

Orioles Spring Training Record

Team Information

Name: Baltimore Orioles

League: Major League Baseball (MLB)

Training Season

Year: 2025 Spring Training

Training Location

Location: Ed Smith Stadium, Sarasota, Florida

Objectives of Training

Goals: The Orioles' spring training was focused on integrating new players into the team, improving overall pitching strategies, and enhancing defensive coordination. The goals were set to boost team synergy, optimize player health and fitness, and sharpen offensive tactics.

Key Performance Metrics

Details: During spring training, the Orioles closely monitored metrics such as pitching velocity, defensive alignment efficiency, and swing mechanics. Special attention was given to players' adaptability to multiple positions and their recovery rates after exercises.

Duration of Training

Duration: The training period extended over six weeks, including multiple practice sessions each day along with pre-season games to test team dynamics and individual skills.

Record of Games

Performance: Throughout the spring training, the Orioles played a total of 28 games, achieving a record of 14 wins, 12 losses, and 2 draws. Noteworthy performances included a young outfielder who displayed impressive power hitting and speed, and a pitcher who improved his slider, contributing significantly to game outcomes.

Comments/Feedback

Feedback: The coaching staff was generally positive about the progress seen, particularly in the areas of young talent development and veteran leadership. Players responded well to the high-intensity drills and expressed appreciation for the new training techniques introduced, which were aimed at reducing injury risks and enhancing game-day performance.