Date:** October 14, 2023
- **Doctor's Name:** Dr. Sarah Thompson
- **Healthcare Facility:** Riverside Health Clinic

Medical History

- **Current Conditions:** Type 2 Diabetes, High Blood Pressure
- **Past Medical History:** Appendectomy (2005), High Cholesterol
- **Allergies:** None reported

Physical Examination Findings

- **Vital Signs:**
 - Blood Pressure: 140/90 mmHg
 - Heart Rate: 80 bpm
 - Blood Glucose (Fasting): 160 mg/dL
- **General Observations:** Mild fatigue, occasional dizziness

Diagnosis

- **Primary Diagnosis:** Type 2 Diabetes
- **Secondary Diagnoses:** Hypertension and Hyperlipidemia

Treatment Plan

- **Medications:**
 - Metformin 500 mg, twice daily
 - Amlodipine 5 mg, once daily for blood pressure
 - Atorvastatin 20 mg, once daily for cholesterol
- **Lifestyle Recommendations:**
 - Follow a low-carb, low-sodium diet
 - Exercise regularly, at least 30 minutes daily

Follow-Up Instructions

- **Next Appointment:** Scheduled for December 14, 2023
- **Monitoring:** Daily blood sugar checks; monitor blood pressure weekly. Report any adverse symptoms immediately.

Doctor's Signature

- **Dr. Sarah Thompson**
- **License Number:** 56473829
- **Contact Information:** (555) 123-4567, sarah.thompson@riversideclinic.com
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