

# Clinical Psychology Research Proposal

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A clinical psychology research proposal outlines the structure of a planned study, focusing on investigating psychological phenomena, treatments, or behaviors. Below is a basic framework you could follow for a clinical psychology research proposal:

## 1. Title

- A concise and informative title that captures the essence of your research.

## 2. Introduction

- **Background:** Provide a brief overview of the research topic, including previous studies and current gaps in knowledge.
- **Research Problem:** State the specific issue or problem your research aims to address.
- **Research Question(s):** Clearly define the primary research question(s) driving your study.

## 3. Literature Review

- Summarize relevant research, including key findings, methodologies, and theoretical frameworks.

- Highlight gaps or controversies in the existing literature that your study aims to address.

## 4. Objectives and Hypotheses

- **Objectives:** State the main goals of the research.
- **Hypotheses:** If applicable, list the hypotheses that you plan to test during the research.

## 5. Methodology

- **Participants:** Describe the sample population, including the selection criteria, sample size, and any inclusion/exclusion criteria.
- **Study Design:** Explain the design of the study (e.g., experimental, observational, correlational).
- **Materials/Measures:** Detail the tools, surveys, or assessments that will be used to collect data.
- **Procedure:** Outline how the study will be conducted, including any interventions, treatments, or procedures the participants will undergo.
- **Data Analysis:** Explain how the data will be analyzed (e.g., statistical tests, qualitative analysis methods).

## 6. Ethical Considerations

- Discuss any ethical issues, including informed consent, confidentiality, and how you plan to minimize potential risks to participants.

## **7. Expected Results**

- Briefly outline what you expect to find based on your hypotheses or theoretical framework.

## **8. Timeline**

- Provide a rough timeline of the different stages of the research, from participant recruitment to data analysis and final reporting.

## **9. References**

- List all the references used in your proposal following the appropriate citation style.